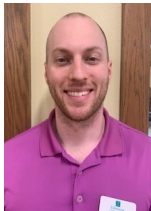


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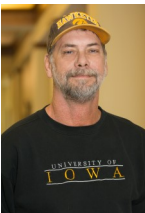


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Welcome Home!

No new residents
this month!

Celebrate July Birthdays on Friday
July 17 at 2:30pm
Marilyn H. - 7/10
Ann C. - 7/18
Jay C. - 7/26
Pat H. - 7/30

Difficult to fathom and be understood
Quiet unless excited or tensed
Takes pride in themself
Easily consoled
Secretive
Honest
Approachable
Tactful and friendly
Concern about other's feelings
Very emotional
Tempermental and unpredictable
Moody and easily hurt
Sentimental
Forgiving but never forgets
Dislikes nonsensical and unnecessary things
Guides others mentally and physically
Wary and sharp
Hardworking

July

24strafwefve.tumblr.com

2901 Cedar Street
Norwalk, IA, 50211



Edencrest
RETIREMENT LIVING &
MEMORY CARE EXCELLENCE

Phone: 515-250-2806
Fax: 515-348-9424

Professionally Managed by:



Notable July Events

No events will be listed at this time as there are still no outside visitors allowed and residents are not able to leave...

Happy Independence Day!

4th of July Word Search

A FEAST I WDM PAPI CNICSL
LDXBOOMB EWHIT EDSIGBL
ABXUBATT LEFI ELDACBTI
NAYFF ADVIY NUSEDARAPR
ONILNGJHCX SMODEERFBG
IGATWNDEI CELEBRATI ON
TGHDTIEF OKRYTREBILUY
OELARRCI UM KE LAEZALBA
MXAMEEOR SWSCITOIRTAP
EVLES HREXK ANATIONALR
UYPRSTACYC ZEALXQQJAS
URYIEATRUUS DROCKETS K
HOECDGIA EL CNNFOJKVLR
BTSAGPOCUT QEOHMXKRJO
LSDIZYNK LONPOIURQPFW
AIXPI ZSEBP DERHSQTGA E
SHNNGQFRBG JDRQIOGNSR
TCROWDSSY QKNJTCXLIPI
OLDBACKY ARDIYEQOVJPJF
KJUPHJLWFESTIVALQMXA
AYCARCOMEDTZZAVHZANE
OPARME DA CL AVACABLCPU



ABLAZE	CROWDS	FEAST	FREEDOM
ANTHEM	DECORATIONS	FLAG	INDEPENDENCE
BACKYARD	BANG		GRILL
BLAST	BOOM	AMERICA	HISTORY
GATHERING	BATTLEFIELD	FIRECRACKERS	LIBERTY
RED	CAMPING	ROCKETS	NATIONAL
WHITE	DELICIOUS	EXPLOSIONS	PARADES
BLUE	DESSERT	MUSIC	PATRIOTIC
CAVALCADE	DEMOCRACY	PICNICS	FIREWORKS
CELEBRATION	EMOTIONAL	POTLUCK	FESTIVAL

Something for you to color!

JULY
2020



Embracing Every Moment

Cognitive Corner: The “New Normal” May Take Time...

Many families with loved ones in nursing homes and other care facilities are desperate to be able to visit them again. But that so-called “return to normalcy” will take time, and will likely be a lot different than before.

Our society will be forever changed by the Covid-19 in terms of how we really think about our physical contact with our family members. But how soon in-person family visits begin again depends largely on what new protocols need to be put in place, particularly when it comes to testing.

Everybody is just trying to do research at this point to find out what the new normal is going to be. But there are many questions that need to be answered before such protocols are put in place. For nursing homes, more big questions loom. Who will pay for the tests? What happens when a worker tests positive and then has to be out for 14 days? Who will replace them? Admittedly, finding a new normal for care will take time.

In the end, we are only trying to protect some of our most valuable members of society. Those that have worked hard all their lives and deserve to be taken care of in these “golden” years of their life.



Scenes from Last Month...



Activity Avenue...by Carla Moon

Well, we made it to the next level...meals in the dining room instead of alone in your rooms! That's a start! One baby step at a time... I think I'm going to have more “freedom” in July (pun intended!) when it comes to activities, so, I'll add a few more things to that schedule. Also, I have requested another bus/van so that I can offer more off-site activities in the future. I've learned over this “down” time that you all really like getting out of the building! I can't make any promises on getting what I want but, I know some of the other Edencrest locations are getting additional vehicles so I thought I would try, too!

Thank you for your patience these past few months. We've had a huge turnover in personnel with Jaycie moving, a few RA's leaving, and then the very sad loss of Abby. Those of us left here are doing our very best to take care of all your needs. Once these restrictions are all behind us and we can get back to “normal”, life will be a bit easier.

On Thursday, July 2nd, we will start having our weekly Thursday Happy Hour back in the common area across from the dining hall again. You will still need to adhere to our “social distancing” rules, however. But, it's yet another small step in the direction towards “normalcy”!