

# Thank You!!

For being an amazing supporter of Edencrest At Beaverdale, We know these last few weeks have been rough and we hope you know we have been doing everything we can to keep your loved ones safe.

-From the dedicated staff of  
Edencrest at Beaverdale

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## Beaverdale Buzz

### In This Issue

Managers Corner P.1  
Fourth Of July  
Father's Day P. 2  
Snapshots  
July Calendar P.3-4  
Dementia Article P. 5  
Television and Movies  
for people with  
Dementia.

### Our Management Team



**Chris Beach**  
Manager



**Jayme Daly**  
Assistant  
Manager



**Karen Beck**  
Healthcare  
Coordinator



**Nicole Berger**  
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**Nichole Mitchell**  
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## FOUTH OF JULY

My fathers birthday is on the 4<sup>th</sup> of July. He always says everyone is celebrating my birthday. We always get together to grill and play yard games. My mom is a sucker for her 9 grand-babies as she calls them. From all of us at Edencrest At Beaverdale, we hope you have a safe fourth of July.

P.S. We always enjoy watching the fireworks to end of a perfect day.

On **July 4**, 1776, the 13 colonies claimed their independence from England, an event which eventually led to the formation of the United States. Each year on the **fourth of July**, also known as Independence Day, Americans celebrate this historic event.

### Why do we say the Fourth of July?

On **July 4th**, the Continental Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on **July 2nd**, from then on the **4th** became the day that was celebrated as the birth of American independence.

### Who signed the Declaration of Independence on July 4?

Thomas Jefferson, Benjamin Franklin, and John Adams all wrote that it was **signed** by Congress on the day when it was adopted on **July 4**, 1776. That assertion is seemingly confirmed by the **signed** copy of the **Declaration**, which is dated **July 4**.

Please know that we are doing our very best to keep all of your loved ones safe during this difficult time. If you have any questions or just want to vent. Please give me a call (515)-218-5112.

Sincerely,

Chris Beach  
General Manager  
Edencrest At Beaverdale

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## Welcome Home!

Joy Davis  
Ruth Schneider



### Employee Anniversary



Jason 2 Years

T.J. 1 Year

Murphie 1 Year



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## Resident and Staff Birthdays

7/03 Jackson

7/10 Beng

7/03 Diane S.

7/18 Phyllis K.

7/09 Larry W.

7/ 22 Jeannie H.

7/25 Laura S.

Celebrate all our birthdays at our monthly birthday party on the third Thursday every month at 3PM!

## Thank you for 3 straight years!





## Television and Movies for People with Dementia

By Brooke DeNisco

People with Alzheimer's disease and other dementias are often very sensitive to emotional and vocal cues. A distressed character in a film or television show can make someone with dementia feel genuinely upset, even after the show ends. While it may seem overbearing to "censor" the television, showing violent programming (including the news) causes unnecessary anxiety for people with dementia who are contending with so much.

As an activity director, I made unwitting mistakes in my screen selections. For example, I once put on a nature movie that I thought would be very benign for a group of people in a memory care community. One scene featured a blazing forest fire. Shortly after the documentary ended, a community member began earnestly trying to help everyone out of their rooms to evacuate because of "the fire." High-definition televisions with huge screens can be startlingly realistic. People may believe that what they see on the screen is actually in the room, which can be terrifying.

So why not just skip screen time? Because television and movies can bring people great joy. Many shows and images are familiar and comforting. They may also spark good memories and bring on laughter. When watching with a group, television can become an easy, low-pressure way to socialize.

Peggy Cahill, program coordinator for the nonprofit Artists for Alzheimer's (ARTZ), teamed with a movie theater in Massachusetts to produce quarterly movie events for people with dementia. Her program, featured on the AARP website, tracks reactions to the film program and collects comment cards from participants' family members and care staff. She noted, "Many of the participants came away with more positive moods than usual and a greater attention span that lasted beyond the theater experience. They were also more communicative and engaged with staff and peers and reminisced about their past."

It's impossible to catch every potential trigger in television and movies, but it can help to have some suggestions to keep near television sets. The following list of shows and movies were suggested by the Alzheimer's Association, A Place for Mom, and AARP.

### Television Shows

*The Mary Tyler Moore Show*

*The Andy Griffin Show*

*Leave It to Beaver*

*Bewitched*

*I Dream of Jeannie*

*The Golden Girls*

*Happy Days*

*Gilligan's Island*

*Bonanza*

*I Love Lucy*

*The Waltons*

*The Brady Bunch*

*Dancing with the Stars*

*Gun Smoke*

*Laverne and Shirley*

## Father's Day Snapshots



