



Savannah Grand of Maitland

September 2020

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY												
<p>8:00 Catholic Mass Channel 19</p> <p>8:30 Joel Osteen on CBS</p> <p>11:00 Color for Relaxation</p> <p>1:00 ESPN Football</p> <p>2:00 Catholic Mass Channel 19</p> <p>7:00 Spaghetti Westerns on TV</p>	<p>LABOR DAY</p> <p>10:00 Exercise: Sit & Be Fit on PBS</p> <p>11:00 Resident Pen Pal Club (internal)</p> <p>1:30 Sudoku</p> <p>2:30 Play Cards</p> <p>3:00 Word Scramble</p> <p>4:00 Read a book or magazine</p> <p>7:00 Nightly Game Shows</p>	<p>9:30 Catch up on Morning News</p> <p>10:00 Brain Exercise: Word Search</p> <p>10:30 Coffee Cart Visits</p> <p>11:00 Play Cards</p> <p>2:00 Windowsill Gardening</p> <p>4:00 Coloring for Relaxation</p> <p>7:00 Nightly Game Shows</p>	<p>9:30 Catch up on Morning News</p> <p>10:00 Exercise: Sit & Be Fit on PBS</p> <p>2:00 Brain Games: Sudoku</p> <p>3:00 Hurrah for Ice Cream</p> <p>4:00 Read a book or magazine</p> <p>7:00 Nightly Game Shows</p>	<p>9:30 Catch up on Morning News</p> <p>10:00 Brain Exercise: Word Search</p> <p>10:30 Coffee Cart Visits</p> <p>11:00 Resident Pen Pal Club (internal)</p> <p>3:00 Trivia</p> <p>4:00 Coloring for Relaxation</p> <p>7:00 Nightly Game Shows</p>	<p>10:00 Exercise: Sit & Be Fit on PBS</p> <p>11:00 Journaling: Keep a Journal</p> <p>2:00 Single Solitaire</p> <p>3:00 Happy Hour Mocktails</p> <p>4:00 Call Family or Friends</p> <p>7:00 Nightly Game Shows</p>	<p>10:00 Morning News</p> <p>11:00 Practice Meditation</p> <p>2:00 Afternoon Movie</p> <p>3:00 Write Letters to Family & Friends</p> <p>4:00 Lawrence Welk Show on PBS</p> <p>7:00 Hallmark Movie</p>												
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