

Let's Learn Together

honey bee facts

- honey bees are not native to the US (they're European)
- 1/3 of our diet relies on honey bees
- a bee is not born knowing how to make honey, she is taught by the older bees
- worker bees are female and drones are male bees
- worker bees do the work (working in the hive, foraging, pollinating, etc.), while male bees purpose is to mate with the queen
- workers outnumber drones 100:1



SOURCES:
Grad, Philip. "Bee Hive Hierarchy and Activities." Big Island Bees, 19 May 2010. bigislandbees.com/blog/bee-blog/14137353-bee-hive-hierarchy-and-activities.
"Honey Bee Life Span: Life Cycle & Stages of Honeybees." Orkin.com, www.orkin.com/singing-peets/bee/honey-bee-life-span.
"Honey Bee Trivia." Maine State Beekeepers Association, 8 Aug. 2012. mainstatebees.org/information-for-the-general-public/honey-bee-trivia/. Accessed 6 May 2019.

Knowledge is free, let's continue getting it!

Activity Room opens daily
10am-4pm

Dining Room open daily
7am, 11:30am & 4:30pm

GYM opens
Tues, Thurs & Sat
11am

Courtyard Visits
Tues to Sat
(appt required)



We took a trip to Jamaica, thanks Austin for going with us.



This Lovely Lady celebrated 99 this year! HBD

*"If you're always trying to be normal,
you will never know how amazing you
can be"*
-Maya Angelou



Kingston Bay Senior
Living
September
2020

6161 West Spruce Avenue
Fresno, CA 93722

National Dog Day



Meet Tinker Bell one of our Fur friends. She paid us a visit on 8/26/2020 and brought smiles to those that saw her. Thank you Tinker Bell & her mom Lydia for all the support.




We love our Sunflowers, Thank you Sweet Thistle Farms

Happy Birthday September Residents:

09/06 Norma M
09/17 Frank S
09/19 Coetta H
09/21 Shirley G
09/22 Betty C
09/22 Sally N
09/26 Betty p
09/27 Gloria C

We wish you all a very special birthday!

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
				9:00 SS Morning Devotions/ The Daily News 1 10:00 30 Minute Zumba 10:30 CE Sensory Games 1:30 BINGO 3:00 Tuesday Tai Chi with Bree 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 2 10:00 30 Minute Zumba 10:30 CE Sensory Games 1:30 CC Hangman 3:00 PE Music Therapy 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 3 10:00 30 Minute Zumba 10:00 Morning Zumba Time 10:30 CE Sensory Games 1:30 AE Art Class 2:00 Happy Hour 5:30 LL Movie Mania		National Wildlife Day 4 9:00 SS Morning Devotions/ The Daily News 10:00 30 Minute Zumba 10:00 Morning Zumba Time 10:30 CE Sensory Games 1:30 AE Book Club: Learn about the wildlife 3:00 Friday Tai Chi with Bree 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 5 10:00 30 Minute Zumba 10:00 Morning Zumba Time 10:30 CE Sensory Games 1:30 Paper Art 3:00 White Board Hangman 5:30 LL Movie Mania			
		National Coffee Ice Cream Day 6 9:00 SS Morning Devotions/ The Daily News 10:00 30 Minute Zumba 10:00 Morning Music & Meditation 10:30 CE Sensory Games 1:30 Card Games 3:00 Sunday Inspirations 5:30 LL Movie Mania		Labor Day 7 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Art Class 3:00 Manic Monday Trivia 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 8 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 BINGO 3:00 Tuesday Tai Chi with Bree 5:30 LL Movie Mania		National Teddy Bear Day 9 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 CC Hangman: Bear Necessities 3:00 PE Music Therapy 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 10 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Art Class 2:00 Happy Hour 5:30 LL Movie Mania		Patriot Day 11 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Book Club: Remember America 3:00 Friday Tai Chi with Bree 5:30 LL Movie Mania		National Chocolate Milkshake Day 12 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Paper Art 3:00 White Board Hangman 5:30 LL Movie Mania	
		National Grandparents Day 13 9:00 SS Morning Devotions/ The Daily News 10:00 Morning Music & Meditation 10:30 CE Sensory Games 1:30 Card Games 3:00 Sunday Inspirations 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 14 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Art Class 3:00 Manic Monday Trivia 5:30 LL Movie Mania		National Green Peace Day 15 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 BINGO 3:00 Tuesday Tai Chi with Bree 5:30 LL Movie Mania		National Guacamole Day 16 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 CC Guac Time to party 3:00 PE Music Therapy 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 17 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Art Class 2:00 Happy Hour 5:30 LL Movie Mania		National Cheeseburger Day 18 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Book Club 3:00 Friday Tai Chi with Bree 5:30 LL Movie Mania		National Pirate & Pizza Day 19 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Pirates Pizza Party 3:00 White Board Hangman 5:30 LL Movie Mania	
		9:00 SS Morning Devotions/ The Daily News 20 10:00 Morning Music & Meditation 10:30 CE Sensory Games 1:30 Card Games 3:00 Sunday Inspirations 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 21 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Art Class 3:00 Manic Monday Trivia 5:30 LL Movie Mania		National Ice Cream Cone Day 22 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 BINGO & Ice Cream Cones 3:00 Tuesday Tai Chi with Bree 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 23 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Hangman 3:00 PE Music Therapy 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 24 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Art Class 2:00 Happy Hour 5:30 LL Movie Mania		National Quesadilla Day 25 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 AE Let's Make Quesadillas 3:00 Friday Tai Chi with Bree 5:30 LL Movie Mania		National Fishing Day 26 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Fish Games: Get Hooked 3:00 White Board Hangman 5:30 LL Movie Mania	
		9:00 SS Morning Devotions/ The Daily News 27 10:00 Morning Music & Meditation 10:30 CE Sensory Games 1:30 Card Games 3:00 Sunday Inspirations 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 28 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Art Class 3:00 Manic Monday Trivia 5:30 LL Movie Mania		National Coffee Day 29 9:00 SS Morning Devotions/ The Daily News 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 BINGO 3:00 Tuesday Tai Chi with Bree 5:30 LL Movie Mania		9:00 SS Morning Devotions/ The Daily News 30 10:00 30 minute Zumba 10:30 CE Sensory Games 1:30 Hangman 3:00 PE Music Therapy 5:30 LL Movie Mania		<div><div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle &Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div><div>Healthy Snacks & Hydration offered throughout each day!</div></div>					