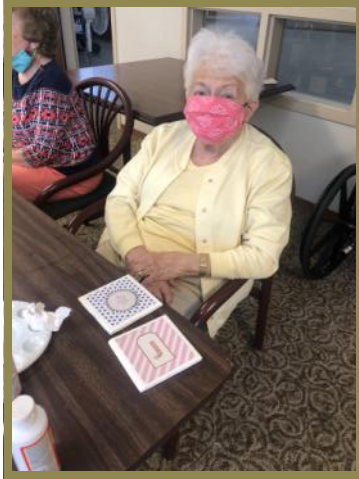


September

A Note From Our Director



We are leaving the dog days of Summer here in Spokane as we head into September and Labor Day. I know Chef Mike is getting something ready for that holiday to eat. He will be planning a great BBQ! I want to thank all of you for all of your support through this pandemic. I want to encourage residents to socialize and talk to each other and engage in our activities. We have had a loss in the Moran Vista Family. We recently found out that our maintenance director Kellie Grabow has passed away. Kellie has been here at Moran Vista for 10.5 years. There are so many great things that I remember about Kellie and her energy was contagious she was always moving and always cared for the residents. We will all miss her and it will be hard not to have her here. We pray for her and her family at this time. I wish all of you a very great September. Remember that we are family here at Moran Vista and we have each other for support. “We have to surrender ourselves to the Lord with faith and devotion, serve others to the best of our capacity, and never be a source of sorrow to anybody ”

*Blessings,
Andrew Steighner*



Resident of the Month:

Gayle C

When did you move to Moran Vista?

Gayle moved into Moran Vista at the beginning of August .

What do you like the most about living at Moran Vista?

Gayle loves the quietness and the lack of interruption the community offers. He appreciates all the hardworking staff, and enjoys his tablemates.

What did you do before retiring?

Gayle was a local truck driver for Safeway, he worked for that company roughly 35 years. When he wasn't on the big rig, he was helping his beautiful wife raise 6 children.

If you had one Super Power, what would it be?

Gayle answered this question with a small chuckle and an "OH BOY!" He said "the best super power to have is being a great father."

What is your favorite food?

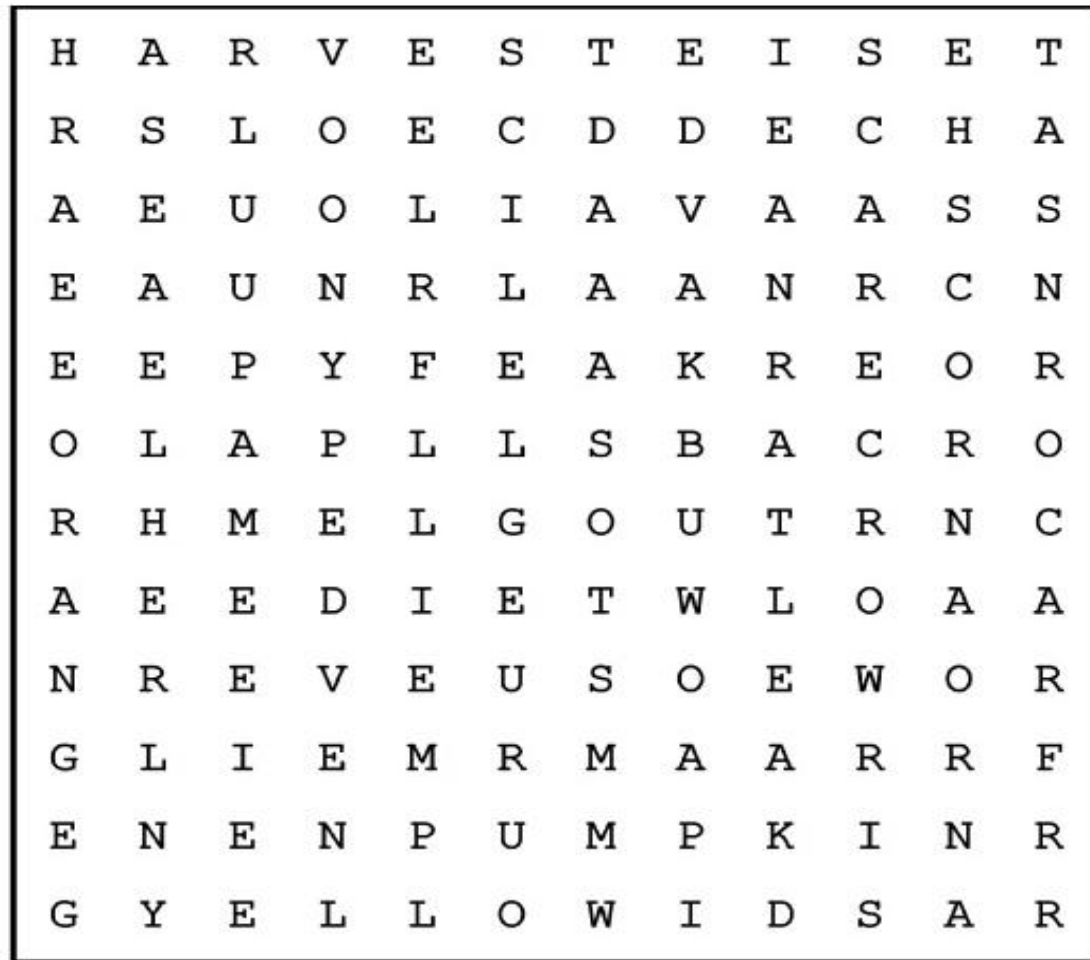
A big ol' cheeseburger and a side of fries.

Welcome to Moran Vista, Gayle!
Were glad you're here!



FUN FALL WORD SEARCH

Find each of the fall words hidden below.



WORDS TO FIND:

pumpkin	harvest
yellow	apples
scarecrow	hayride
autumn	red
leaves	Thanksgiving
sunflower	football
acorns	orange
corn	



Andrew Steighner
Executive Director

Tali Rinaldi
Community Relations
Coordinator

Ryan Walker
Director of Health
Services

Debra Gayler
Resident Care
Coordinator

Julie Jorgensen
Resident Care
Coordinator

Terrie Colvin
Office Manager

Michael Wieber
Dietary Manager

Rachel White
Life Enrichment
Coordinator

Housekeeping &
Maintenance Director

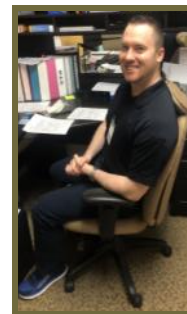
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Receptionist

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MORAN VISTA
SENIOR LIVING

Nurse's Notes

Ryan Walker, RN



Hello everyone. Happy end of summer!

We have been lately experiencing the hottest temperatures this year and I would like to remind you all to stay well hydrated. Keep that extra drinking glass available on your counter and drink, drink, drink!

Wear a hat, if you have one, when you go outside and stay in the shade.

We will soon be performing another round of Covid-19 testing, just like the last time when we did the nasal swabs. The testing supplies have arrived from the department of health and I am coordinating with my staff the best way to carry out the testing. If you have any questions regarding the testing, feel free to ask. We will come to you when it is time, so you need not worry about it.

Thank you all for continuing to practice good hygiene and common sense when it comes to the spread of germs. We have been one of the standout communities in this regard. Take care everyone and many blessings.

Sincerely,

Ryan Walker, RN

