Pioneer Ridge

Gracious Retirement Living

7210 Linkside Point Drive • McKinney, TX 75071 • Phone (972) 547-6800 • www.seniorlivinginstyle.com

SEPTEMBER 2020

PIONEER RIDGE STAFF

Managers..... NICK LANGEL & JULIE OLSON
Assistant Managers ..... HENRY & ELIZABETH PATTERSON
Executive Chef..... LATICIA SEAY
Activity Coordinator ..... JUNE AMATO
Maintenance .....SENA HEMARANJA
Bus Driver .....JOE PAGORIA

TRANSPORTATION

Monday, TBD: Shopping
Tuesday, 9 a.m.-3 p.m.: Appointments
Wednesday, TBD: Outings
Thursday, 9 a.m.-3 p.m.: Appointments

At the End of July We Celebrated a Big Milestone for Frances Outland

Beautiful as always

As you all know, at the end of July, Frances Outland celebrated turning 100 years young.

Looking so beautiful as always, she had no idea we were doing all this for her. We decorated the dining room in her favorite colors (and she even matched the table she was sitting at). We had a very special guest come all the way from Kansas, Andrea. They even let her family in the building to help us sing Happy Birthday to her. She wore a crown that said 100th on it and a sash that said “100 and Fabulous.” She looked so beautiful, as she does every day.

There was a lot of help from all staff in helping make her 100th birthday very special for her.

Behind the scenes in the kitchen, Willy worked very hard on making her special meal, catfish with ketchup. It turned out very lovely.

On the 100th cake and sheet cake, LaTicia and Taylor worked very hard at making them look beautiful and very special just for her. Taylor learned how to spell “Birthday,” so I guess you can say for sure we are a teaching kitchen. Thank goodness her father (our Regional Chef and Regional Director) Scott Amato and Derek were here to correct her and teach her the correct way to spell birthday.

It just so happened that the day of her birthday we had all our regionals here and both sets of managers. See, no one here misses the important things in life, and let me tell you, Frances Outland is definitely one of the many important people here at Pioneer Ridge.

(Continued on next page.)

At the End of July We Celebrated a Big Milestone for Frances Outland

(Continued)

Big thank you to Joe, Mrs. Marie, Paba, Janell, Aleyda, Nick and Julie. All this would have not been possible without the help of the Pioneer Ridge Family. In times like this is where you can see what we do for each other and how we all work together.

We my not be blood related, but we are family.

We love you, Mrs. Frances, and hope you had an amazing birthday.

Frances blowing out her candles.

Frances and Marie looking so beautiful

We all got to see how short we are or how tall Derek is.

Frances and Andrea

Taylor and Scott (Regional Chef)

Taylor learning to spell.

100th cake LaTicia made

The making of the 100th cake

Welcoming New Family Members to Pioneer Ridge, Mary James & Raynita Murphy

Mary getting ready to play jeopardy.

Nita Murphy joined our family in July.

Nita was born in Matador, Texas, where she lived until the age of 18. This is when Nita took on the advantage of college. She attended West Texas A&M.

Her freshman year in college, she married the love of her life, Dr. C.H Murphy. He was a junior in college when they got married in 1957. Nita's husband, Dr. C.H. Murphy, was on the board of trustees for Dallas Baptist University. They loved to travel and go on new adventures together.

Nita and her husband have three amazing sons, 10 grandkids and one great-granddaughter. Two of their sons live here in Texas and the other lives in California and is a teacher. Nita talks about what a blessing her sons are and that she is very grateful to have them and three amazing daughters-in-law.

Nita finished college and got her B.S degree., where she went on to become an eighth grade English. It was a job that was not a job to her but a love, something she really enjoyed doing. Nita taught English for 16 years. After the 16 years, Nita was a substitute teacher for many more years.

Nita was married to the love of her life for 53 years before he passed away.

Nita made the decision to sell her home and move here to Pioneer Ridge. A lot of changes happened for Nita, and as we all know, moving somewhere and making a home out of your new place is hard and a big adjustment. Some of Nita's favorite things to do are read and write. She loves to write about her kids and grandkids. Her favorite TV show is Wheel of Fortune, she loves all food and her favorite color is teal.

Take a minute and get to know Nita, she is a very lovely lady and I think could teach us a thing or two. Well, maybe just me; I told her I could use a writing class myself.

Mary James came to our family around the beginning August.

Before talking with Mary one-on-one, I realized she is a very outgoing and friendly person, and that she is willing to try anything. She came to all the activities and would engage with all the residents. Before having my one-on-one with Mary, I could see she was a lovely person and going to fit in great with our Pioneer Ridge Family.

Mary was born May 30, 1946, in Whitesboro, Texas. She grew up in Savoy, Texas, where she lived for 17 years.

Mary loved to sew when she was younger. She can remember making all her oldest son's clothes when he was a baby. She told me that one day she remembers sitting one the couch sewing a little white shirt for her the son watching "As The World Turns" when Kennedy got shot.

Mary has three amazing children, two boys and one girl. Mary also had five grandkids, four grandsons and one granddaughter. Mary has one great-granddaughter, who is six years old and rules the world.

Her grandkids are 29, 26, 24, 16 and 13.

Mary's 16-year-old granddaughter is a competitive cheerleader and does several competitions. Mary told me that her granddaughter can stand up straight and bring one of her legs straight up beside her head. Oh, to be young.

Her six-year-old great-granddaughter loves to play mommy-daughter with Mary, where the great-granddaughter is the mommy. That would be cute to watch.

Her oldest son, 56, lives in Trenton, Texas. Mary lived with her son for a short while in Trenton, but I will get to that in a moment.

Her middle beautiful baby girl, 53, lives in Indiana. She has three amazing boys, ages 29, 26 and 24.

(Continued on page 7.)

SEPT 2020

Birthdays

Warren Herrington, 5th
Nadine Gregory, 7th
Celia Clark, 14th
Tommy Watkins, 15th
Eldon Glein, 22nd
Wanda Wood, 27th
Lou Ann McConnell, 30th

Locations

Activity Room, AR
Billiards Room, BR
Bus, B
Chapel, CH
Computer Center, CC
Dining Room, DR
DR Alcove, DRA
Front Lobby, Lobby
Gym, G
Library, L
Movie Theater, MT
Patio, P
TV Room, TV

"We need to remember across generations that there is as much to learn as there is to teach."
—Gloria Steinem

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Exercise Class, AR **10:00 "Ask a Nurse" with Texas Home Health, AR** 11:30 Wheel of Fortune, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	2 9:30 Exercise with Leagacy Class, AR 10:30 Retail Therapy, AR 10:30 Communion Service, CH 2:00 Rummikub & Dominoes, AR 3:00 "Jeopardy!," AR 3:00 Crocheting Class with Ann, L	3 9:30 Strength and Stretch Training, AR 10:00 Baking in the Bistro, AR **11:00 Monthly Managers/ Resident Meeting, AR** 12:00 Blood Pressure Checks: Legacy, AR 2:00 Bible Study with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	4 9:30 Exercise Class, AR 11:00 Stations of the Cross Celebration, CH 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Hand & Foot, BR 4:00 Happy Hour, AR	5 9:30 Exercise Class with Andy, AR 2:00 Rummikub and Board Games, AR 2:00 Movie Show Case, MT
6 10:00 Walkers Club, Lobby 10:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	LABOR DAY 7 9:30 Exercise Class, AR 10:30 Retail Therapy, AR 2:00 Hand & Foot, BR 3:00 Doodle Art, AR 	8 9:30 Exercise Class, AR **10:00 "Ask a Nurse" with Texas Home Health, AR** 11:30 Wheel of Fortune, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	9 9:30 Exercise with Leagacy Class, AR 10:30 Retail Therapy, AR 10:30 Communion Service, CH 2:00 Rummikub & Dominoes, AR 3:00 "Jeopardy!," AR 3:00 Crocheting Class with Ann, L	10 9:30 Strength and Stretch Training, AR 12:00 Blood Pressure Checks: Legacy, AR 2:00 Bible Study with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	PATRIOT DAY 11 9:30 Exercise Class, AR 11:00 Stations of the Cross Celebration, CH 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Hand & Foot, BR 4:00 Happy Hour, AR	12 9:30 Exercise Class with Andy, AR 10:00 Donut Social, AR 2:00 Rummikub and Board Games, AR 2:00 Movie Show Case, MT
13 10:00 Walkers Club, Lobby 10:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	14 9:30 Exercise Class, AR 10:30 Retail Therapy, AR 2:00 Hand & Foot, BR 3:00 Doodle Art, AR 	15 9:30 Exercise Class, AR **10:00 "Ask a Nurse" with Texas Home Health, AR** 11:30 Wheel of Fortune, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA 	16 9:30 Exercise with Leagacy Class, AR 10:30 Retail Therapy, AR 10:30 Communion Service, CH 2:00 Rummikub & Dominoes, AR 3:00 "Jeopardy!," AR 3:00 Crocheting Class with Ann, L	17 9:30 Strength and Stretch Training, AR **11:00 Chef's Meeting with Residents, AR** 12:00 Blood Pressure Checks: Legacy, AR 2:00 Bible Study with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	ROSH HASHANAH BEGINS AT SUNSET 18 9:30 Exercise Class, AR 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 2:00 Rummikub, AR 2:00 Hand & Foot, BR 4:00 Happy Hour, AR	19 9:30 Exercise Class with Andy, AR **11:00 Family Fair** 2:00 Rummikub and Board Games, AR 2:00 Movie Show Case, MT
20 10:00 Walkers Club, Lobby 10:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR	21 9:30 Exercise Class, AR 10:30 Retail Therapy, AR 2:00 Hand & Foot, BR 3:00 Doodle Art, AR	AUTUMN BEGINS 22 9:30 Exercise Class, AR **10:00 "Ask a Nurse" with Texas Home Health, AR** 11:30 Wheel of Fortune, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA 	23 9:30 Exercise with Leagacy Class, AR 10:30 Retail Therapy, AR 10:30 Communion Service, CH 2:00 Rummikub & Dominoes, AR 3:00 "Jeopardy!," AR 3:00 Crocheting Class with Ann, L	24 9:30 Strength and Stretch Training, AR 12:00 Blood Pressure Checks: Legacy, AR 2:00 Bible Study with Jack Greever, CH 3:00 Bingo: Dime a Game, AR 4:30 Singalong, DR 7:00 Penny Poker, DRA	25 9:30 Exercise Class, AR 11:30 Spot the Differences, AR 12:15 Wear Red & Pledge, DR 1:15 Texas Home Health Birthday Celebration, DR 2:00 Rummikub, AR 2:00 Hand & Foot, BR 4:00 Happy Hour, AR	26 9:30 Exercise Class with Andy, AR 10:00 Donut Social, AR 2:00 Rummikub and Board Games, AR 2:00 Movie Show Case, MT 3:00 Pool Tournament, BR
YOM KIPPUR BEGINS AT SUNSET 27 10:00 Walkers Club, Lobby 10:00 Church at the Ridge Service, CH 3:00 Bingo: Dime a Game, AR 	28 9:30 Exercise Class, AR 10:30 Retail Therapy, AR 2:00 Hand & Foot, BR 3:00 Doodle Art, AR	29 9:30 Exercise Class, AR **10:00 "Ask a Nurse" with Texas Home Health, AR** 11:30 Wheel of Fortune, AR 4:30 Gospel Singalong, DR 7:00 Penny Poker, DRA	30 9:30 Exercise with Leagacy Class, AR 10:30 Retail Therapy, AR 10:30 Communion Service, CH 2:00 Rummikub & Dominoes, AR 3:00 "Jeopardy!," AR 3:00 Crocheting Class with Ann, L 			

Some Facts About September

First State to Recognize Labor Day.

Oregon was the first state to recognize Labor Day. It made it a legal holiday on February 21, 1887. That same year, Colorado, Massachusetts, New Jersey and New York also made it a legal holiday.

Canada celebrated Labor Day way before the United States did.

The first Labor Day in Canada (or should we say Labour Day) was in 1872, over 10 years before the U.S. recognized the holiday.

The first Labor Day parade was in New York City.

On September 5, 1882, New York's Central Labor Union held a parade to celebrate union work and show their support.

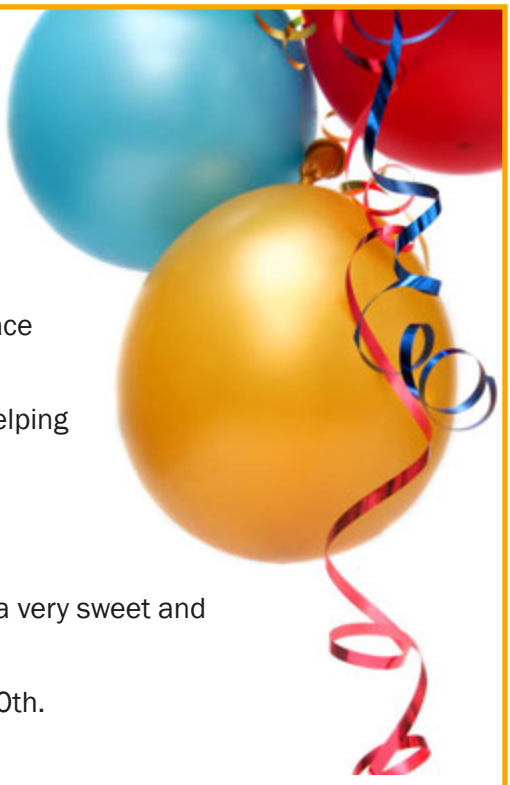
Ever wonder why they say you are not supposed to wear white after Labor Day?

This goes all the way back to the end of the Civil War, when society was ruled by the wealthy wives of old-money elites. As new money millionaires entered society, the jealous old regime invented a whole suite of arbitrary fashion rules that only those in the in-crowd would know. Anyone who showed up to an autumn dinner party with a white dress would be instantly outed as a nouveau riche newbie.

It is the official end of "hot dog" season.

Hot dog season, they say, starts on Memorial Day and ends on Labor Day. In just four short months, they say Americans eat about 7 billion hot dogs. That is a lot of hot dogs!

September Birthdays/Anniversaries



Kicking of our September birthdays is no other than...

Warren Herrinton, the man that always yells, "Yeah Who, Mountain Dew," when he sees me. Other than that, he is a very sweet and quiet man. September 5th.

Nadine Gregory always sits at the same table and always has a smile on her face when you pass by. September 7th

Tommy Watkins is tall and skinny with a lot of spunk and is always lending a helping hand wherever needed. September 15th.

Eldon Glein, "okay" is his favorite word. He always greets you with a smile. September 22nd.

Wanda Woods, our dear sweet Mrs. Wanda; always dressed to the nines. Just a very sweet and kind woman. September 27th.

Lou Ann McConnell loves everyone and is just a kind sweet soul. September 30th.

Happy Birthday to all our September babies.

Keeping Safe at the “Ridge” Written By: Marie Hunt, July 12, 2020

Keeping Safe at the “Ridge”

For five months we have been keeping safe.
Taking care in our “special place.”
As we make great effort to avoid the virus
It continues to escalate at an alarming pace.

We are fortunate to be where we feel protected,
Even if our activities have been curtailed.
It is a much better that we be patient and stay well
Than be a statistic that means we failed.

My family is feeling relieved that I am staying in
My “quarters,” keeping the rules each day.
It gives them a chance to live and work in peace,
Without worrying of my being in “harm’s way.”

If we have a smile to give to someone who looks sad,
It may make their burden a little lighter.
If their “beacon of light” has recently darkened,
Perhaps with your smile alone it could brighten.

Welcoming New Family Members to Pioneer Ridge, Mary James & Raynita Murphy *(Continued)*

Mary’s baby, 46, lives in Washington. Her son has only been married for a short time. He did not get married until he was 45 years young. He has two beautiful step-kids, ages 13 and 16.

In January 2020, Mary’s life changed forever.

Mary had only been married to the love of her life for a short 15 years when he passed away very unexpectedly.

He had gone to the hospital to have surgery on his leg. Mary said when he woke up, he was never the same. One day, her husband’s daughter was feeding him dinner in the hospital, and he just stopped breathing. Mary said she was walking down the hall to his room, and the nurse and doctor met her to inform her of the tragic news.

At that point, Mary’s life was flipped upside down. So many things had to change and change fast. Mary had to leave her home, give up her two dogs for adoption and move in with her oldest in Trenton,Texas.

This is how Mary James has come to join our Pioneer Ridge Family.

Some of the things Mary loves to do...

Crossword puzzles, board games, poker and playing Mommy-daughter with her six-year-old great-granddaughter.

She loves Mexican food and pizza.

Fun facts about Mary.

Take a moment and look Mary in the eyes, and you will see that they are different colors. One is blue and the other is green.

Olease take a minute and give her a warm welcome to our Pioneer Ridge Family.

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EQUAL HOUSING OPPORTUNITY