

## Employee Spotlight

Judy was born and raised right here in Sacramento and is the youngest of three siblings (one sister and one brother). Her mother was a third-grade teacher and her father worked for Prudential Insurance. With her mom having the summers off, Judy has great memories of the family going camping, boating at Folsom Lake or Lake Tahoe, and backpacking in Desolation Valley.

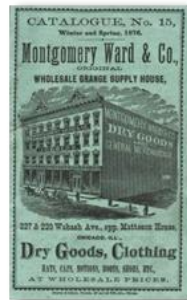
Judy attended Foothill High School in Sacramento, and then on to junior college at American River College in Sacramento, and then finished with her major in Sociology in southern California. She married her high school sweetheart, Tim, and they built their own home and lived there for eight years before moving back to northern California (Foresthill and Auburn), to be near family again. Judy worked as a Stenographer/Executive Secretary (anyone remember Shorthand?!) for the Department of Forestry in Auburn (known as Cal Fire now). Their daughters, Jocelyn and Michelle, were raised in Foresthill and the family enjoyed all their activities, which were many -- Swim Team, Softball, Girl Scouts, Dance, Basketball, and Cross-Country running. Judy said Foresthill was such a great place to raise the kids, being near the river, lakes, and away from the city, and enjoying the benefits of living in a small town -- but, of course, with a few drawbacks, one being the 30-minute drive on a winding, sometimes, snowy road to Auburn to get them to high school (the high school had not been built yet in Foresthill) and herself to work!

Judy retired from the State in 2015 but didn't want to stop working completely so she remembered her mom had looked at a few senior living communities and thought it would be a perfect place for her to work. But just a couple of days a week instead of five! She loves her job here at Campus Commons, but most importantly, loves interacting with the residents and listening to all their interesting stories!

## Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm Saturday & Sunday 9:00am-5:00pm  
Office 916-929-3966 Fax 916-929-3627  
Tonya/Activities Office 916-929-6003  
Van/Transportation Cell 916-468-3091  
**After Hours Cell 916-468-3092**  
Dining Room 916-921-5998  
Police Non-Emergency 916-264-5471  
**Adult Protective Services 916-874-9377**  
Emergency & Fire 911  
Comcast Cable 1-800-266-2278  
AT&T 1-800-310-2355  
Paratransit 916-429-2744  
Yellow Cab 916-444-2222  
Beauty Salon Jane Ma 916-223-9658  
Wednesday-Saturday (temp. closed)  
Clean Touch Dry Cleaning 916-366-6666  
Pick-up & drop-off Monday & Thursday

## Mighty Mail-Order



On August 18, 1872, Aaron Montgomery Ward mailed out a catalog detailing the wares he had for sale at his dry goods business in Chicago. His 8 X 12-inch pricing sheet was the world's first mail-order catalog. Ward believed that people living in rural communities wanted city goods and that he could provide them at an affordable cost. He mailed his goods from Chicago to rural train stations, where customers could pick them up. Country folk loved the wide selection of goods Ward was able to offer, and his idea gathered steam over the next few years. Rural retailers tried to thwart his success by burning the catalogs, to no avail. By 1883, Ward's modest pricing sheet had become a 240-page "Wish Book" filled with 10,000 items. Ward had become the titan of the mail-order business.

# CAMPUS COMMONS

22 Cadillac Drive, Sacramento, CA 95825 \* 916-929-3966 [www.RayStoneSeniors.com](http://www.RayStoneSeniors.com)



## Christine Comments

As we head into August with no end in sight with this pandemic, we can only do our best to stay focused to that small light at the end of this very long and dark tunnel. I keep telling myself "this is not forever." I am with you and I support all of you for wanting things to go back to normal. All I can say now is (again), hang in there and keep doing what you are doing as we continue to have no known reported cases within our community. But... housekeeping did get an upgrade from no beds to making beds again. That is progress!

The trees finally got trimmed on July 31<sup>st</sup>. We usually have this done in April, but with the whole shut down, we got put on hold. Hopefully, you can all see out your windows a little better now.

Many of you may know we lost a beloved resident last month. Vonnie Fouch moved into Campus Commons on November 1<sup>st</sup>, 2012. She was 104 years old! Her friend and wonderful care provider, Lupe Robbins was by her side. She will be missed by all of us.

Until this last mandate lifts, plans for dining room meals is on hold. However, we have received the plastic partitions and are working on them to be installed so that once we hear we can dine in the dining room, we will be ready.

I know the middle elevator has been a bone of contention with many of you. I get it and I hear you. But please do not yell at us because the elevator is not working. When the experts tell us a part is ordered, we trust them. Unfortunately, the part that was received on July 17<sup>th</sup> was not the right one, so they had to order another part and it was fixed and up and running on July 22<sup>nd</sup>. Be thankful we have two other elevators. Let's focus on what we do have. It's too easy for us to focus on all the bad things that's going on in this world. Let's keep our glass half full and not half empty!

I sure hope August is good to you. Take care and be safe!

## Team Campus

Christine Pesola  
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Transportation Driver

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Charlene Wickizer, Marcy Solis &  
Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer,  
Carol Haran, Evening Porters

Brian Thomas, Chef Manager  
Sodexo Senior Services  
[Brian.Thomas2@sodexo.com](mailto:Brian.Thomas2@sodexo.com)

## Community Updates & Reminders



Back in June we put out a survey requesting your feedback of what dinner time you prefer when we do open our dining room. I have heard from most of you and as predicted, most want the later time. We will have to make some adjustments as not everyone will get their choice. No word when the dining room will reopen.

We have not been given the green light from our home office about transportation and opening the library. With this latest closure of the beauty salon, everyone is stepping back and reevaluating things. For the few days she was here, it was sure good to see Jane. I hope most of you were able to get in and see her before she had to close again. As soon as I know when things will lift, you will be the first to know.

For those that would like books from the library, we would be happy to go in and get what you like. We have been doing this for several residents over the last four months. Please call the office and let us know.

Please remember to use your apartment numbered magnets when doing your laundry. We have had reports of resident's laundry being taken out of machines. If you have come across items that do not belong to you, please bring them to the office so we can attempt to get them to the rightful owner.

The latest survey put out on July 21<sup>st</sup> is regarding an option for grab and go meal pick up. If you have not returned your survey, please do so as soon as possible. It appears the majority would continue to have their meals delivered with about 20 residents wanting grab and go and another 5-7 for an option of both. Once we get a final number, we can put a plan in place.

## August Birthdays

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.

Paige G. Small, August 4<sup>th</sup>  
 Ruth Baker, August 6<sup>th</sup>  
 Notch Parino, August 8<sup>th</sup>  
 Ron Rasmussen, August 17<sup>th</sup>  
 DD Despard, August 22<sup>nd</sup>  
 Nat Linenberger, August 27<sup>th</sup>  
 Senova Lamothe, August 27<sup>th</sup>  
 Eleanor Witter, August 31<sup>st</sup>

## Campus Anniversaries

Annelise Nugent – 16 years  
 Bill Becker – 8 years  
 Elsie Beebe – 6 years  
 Nancy Millin – 5 years  
 Al Barber – 2 years  
 Betty Cable – 2 years  
 Myra Alpert – 1 year  
 Daphne Wood – 1 year

## Welcome New Residents

Gloria L. #146 – July 27th  
 Patsy B #105 – August 6th



## We have Volunteers!

One of our latest residents, **Dorothy Wooldridge**, has years of experience as a volunteer with the County voter process. She has staffed the regular polls and the new voter information centers that opened for the last election and has done voter registration projects. She thought some residents might not have had the chance to update their voter information, so she got a new supply of registration forms for anyone who might need to make a change. You can call or text her at 916-212-9283 to request one, and she will leave it in your red bag or meet with you, properly masked, to go over the process.

Dorothy has also agreed to take on our Meet Your Neighbor project for the newsletter. Now that we are so separated it seems especially important to help us get to know one another as a community. She would love to hear your story, and share it with others, so give her a call and set up an interview appointment. And if there is someone you are curious about, ask Dorothy to see if she can get that story. (She has done this kind of work before, so your secrets are safe with her.)

Another volunteer is **Genelle Palmer**, who is hosting a Read Aloud hour every Thursday at 1pm. Genelle has professional experience recording audio books, and several residents asked if she

would use her skills to widen our activities a bit. She says it took some work to coordinate the mask and the microphone during the first sessions, but it is now going well. She is mostly doing short stories, and if there is something you would like to hear just let her know.



## Financial Scams Targeting Seniors – Funeral & Cemetery Scams

The FBI warns about two types of funeral and cemetery fraud perpetrated on seniors.

In one approach, the scammers read obituaries and call or attend the funeral service for a complete stranger to take advantage of the grieving widow or widower. Claiming the deceased had an outstanding debt with them, scammers will try to extort money from relatives to settle the fake debts.

Another tactic of disreputable funeral homes is to capitalize on family members' unfamiliarity with the considerable cost of funeral services to add unnecessary charges to the bill. In one common scam of this type, funeral directors will insist that a casket, usually one of the most expensive parts of funeral services, is necessary even when performing a direct cremation, which can be accomplished with a cardboard casket rather than an expensive display or burial casket.

## What Am I?

(The answer to July's What Am I? is Sunscreen)

1. I've existed, albeit in primitive forms, for centuries.
2. I traveled via the Romans' aqueduct system.
3. An emperor had a mountain built for me.
4. The philosopher Seneca thought I was only for the weak.
5. I figure into many architectural plans.
6. In the past, I've been powered by horses, wind power, and steam.
7. I was a comfort to President James Garfield.
8. An important piece of my history lives in the Smithsonian's National Museum of American History.
9. I made my public debut at the 1904 World's Fair.
10. People will pay a high price to have and keep me.