



3333 E Morrison Ranch Parkway • Gilbert, AZ 85296 • (480) 793-7000

Resident Spotlight ~ **Rosie Bowers**



Rosie was born in 1946 in Marion, Iowa. She is an only child. She graduated from Marion High School in 1964. Rosie has two sons: Kenny born in 1971 and Kraig in 1975. Rosie was a stay-at-home mother and homemaker, until moving to Arizona in 1974, when she then started working for Crossmark. She worked her way up to Director of Sales & Marketing until retiring in 2009. She also volunteered for the Salvation Army ringing the bells during the Christmas holiday. Rosie loves the outdoors and sports (especially basketball, as she is a former Phoenix Suns season ticket holder). She is an avid jogger, enjoys lying by the pool & loves her dog Peanut! Rosie also loves Rocky Point, Mexico & trips North to the family cabin. Rosie has 5 grandchildren & 6 great-grandchildren, whom she loves dearly! Rosie moved August 28, 2019 to become a member of the Quail Park family.

September 2020

A Message From Julia

Hello!

While we all hope and wish that this pandemic will end soon, we need to be prepared that it will continue for an unknown period. As a reminder, Governor Ducey created a "Task Force" last month to outline how and when assisted living communities can open and open safely. Because we are a licensed assisted living community and regulated by the Department of Health Services, I am unable to lift current restrictions until we receive further guidance and instruction. Hopefully by the time you are reading this, our state has made safe moves in this direction.

As a reminder, residents are only permitted to leave the community for necessary medical appointments only. If you need assistance with picking up prescriptions, we are available to do so on Mondays, Tuesdays, or Thursdays. If you need assistance for obtaining grocery items, please notify the Concierge and someone will assist you with setting up online delivery service. Only necessary health care professionals may enter the community. Family members of those residents on hospice care are also permitted to visit.

Please continue to wear a mask whenever you are out of your apartment and ensure that you are socially distancing while dining and especially during all activities. This does not mean that you can visit with friends or family members outside on the patios. Please, I ask all of you to kindly follow these rules. We must stand together and stay vigilant for the health and welfare of you, your neighbors and team members.

Thank you for doing your part to keep everyone safe! *Julia*

Patriot Day

The nation's annual remembrance of 9/11, Patriot Day is also a National Day of Service. Since 2002, people across America pay tribute to the victims, survivors and heroes of Sept. 11 by volunteering in community service projects. The start times for each minute of silence in Eastern Time, as provided by the 9/11 Memorial & Museum, are as follows: 8:46 a.m.: Hijackers deliberately crash American Airlines Flight 11 into floors 93 through 99 of the North Tower (1 WTC). 9:03 a.m.: Hijackers deliberately crash United Airlines Flight 175 into floors 77 through 85 of the South Tower (2 WTC). 9:37 a.m.: Hijackers deliberately crash American Airlines Flight 77 into the Pentagon, near Washington, D.C. 9:59 a.m.: The South Tower (2 WTC) collapses. 10:03 a.m.: After learning of the other attacks, passengers on United Airlines Flight 93 launch a counterattack on hijackers aboard their plane to try to seize control of the aircraft. In response, the hijackers crash the plane into an empty field near Shanksville, Pa. 10:28 a.m.: The North Tower (1 WTC) collapses. The 16-acre World Trade Center site is in ruins, with collateral damage affecting all adjacent properties and streets. A rescue and recovery effort begins immediately.

Important Information for Voting in the General Election

The General Election is Tuesday, November 3rd this year. The deadline to register to vote in Arizona is Monday, October 5th. If you have not already done so, please make sure you have changed your address to the Quail Park address which is:

3333 E. Morrison Ranch Parkway, Gilbert, AZ. 85296

The Activity department will provide transportation to a polling station on election day, so be sure you have changed your address and registered to vote prior to October 5th.

You will need to present one form of identification from List #1 or two different forms of identification from List #2.

List #1 -

- Valid Arizona driver license
- Valid Arizona non-operating identification card
- Valid United States federal, state, or local government-issued identification

List #2 -

- Utility bill of the elector that is dated within 90 days of the date of the election with your current address.
- Bank or credit union statement that is dated within 90 days of the date of the election
- Valid Arizona Vehicle Registration

Resident Art Show



You're invited to join us for our first resident art show on Wednesday,

September 23rd from 1:00-4:00 p.m. in the Four Seasons Room. You'll have the opportunity to see some of our talented residents' original artwork.

Residents interested in participating in the art show should RSVP with the Activities Office no later than Tuesday, September 15th. You can display any kind of artwork you wish. Items can include paintings, drawings, quilts, woodworking projects, sculptures, etc. If you made it, you can display it!

Hey Sweet Baby Photo Contest

During National Assisted Living Week, we will have baby photos of staff and residents posted in the lobby. You'll have until Friday to guess them all correctly to win a prize! For those of you that want to share your baby photo in the contest, bring your photo to Melissa. It will be returned to you after the contest has finished.

Chalk It Up to Grandparents

Join us outside in the courtyard on Saturday, September 12th from 8-10 am as we watch children write special messages and drawings in chalk under the Ramada for our residents to enjoy.

Puttin' On the Ritz Dinner



Bobbi and Jackie



Ed and Leahrae



Peter and Murray



Jean

National Assisted Living Week

National Assisted Living Week (NALW) provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. NALW is **September 13th-19th** this year. As always, Grandparents Day kicks off this annual event on Sunday, September 13th.

"Caring is EssentiAL" is this year's theme for National Assisted Living Week, which highlights the incredible care provided by essential caregivers in assisted living facilities across

the country. This includes caregivers, servers, housekeepers, activity staff, concierge, maintenance and cooks. Every employee in Assisted Living is essential!

Be sure to look at your weekly calendar for the fun events planned for everyone during this week.



Puttin' On the Ritz Dinner



Helen and June



Dodie and Peter



Georgia and Jay



Charlotte and Jon

Employee of the Month ~ Rebecca Moreno



I was born and raised here in Arizona! I spent the earlier years of my life in the small towns of Superior and Miami, Arizona, before moving to Mesa, and then to Gilbert. I have two siblings: a younger brother who serves in the military, and a younger sister. This is my first housekeeping job, and I honestly love it! Before taking up this job I have been a horse trainer and a Software QA Analyst. I left my QA job to pursue my EMT/Paramedic education, as I have a passion for helping others when they need it most. I've been working with horses my whole life and started my first horse under saddle at age 10. After being a Paramedic for at least 2 years, I will qualify for the Bridge to RN program, and hopefully continue to serve in a retirement community setting. In my free time I practice my art and music, or take my horse on long rides. I've done oil painting and charcoal work, and try to improve by doing still life, life-like portrayals of people and animals, and landscapes. I was raised playing classical music on the violin, but transitioned into Celtic fiddle music in junior high. I draw a lot of inspiration from Ronan Hardiman who composed the music for Michael Flatley's Lord of the Dance.



A MOMENT IN OUR LIVES, FOREVER IN OUR HEARTS.

SEPT. 11

PATRIOT DAY

NATIONAL DAY OF SERVICE AND REMEMBRANCE

