

September 2020

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Artistic Expression Community Connections Continuing Education Lifestyle & Leisure Physical Engagement Spiritual Support	New Menus Handed Out 10:00 Let's Move It! Seated Exercise [AR] 1:00 Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 2:00 Chat with Jerry Lee (Executive Director) [DR] 5:00 Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	Web Wednesday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Popsicles on the Patio! [BY] 2:00 Arthur Keast Patio Concert 3:00 Fly Away to China - Small Group Sign Up at the Front Desk [AR]	10:00 Let's Move It! Seated Yoga [AR] 1:30 Dining Room BINGO! [DR] 3:00 Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk! 6:00 Zoom Meeting with Jerry	Funny Friday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Colorful Meditation [AR] 2:00 Scattergories- Word Recall Game [AR] 3:00 UNO- Small Groups- Sign Up at the Front Desk! [AR]	Menus Due to the Front Desk by 4:30pm Spirit Saturday- Sports Team Pride 10:00 Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [FL] 1:00 Nail Care with Amy- Sign Up at the Front Desk 3:00 "These Hands" Writing Project [AR]
Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	Move it Monday- Walk, Stretch, and Move it Today!	New Menus Handed Out 10:00 Let's Move It! Seated Exercise [AR] 1:00 Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 5:00 Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	Happy Birthday Jeannie H. Web Wednesday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Women's Club- 1st Meeting with Apple "Cookies" [AR] 2:00 Activity Planning Meeting [AR] 3:00 Fly Away to Cancun - Small Group Sign Up at the Front Desk [LI]	10:00 Let's Move It! Seated Yoga [AR] 1:30 Dining Room BINGO! [DR] 3:00 Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	Funny Friday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Sunshine Group Meeting [AR] 2:00 911 Documentary and Ice Cream Sandwiches [MR] 3:00 Paint With Me- Small Groups! Sign Up at the Front Desk! [AR]	Menus Due to the Front Desk by 4:30pm Spirit Saturday- Wear Red White and Blue Day! 10:00 Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [FL] 1:00 Nail Care with Amy- Sign Up at the Front Desk 3:00 Chocolate Milkshakes on the Patio [BY]
Assisted Living Week September 13th through 19th Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	Happy Birthday Eileen B. Happy Birthday Therese F. Move it Monday- Walk, Stretch, and Move it Today! 3:00 Monday Men's Motivation [FL]	New Menus Handed Out 10:00 Let's Move It! Seated Exercise [AR] 1:00 Chat with the Chef [DR] 2:00 Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 5:00 Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	Web Wednesday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Small Group Crafting! - Sign up at the Front Desk! [BY] 3:00 Fly Away to France - Small Group Sign Up at the Front Desk [AR]	Happy Birthday Jean H. 10:00 Let's Move It! Seated Yoga [AR] 1:30 Dining Room BINGO! [DR] 3:00 Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	Funny Friday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Colorful Meditation [AR] 2:00 Shuffle Board [AR] 3:00 UNO- Small Groups- Sign Up at the Front Desk! [AR]	Menus Due to the Front Desk by 4:30pm Spirit Saturday- Crazy Hair Day! 10:00 Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [FL] 1:00 Nail Care with Amy- Sign Up at the Front Desk 3:00 "These Hands" Writing Project Completion [AR]
Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	Move it Monday- Walk, Stretch, and Move it Today! 1:00 Welcome Committee Meeting [FL] 1:30 Flu Shot Clinic [AR]	New Menus Handed Out 10:00 Let's Move It! Seated Exercise [AR] 1:00 Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 Don't Fall into Fall Ice Cream Social [DR] 5:00 Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	Happy Birthday Dale B. Web Wednesday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Women's Club [AR] 2:00 Scattergories- Word Recall Game [AR] 3:00 Fly Away to Kenya - Small Group Sign Up at the Front Desk [AR]	10:00 Let's Move It! Seated Yoga [AR] 1:30 Dining Room BINGO! [DR] 3:00 Scenic Drive with Maureen - Small Groups Sign Up at the Front Desk!	Funny Friday 9:30 Men's Fishing Trip to McDebbies Farm 10:00 Let's Move It! Seated Exercise [AR] 1:00 Chips, Dip and Trivia! [FL] 3:00 Paint With Me- Small Groups! Sign Up at the Front Desk! [AR]	Menus Due to the Front Desk by 4:30pm Spirit Saturday- Wear Your Favorite Color! 10:00 Mingling and Munchies- Small Groups- Sign Up at the Front Desk! [FL] 1:00 Nail Care with Amy- Sign Up at the Front Desk
Story Starter Sunday- Pick up and drop off at the Front Desk if you Would Like to Share your Stories	Move it Monday- Walk, Stretch, and Move it Today!	New Menus Handed Out 10:00 Let's Move It! Seated Exercise [AR] 1:00 Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR] 3:00 Coffee and Biscotti on the Patio 5:00 Golf Card Game- Small Groups- Sign Up at the Front Desk [AR]	Web Wednesday 10:00 Let's Move It! Seated Exercise [AR] 1:00 Small Group Crafting! - Sign up at the Front Desk! [BY] 3:00 Fly Away to New Zealand - Small Group Sign Up at the Front Desk [AR]	Location Keys Activity Room AR Back Yard BY Dining Room DR Fireside Lounge FL Library LI Media Room MR		