





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>“You will never plough a field if you only turn it over in your mind.”</b></p>  <p><i>~Irish Proverb</i></p>		<p>Please check feathers for your scheduled times. <b>1</b></p> <p>10:30am One on Ones w/Gretchen</p> <p>1:00pm Brain Games on the IN2L</p> <p>3:00pm Mexican Train</p>	<p>Please check feathers for your scheduled times. <b>2</b></p> <p>10:30am Golf card Game</p> <p>1:00pm Sweet Treats</p> <p>3:00pm 9 Golf Card Game</p>	<p>Please check feathers for your scheduled times. <b>3</b></p> <p>10:30am Bingo on the IN2L</p> <p>1:00pm One on One time w/Gretchen</p> <p>3:00pm Bingo on the IN2L</p> <p>5:30 p.m. Movie Matinee AR</p>	<p>Please check feathers for your scheduled times. <b>4</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>1:00pm Mexican Train</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p>	<p>Please check feathers for your scheduled times. <b>5</b></p> <p>Super Saturday Movies</p> <p>10:30am Documentary or concert</p> <p>Movie Matinee</p> <p>2:00pm Documentary or concert</p> <p>Movie Matinee</p>
<p>Please check feathers for your scheduled times. <b>6</b></p> <p>10:00am Lutheran Church Service Live on IN2L</p> <p>1:00pm online Christ Lutheran Church Service Live on IN2L</p> <p>5:30pm Spiritual Movie - AR</p>	<p>Please check feathers for your scheduled times. <b>7</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>11:00am WAR</p> <p>1:30pm WAR</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p> <p>5:30pm Movie Monday - AR</p> <p><small>Labor Day</small></p>	<p>Please check feathers for your scheduled times. <b>8</b></p> <p>10:30am One on Ones w/Gretchen</p> <p>1:00pm Trivia on the IN2L</p> <p>3:00pm Mexican Train</p>	<p>Please check feathers for your scheduled times. <b>9</b></p> <p>10:30am Golf card Game</p> <p>1:00pm Craft Time</p> <p>3:00pm 9 Golf Card Game</p>	<p>Please check feathers for your scheduled times. <b>10</b></p> <p>8:00am Men’s Donut Social w/ Fareed DR</p> <p>10:30am Bingo on the IN2L</p> <p>1:00pm Travel on IN2L w/Gretchen</p> <p>3:00pm Bingo on the IN2L</p> <p>5:30 p.m. Movie Matinee AR</p>	<p>Please check feathers for your scheduled times. <b>11</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>1:00pm Rummikub</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p>	<p>Please check feathers for your scheduled times. <b>12</b></p> <p>Super Saturday Movies </p> <p>10:30am Documentary or concert</p> <p>Movie Matinee</p> <p>2:00pm Documentary or concert</p>
<p>Please check feathers for your scheduled times. <b>13</b></p> <p>10:00am Saddleback Baptist church Service Live on IN2L</p> <p>1:00pm Saddleback Baptist Church Service Live on IN2L</p> <p>5:30pm Spiritual Movie - AR</p> <p><small>Grandparents Day</small></p>	<p>Please check feathers for your scheduled times. <b>14</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>11:00am WAR</p> <p>1:30pm WAR</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p> <p>5:30pm Movie Monday - AR</p>	<p>Please check feathers for your scheduled times. <b>15</b></p> <p>10:30am One on Ones w/Gretchen</p> <p>1:00pm Brain Games on the IN2L</p> <p>3:00pm Mexican Train</p>	<p>Please check feathers for your scheduled times. <b>16</b></p> <p>10:30am Golf card Game</p> <p>1:00pm Sweet Treats</p> <p>3:00pm 9 Hole Golf Game</p>	<p>Please check feathers for your scheduled times. <b>17</b></p> <p>10:30am Bingo on the IN2L</p> <p>1:00pm One on One time w/Gretchen</p> <p>3:00pm Bingo on the IN2L</p> <p>5:30 p.m. Movie Matinee AR</p>	<p>Please check feathers for your scheduled times. <b>18</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>1:00pm Rummikub</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p> <p><small>Rosh Hashanah Begins</small></p>	<p>Please check feathers for your scheduled times. <b>19</b></p> <p>Super Saturday Movies</p> <p>10:30am Documentary or concert</p> <p>Movie Matinee</p> <p>2:00pm Documentary or concert</p> <p><small>Oktoberfest Begins</small></p>
<p>Please check feathers for your scheduled times. <b>20</b></p> <p>10:00am Methodist Church Service Live on IN2L</p> <p>1:00pm Methodist Church Service Live on IN2L</p> <p>5:30pm Spiritual Movie - AR </p>	<p>Please check feathers for your scheduled times. <b>21</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>11:00am WAR</p> <p>1:30pm WAR</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p> <p>5:30pm Movie Monday - AR</p>	<p>Please check feathers for your scheduled times. <b>22</b></p> <p>10:30am One on Ones w/Gretchen</p> <p>1:00pm Trivia on the IN2L</p> <p>3:00pm Mexican Train</p> <p><small>Autumn Begins</small></p>	<p>Please check feathers for your scheduled times. <b>23</b></p> <p>10:30am Golf card Game</p> <p>1:00pm Craft Time</p> <p>3:00pm 9 Golf Card Game</p>	<p>Please check feathers for your scheduled times. <b>24</b></p> <p>8:00am Men’s Breakfast Social w/ Fareed DR</p> <p>10:30am Bingo on the IN2L</p> <p>1:00pm Sing Along w/Gretchen</p> <p>3:00pm Bingo on the IN2L</p> <p>5:30 p.m. Movie Matinee AR</p>	<p>Please check feathers for your scheduled times. <b>25</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>1:00pm Rummikub</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p>	<p>Please check feathers for your scheduled times. <b>26</b></p> <p>Super Saturday Movies</p> <p>10:30am Documentary or concert</p> <p>Movie Matinee</p> <p>2:00pm Documentary or concert</p>
<p>Please check feathers for your scheduled times. <b>27</b></p> <p>10:00am Lutheran Church Service Live on IN2L</p> <p>1:00pm Lutheran Church Service Live on IN2L</p> <p>5:30pm Spiritual Movie - AR</p> <p><small>Yom Kippur Begins</small></p>	<p>Please check feathers for your scheduled times. <b>28</b></p> <p>10:30am Funfit Live on Zoom with Life Engagement Department</p> <p>11:00am WAR</p> <p>1:30pm WAR</p> <p>2:30pm Funfit Live on Zoom with Life Engagement Department</p> <p>5:30pm Movie Monday - AR</p>	<p>Please check feathers for your scheduled times. <b>29</b></p> <p>10:30am One on Ones w/Gretchen</p> <p>1:00pm Trivia on the IN2L</p> <p>3:00pm Mexican Train</p>	<p>Please check feathers for your scheduled times. <b>30</b></p> <p>10:30am Golf card Game</p> <p>1:30pm Auction </p> <p>3:00pm 9 Golf Card Game</p>	<h1>September 2020</h1> <p><i>Quail Park on Cypress EAL ~ Life Engagement Calendar</i></p>		

\*Dates and Times are subject to change

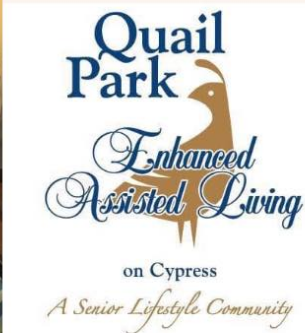


## The Autumn Harvest

For centuries, cultures in the northern hemisphere have timed their harvests to coincide with the autumnal equinox on September 22. The word *equinox* comes from the Latin *aequus*, meaning "equal," and *nox*, meaning "night," for this was the day of the year when the lengths of night and day were roughly equal. The druids celebrated the harvest festival of Mabon and visitors still flock to Stonehenge to watch the sun rise above the 5,000-year-old monoliths. The ancient Greeks believed that this equinox marked the return of Persephone to the Underworld. Persephone was the daughter of Demeter, goddess of the harvest. The Greeks feared that Demeter would soon become so despondent with the departure of her daughter that the earth would become barren during the cold winter months.

In North America, Native American tribes have ascribed various names to September's full moon to denote the importance of the harvest. September's full moon was called the Full Corn Moon or the Barley Moon because it corresponded with the harvest of these grains. The Lakota Sioux even called it the "Moon When the Plums Are Scarlet," denoting the full ripening of this fruit. The full moon closest to the equinox is still commonly known as the Harvest Moon, which this year happens to fall in early October. In modern society, farmers do not often rely on myths or moons to tell them when crops are ready, but they are just as eager to harvest their crops before the cold weather sets in.

Many crops are ready for harvesting in September, as denoted by the month's various harvest-themed holidays. September is Organic Harvest Month, Apple Month, Potato Month, and Whole Grain Month, while September 3-7 is both Golden Onion Week and Sweet Corn Week. Many fruits and vegetables are not only ready for harvest at this time of year but many more cool-season vegetables are ready to plant, such as varieties of beets, broccoli, carrots, swiss chard, radishes, and turnips. For industrious types who want to get the most out of their gardens, September is a busy time!



## ENHANCED ASSISTED LIVING AT QUAIL PARK ON CYPRESS

*There is a village within these walls.  
A village of laughter, friendships, activities,  
and continued learning. COVID may have isolated  
other seniors in their homes, but here they thrive safely,  
socially, and beautifully. At Quail Park,  
the current of life flows on!*

