



September 4, 2020

Dear Families,

It's been awhile since we've written and wanted to update you on a few things. I have been blessed to hire Courtney Malecha as an Assistant in Life Enrichment. She's been a great addition to our Community.

During the month of September, Grandparent's Day is always held on the 2nd Sunday of the month, this year it's on September 13th. We encourage all of you to send your loved one a card, letter, artwork, pictures of you and their parents and grandparents. We are planning to hold a reminiscing time and the photos would be helpful for conversation.

We are excited to have connected with the Faribault Lutheran Schools. They have asked us to join them in doing a Pen Pal Program with our seniors. The classes are from first to eighth grade.

September 13-19, 2020 is the 26th Annual National Assisted Living Week "Caring is Essential". From the NCAL's website: "In light of the challenges brought on by COVID-19, it is even more essential to celebrate National Assisted Living Week this year. The theme is more relevant today than in recent years and highlights the incredible care provide by essential caregivers in assisted living communities across the country.

The week of September 13-19 will be CELEBRATED and encouraging residents and staff to dress up and have FUN:

Sunday, Sept. 13	Vikings vs Green Bay at 12 noon; Program for Memory Care at 1:00 pm and Apartments at 2:30 pm; Twins vs Indians at 3:10 pm
Monday, Sept. 14	Dress: Backwards Day AND Donut ay!!
Tuesday, Sept. 15	Dress: Western Day - Movie: John Wayne
Wednesday, Sept 16	Dress: Sports Day AND Cookout for residents and staff
Thursday, Sept 17	Dress: Patriotic Day AND SPEAKER: David Jones via ZOOM
Friday, Sept 18	Dress: Hat Day AND Pizza Day!
Saturday, Sept 19	Dress: Pajama Day- Movie and Popcorn at 2:00 pm; Twins vs Cubs at 7:15 pm

If you are on Facebook, please log on and follow us! Courtney's been getting us up to date!

<https://www.facebook.com/FaribaultsMilestoneSeniorLiving/>

Wishing everyone a safe and enjoyable Labor Day and the fall colors are upon us. It is a true honor to take care of your loved one.

Sincerely,

Anne Pleskonko