

# PARKER PLACE

Gracious Retirement Living

7960 Center Street • Mentor, Ohio 44060 • Phone (440) 255-0828 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

## SEPTEMBER 2020

### PARKER PLACE STAFF

Managers.....SCOTT & PAMELA ARTMAN  
Assistant Managers ... BRENT & APRIL HOLLEY  
Executive Chef..... JOSH WELLMAN  
Sous Chef ..... AUSTIN WILCOXON  
Activity Coordinator .....ZOEY PERRY  
Maintenance .....MIKE MITCHELL  
Bus Driver ..... PAUL IANNINI  
Lead Housekeeper..... REBA REICHERT

### TRANSPORTATION

**Monday, 9 a.m.-2 p.m.:** Errands

**Tuesday, 8:30 a.m.-3:30 p.m.:**

Doctor Appointments

**Wednesday, TBD:** Outings

**Thursday, 8:30 a.m.-3:30 p.m.:**

Doctor Appointments & Errands

**Sunday, 9:30 a.m.:** Church Service Route

HAWTHORN  
SENIOR LIVING

## Live & Learn

### What is Lifelong Learning?

Lifelong learning is the practice of continuing to learn throughout one's entire life, especially outside of or after the completion of formal schooling. We tend to think of learning as ending when school ends, but there is always more to learn!

### What are the benefits of Lifelong Learning?

When it comes to supporting healthy aging, an active mind is just as important as an active body. Numerous studies have found that learning is valuable at all stages of life, helping improve one's cognitive skills, social connections, and overall quality of life.

### Live and Learn — Fall Term 2020:

The goal of this program is to promote lifelong learning with a focus on five areas of overall health and wellness for our residents. Each week through September we will focus on social wellness, brain health, physical fitness and self-care. Be sure to come down and check out all of the cool games/activities we have going on promoting Lifelong Learning and mind health!

What you do today can improve all your tomorrows.

Live and Learn  
Fall Term 2020





## Welcome New Residents!

### Joan Saywell

- She has three kids; two boys and one girl
- Her favorite place to vacation is Florida
- Her favorite animal is a dog

### Dana Kramasz (not pictured)

- Has two beautiful daughters
- Prefers staycations over vacations
- Loves cats! Her cat, Zeus, is currently her roommate

### Marjorie Higaki

- She was a Nurse for over 40 years
- She has three kids; two boys and one girl
- Her favorite food is Japanese rice



Joan Saywell



Marjorie Higaki

## This Month in History

**September 1st, 1798:** The first bank robbery in the United States took place. Thieves stole \$162,821 from Carpenter's Hall in Pennsylvania, the equivalent of more than two million dollars in today's money.

**September 3rd, 1777:** The American flag was first flown in battle during the Revolutionary War.

**September 6th, 1916:** The first supermarket, Piggly Wiggly, was opened by Clarence Saunders in Memphis, Tennessee. The chain is still operating throughout the American South.

**September 13th, 1936:** Bob Feller, a 17-year-old pitcher for the Cleveland Indians, struck out 17 batters, setting a new American League record. Feller went to play 20 years of baseball for the Indians.

**September 23rd, 1962:** The Jetsons, the first color TV series for ABC, debuted. The show was created by animation company Hanna-Barbera.

## Guess Who?

Can you guess which of your fellow residents this is?

### I'll give you three hints:

1. She lives on the 3rd floor
2. She has four kids
3. She loves to joke around!

Our Mystery Baby from last month was none other than Mr. Phil Mattingly!

If you would like to be featured as our mystery child of the month in future newsletters, please bring a baby or childhood picture of yourself to Zoey.



Who am I?





## Aw, Shucks, We Had So Much Fun!

We have had so much fun the last couple of weeks getting together for our corn shucking and bean breaking parties! This has brought back so many childhood memories for all in attendance. One of the best parts of all is enjoying the corn and beans in one of our many wonderful meals prepared by chef! We would like to give a big thank you to our managers Pamela and Scott for giving us these little nostalgia filled moments.

### Did you know?

- That an ear or cob of corn is actually part of the flower and an individual kernel is a seed.
- On average, an ear of corn has 800 kernels in 16 rows.
- Green beans contain nutrients that help prevent diabetes, cardiovascular diseases and cancer.



- A Guinness World Record for world's largest green bean casserole was set in 2019 by the Green Giant mascot. It weighed in at a whopping 637 pounds and was donated to charity after the official weight was taken.

## Mark Your Calendars

### Chili Cook Off

**When:** September 10th

We will be hosting a Chili Cook off where your magnificent staff and residents will be facing off for the title with you as the judges!

Any resident, resident family or friend is welcome to enter. Please let Zoey know by Wednesday, September 9th, if you are planning on entering.

More details to come!

### Flu Shot Clinic

**When:** September 25th

Walgreen's will be here from 10:30 a.m.-12:30 p.m. administering flu shots. This is available to all residents and staff. The pharmacy will invoice your Medicare, Medicare supplemental plan or other health insurance.

More details and a sign-up sheet to come closer to the clinic!



If you have any questions, please see Zoey.



SEPT 2020

Birthdays

Josh Wellman, 1st (Employee)  
Mary Fumich, 1st  
Faith Suydam, 7th  
April Holley, 8th (Employee)  
Emerson Gorslene, 10th  
Trent Shell, 14th (Employee)  
Richard Dillow, 19th  
Ken Dacek, 26th  
George Pelow, 26th  
Pamela Artman, 26th (Employee)  
John Williams, 29th

Locations

Activity Room, AR  
Atrium, AT  
Chapel, CH  
Dining Room, DR  
Dining Room  
Fireplace, DRFP  
Front Patio, FP  
Game Room, GR  
Library, LB  
Outing, OUT  
TV Lounge, TV

Breakfast: 8 a.m.  
Dinner: 12:30 p.m.  
Supper: 5:30 p.m.

“We need to remember across generations that there is as much to learn as there is to teach.”  
—Gloria Steinem

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:30 Sit and be Fit, AR 1 10:30 Wreath Making Gathering, AR 11:30 Doughnuts & Coffee with Scott & Pamela, AR 1:30 Resident Meeting, DR 2:00 Two Souls Band, FP 3:15 Live & Learn Fall Term Kickoff, AR 6:45 Wii Bowling Team 3, AR 	2 9:30 Stronger Seniors, AR 10:00 Picture Day!, AR 2:00 Scattergories, AR 3:00 Floor War Winner Ice Cream Party, AR 4:00 Pinochle, AR 6:45 Bingo	3 9:30 Exercise with Legacy 10:30 Discussion Group, AR 11:30 Target Golf with Brent, AR 1:30 Chef Chat, DR 3:15 Show & Tell, AR 4:00 Arts & Crafts (Rock Painting), AR 6:45 Wii Bowling Team 4, AR	4 Wear Your College Colors Day 9:30 Get Up and Move, AR 10:00 Alumni Reunion!, AR 11:00 Day Trip to the Artman's 3:00 Nickel, Left Right Center, AR 4:00 Happy Hour, AR 6:45 Wii Bowling Team 5, AR	5 11:30 Country Store, AR 2:15 Bible Study, AR 6:45 Movie Night, AR
6 11:00 Matinee, TV 2:30 Catholic Holy Communion, CH 3:00 Nickel Bingo, AR 4:00 Rosary, CH 6:45 Movie Night, TV	LABOR DAY 7 9:30 Senior Stretch, AR 10:30 Beanbag Baseball Practice, AR 11:30 Brain Games, AR 2:00 Beanbag Baseball Game, AT 3:15 Book Club, LB 4:00 Food for Thought, AR 6:45 Wii Bowling Team 2, AR 	8 9:30 Sit and be Fit, AR 10:30 Wreath Making Gathering, AR 11:30 Wheel of Fortune, AR 2:00 Chair Balloon Volleyball, AR 3:00 Stop! Hydration Time, AR 3:30 Fact or Fiction, AR 4:00 A Moment of Meditation & Mindfulness, AR 6:45 Wii Bowling Team 3, AR 	9 9:30 Stronger Seniors, AR 10:00 Knitters & Needles Club Meeting, AR 11:00 Hidden Lake Park, OUT 2:00 Wednesdays with April, AR 3:00 Matinee, AR 6:45 Bingo	10 9:30 Exercise with Legacy 10:30 Pictionary, AR 11:00 Chili Cookoff, AR 3:00 History Mystery, AR 3:45 Current Events Good News Day, AR 6:45 Wii Bowling Team 4, AR 	11 PATRIOT DAY 9:30 Get Up and Move, AR 10:30 Anagram Riddle Challenge, AR 11:30 Parker Place Singing Group, AR 2:15 Bingo with Zoey, AR 3:00 Quarter, Left Right Center, AR 4:00 Happy Hour, AR 6:45 Wii Bowling Team 5, AR	12 11:30 Country Store, AR 2:15 Bible Study, AR 6:45 Movie Night, AR
13 11:00 Matinee, TV 2:30 Catholic Holy Communion, CH 3:00 Nickel Bingo, AR 6:45 Movie Night, TV	14 9:30 Senior Stretch, AR 10:30 Beanbag Baseball Practice, AR 11:30 Overcoming Fitness Fears, AR 2:00 Beanbag Baseball Game, AT 3:00 Walking Towards Better Health, AR 3:45 Headbands, AR 6:45 Wii Bowling Team 2, AR 	15 9:30 Sit and be Fit, AR 10:30 Wreath Making Gathering, AR 11:00 Greg Piscurra (Vocalist), FP 2:00 Chair Balloon Volleyball, AR 3:00 Walking Towards Better Health, AR 4:00 Exercise & The Brain, AR 6:45 Wii Bowling Team 3, AR	16 Outings TBD 9:30 Stronger Seniors, AR 10:30 A Moment of Meditation and Mindfulness, AR 2:15 Matinee, TV 3:00 Walking Towards Better Health, AR 3:30 Letters Too ..., AR 4:00 Pinochle, AR 6:45 Bingo	17 9:30 Exercise with Legacy 10:30 Hungry Hungry Hippo with Legacy, AT 11:30 Target Golf with Brent, AR 2:00 Chef Demo, AR 3:00 Walking Towards Better Health, AR 3:15 Show & Tell, AR 4:00 Better Balance, AR 5:00 R.O.M.E.O. Outing 6:45 Wii Bowling Team 4, AR	18 ROSH HASHANAH BEGINS AT SUNSET 9:30 Get Up and Move, AR 10:30 Fireside Chat, AR 11:30 Wii Darts, AR 2:15 Bingo with Zoey, AR 3:00 Nickel, Left Right Center, AR 4:00 Happy Hour, AR 6:45 Wii Bowling Team 5, AR	19 11:30 Country Store, AR 2:15 Bible Study, AR 6:45 Movie Night, AR 
20 11:00 Matinee, TV 2:00 Pastor Bryon, CH 2:30 Catholic Holy Communion, CH 3:00 Nickel Bingo, AR 4:00 Rosary, CH 6:45 Movie Night, TV	21 9:30 Senior Stretch, AR 10:30 Beanbag Baseball Practice, AR 11:30 Brain Games, AR 2:00 Beanbag Baseball Game, AT 3:15 Book Club, LB 3:45 Aromatherapy Linen Sprays, AR 6:45 Wii Bowling Team 2, AR	22 AUTUMN BEGINS 9:30 Sit and be Fit, AR 10:30 Wreath Making Gathering, AR 11:30 Simple Self-Care Tips, AR 2:00 Chair Balloon Volleyball, AR 3:00 Self-Care Serenity, AR 4:00 A Moment of Meditation & Mindfulness, AR 6:45 Wii Bowling Team 3, AR	23 9:30 Stronger Seniors, AR 10:00 Knitters & Needles Club Meeting, AR 11:00 Mentor Salt Cave, OUT 2:00 Wednesdays with April, AR 3:00 Relaxing with Lavender, AR 4:00 I Am Grateful For..., AR 6:45 Bingo	24 9:30 Exercise with Legacy 10:30 Pictionary, AR 12:00 Birthday Bash, AR 2:00 Fred Sivillo, FP 3:00 A Class on Positive Thinking, AR 4:00 Horse Race Derby, AR 5:00 J.U.L.I.E.T. Outing 6:45 Wii Bowling Team 4, AR	25 9:30 Get Up and Move, AR 10:30 Flu Shot Clinic, AR 2:15 Bingo with Zoey, AR 3:00 \$3, Left Right Center, AR 4:00 Happy Hour, AR 6:45 Wii Bowling Team 5, AR	26 11:30 Country Store, AR 2:15 Bible Study, AR 6:45 Movie Night, AR 
YOM KIPPUR BEGINS AT SUNSET 27 11:00 Matinee, TV 2:30 Catholic Holy Communion, CH 3:00 Nickel Bingo, AR 6:45 Movie Night, TV	28 9:30 Senior Stretch, AR 10:30 Beanbag Baseball Practice, AR 11:30 Science Experiments with Zoey, AR 2:00 Beanbag Baseball Game, AT 3:00 Uno (Card Game), AR 6:45 Wii Bowling Team 2, AR	29 9:30 Sit and be Fit, AR 10:30 Wreath Making Gathering, AR 11:30 Karaoke, AR 2:00 Victor Breeler (Musician), FP 3:00 Afternoon Coffee Break, AR 6:45 Wii Bowling Team 3, AR 	30 Outings TBD 9:30 Stronger Seniors, AR 2:15 Matinee, TV 4:00 Pinochle, AR 6:45 Bingo			





## Did You Know?

- Ben and Jerry learned how to make ice cream by taking a \$5 correspondence course offered by Penn State. The friends decided to split one course.
- The microwave oven was invented by mistake when an engineer testing a magnetron tube noticed that the radiation from it melted the chocolate bar he had in his pocket.
- Babe Ruth wore a cabbage leaf under his cap to keep him cool. He changed it every inning.
- Camels can travel up to 100 miles in the hot desert without water. But contrary to popular belief, a camel's hump is not filled with water. Instead, it is filled with up to 80 pounds of fat that is metabolized for energy and water when needed.

## Grandma's Attic Sale

On Thursday, October 8th, we will have a one-day Grandmas' Attic Sale here in our community. A Grandmas' Attic sale is very similar to a yard sale. This is the perfect opportunity to clean out/declutter your apartments and donate items you are wanting to get rid of to our Grandma's Attic Sale. We will be taking things like clothes, jewelry, furniture, knickknacks, kitchenware, memorabilia, etc. If you have items you would like to donate but are not sure if we will accept, please feel free to ask Zoey.

You know what they say, "One man's trash is another man's treasure!"

Through the month of September, bring all items you are wishing to donate down to the Activity Room to Zoey and she will properly store them until our Sale.

All proceeds from our Grandma's Attic Sale will go to the Activity Fund!

## Puzzles for Dayz

Starting in September, Zoey will have a variety of different brain games and puzzle packets put together and left out on Fridays for everyone to help themselves too throughout the weekends or even weekdays.

Puzzles and brain games are a great way to keep your mind nice and sharp!



## What's New in the Parker Place Library

New books to check out in our Library:

### Fiction

- "T is for Trespass" by Sue Grafton
- "U is for Undertow" by Sue Grafton
- "The Other Woman" by Sandie Jones
- "We Must Be Brave" by Frances Liardet
- "Alex Cross" by James Patterson
- "Tek Power" by William Shatner

### Non-Fiction

- "The 5 Dreams of Every Woman & How God Wants to Fulfill Them" by Nancy Leigh DeMoss
- "Ordering Your Private World" by Gordon MacDonald
- "(American) War Letters" by Andrew Carroll

Thank you to all who have donated to our Library! Do you have any old books lying around and you are unsure what to do with them? Please consider donating them to the Parker Place Library!

Feel free to just drop them off on the book return shelf in the Library on the 2nd floor.





## Cards — Cards — Cards

Friendly Reminder: We have had an overabundance of cards donated to us from current/former residents of Parker Place. With that being said, if you are ever in need of a card for any occasion (birthday, sympathy, get well soon, holidays, thinking of you or even a blank card), head on down to the activity center and Zoey will hook you up with what ever you are looking for.

These cards are here for your convenience, so please help yourself.

## Happy 11th Birthday, Parker Place!

Our wonderful home turned 11 years old on August 9th.

Take a moment and think about in the last 11 years how many new friendships have been made, how many laughs have been shared, how many yummy

meals have been gobbled up and how many smiling faces have come and gone. It is truly so amazing how many memories this building holds within its walls.

Parker Place has become a home to all who enter its doors and will keep that legacy for many more years to come.

Thank you to everyone who helped us celebrate!







7960 Center Street  
Mentor, Ohio 44060



# Fall in love...

## With Our Gracious Lifestyle

Our caring staff is here for you any time, day or night, and all utilities except phone are included in one reasonable monthly rent. We offer local, comfortable transportation for shopping, appointments and other scheduled activities. We also take care of the cooking, weekly housekeeping and maintenance, so you can spend more time with new friends and family.



**440-255-0828**