

September 2020

Assisted Living Lifestyle & Leisure



- AE** Artistic Expression
- CC** Community Connections
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		American Chess Day! 1 9:45 PE Sit & Be Fit: Exercise! 10:15 AE Pictionary! 11:15 CC Online Walmart Shopping! 1:30 CE Let's Play Chess! 3:15 CE Tuesday Trivia!	9:30 PE Walking 2 Wednesdays! 9:45 PE Sit & Be Fit: Exercise! 10:30 Simple Skincare 1:30 PE Balloon Darts! 3:00 AE Wood Paintings	Happy Birthday Wilma S! 3 9:45 PE Sit & Be Fit: Exercise! 10:30 AE Positive Message Paintings 11:30 Pest Control 1:15 LL Horseracing Game! 2:30 CE Travelogue & Treats	9:45 PE Sit & Be Fit: Exercise! 4 10:15 PE Fast Fans Friendly Game! 1:00 AE Bubble Painting! 2:30 LL BINGO!	2:30 SS 5 Community Bible Study 3:00 LL Board Game Fun!
8:30 LL Sunday Scrabblers! 6 2:30 LL Classic Cartoon Columns & Coffee 3:00 SS Sunday Worship Service	Labor Day! 7 9:45 PE Sit & Be Fit: Exercise! 10:30 CC Coffee & Conversation 1:00 Crosswords, Coloring & Coffee! 2:30 Board Game Social	9:45 PE Sit & Be Fit: Exercise! 8 10:15 LL Manicures on a Tuesday! 11:15 CC Online Walmart Shopping! 1:30 LL BINGO! 3:15 CE Tuesday Trivia!	International Sudoku Day! 9 9:30 PE Walking Wednesdays! 9:45 PE Sit & Be Fit: Exercise! 10:15 Watercolor Wednesday! 1:15 Group Sudoku Challenge! 2:30 AE DIY Marbleized Coasters	9:45 PE Sit & Be Fit: Exercise! 10 10:15 LL Morning Comedy Videos! 1:00 SS Make a Prayer Jar 2:30 CE Travelogue & Treats	9:45 PE Sit & Be Fit: Exercise! 11 10:30 AE American Flag Painting 1:15 PE Horseshoes on the Front Lawn! 2:00 Food Council 2:30 LL BINGO!	2:30 SS 12 Community Bible Study 3:00 LL Board Game Fun!
Favorite Sports Team Day!! 13 Happy Birthday Tom W! National Assisted Living Week Begins! 8:30 LL Sunday Scrabblers! 2:30 LL Classic Cartoon Columns & Coffee 3:30 LL Banana Split Social!	Pajama Day!! 14 9:45 PE Sit & Be Fit: Exercise! 10:15 AE Make A Mega Domino Game! 10:30 CC Coffee & Conversation 1:00 Manicure Monday! 2:30 BINGO!	Crazy Glasses Day!! 15 9:45 PE Sit & Be Fit: Exercise! 10:15 LL Mega Dominos! 11:15 CC Online Walmart Shopping! 1:30 LL Musical Horseracing Game! 3:15 CE Tuesday Trivia!	Silly Sock Day!! 16 9:30 PE Walking Wednesdays! 9:45 PE Sit & Be Fit: Exercise! 10:15 CE Marshmallow Challenge 11:00 Checkers Game 1:30 AE Tie-Dye Project 3:15 Afternoon Movie	USA Day!! 17 9:45 PE Sit & Be Fit: Exercise! 10:30 AE Make A Stepping Stone 1:15 LL Giant Jenga Tournament 2:30 CE Travelogue & Treats	National Cheeseburger Day! 18 Tie-Dye Day!! 9:45 PE Sit & Be Fit: Exercise! 10:30 Cookout & Backyard Games! 1:00 AE Guided Sip n' Paint Class 2:30 LL BINGO!	Wild Hat Day!! 19 2:30 SS Community Bible Study 3:00 LL Board Game Fun!
8:30 LL Sunday Scrabblers! 20 2:30 LL Classic Cartoon Columns & Coffee	International Day of Peace 21 9:45 PE Sit & Be Fit: Exercise! 10:15 AE Peace Paintings 10:30 CC Coffee & Conversation 1:00 Manicure Monday! 2:30 BINGO!	9:45 PE Sit & Be Fit: Exercise! 22 10:15 CE CYO Watercolor Palette! 11:15 CC Online Walmart Shopping! 1:45 LL Ice Cream Cone Social! 3:15 CE Tuesday Trivia!	9:30 PE Walking Wednesdays! 23 9:45 PE Sit & Be Fit: Exercise! 10:15 AE Watercolor Wednesday! 1:00 Resident Council! 2:30 CE Refurbishing Furniture Shop!	9:45 PE Sit & Be Fit: Exercise! 24 10:30 PE Indoor Bowling! 1:00 AE Simple Spray Paint Project 2:30 BINGO!	9:45 PE Sit & Be Fit: Exercise! 25 10:30 CE Cappuccinos & Cranium Crunchers 1:15 PE Cornhole! 2:00 LL Birthday Bash! 2:30 Travelogue and Treats!	2:30 SS 26 Community Bible Study 3:00 LL Board Game Fun!
8:30 LL Sunday Scrabblers! 27 2:30 LL Classic Cartoon Columns & Coffee	National Drink Beer Day! 28 9:45 PE Sit & Be Fit: Exercise! 10:30 CC Coffee & Conversation 1:00 Manicure Monday! 2:00 Food Council 2:30 BINGO + Beer Tasting!	National Coffee Day! 29 9:45 PE Sit & Be Fit: Exercise! 10:15 Coffee Sampling 11:15 CC Online Walmart Shopping! 2:00 LL Minute to Win it Games! 3:15 CE Tuesday Trivia!	9:30 PE Walking Wednesdays! 30 9:45 PE Sit & Be Fit: Exercise! 10:15 AE Mandela Scratch Art 10:30 CE Short Story Reading Group 1:00 PODIATRIST VISIT! 1:30 Simple Skincare + Pedicures! 3:00 Activity Council			