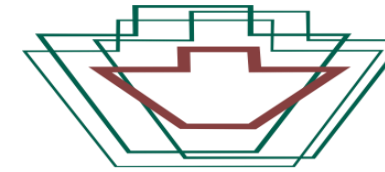






Holistic Harbors Assisted Living

September 2020



**Keystone
Commons**
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme <i>EXPLORING GREAT ARTISTS</i></p>	<p>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p>1 1- Ancient Art- 15,000 BC 9:30- Daily Chronicle-2nd Floor 10 person limit 10:30-Rusty in the Courtyard 1:30-2:30- Happy 100th Birthday JEANNE MARSHALL Swing by and sign her card and wish her well- 2nd Floor Fireside Room 3:00- Cave Painting- Painting with Symbols and mud</p>	<p>2 9:30- Coffee Talk-2A 10:30- Morning Exercise- 3rd Floor Scenic Rides throughout the day 5 person slots- Sign up with Activities 12:30- Rosary- 2nd Floor 10 person limit In Room- Jeopardy 2:00pm- 25 Cent Bingo-3rd Floor 3:00- Wii Bowling- Theater 4 person limit</p>	<p>3 9:30- Concentration Puzzles-2A 10:30- Drumming in the Halls 1:00- Manicures by appointment 2nd Floor Act Room 2:00- Table Top Shuffleboard-2nd Floor 3:00-Happy Hour Door to Door</p>	<p>4 9:30- Smile Club Notes-2A 10:30- Fitness Dice-2A 1:00- Puzzles-2A 1pm- Documentary on Big E Theater Popcorn Club 10 person limit 3:00-Art Table Talk-2A</p>	<p>5 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>6 <i>Day of Rest and Face Timing with Families If you need assistance Danielle is in the building from 9-3pm</i></p>	<p>7 Renaissance </p>	<p>8 9:30- Daily Chronicle-2A 10:30- Patty Carver Performs Courtyard 10 person limit 2:00- Painting Background for Renaissance Photo-OP 3:00-Renaissance Photo Shoot 3rd Floor Act Room</p>	<p>9 10:30- Morning Exercise- 3rd Floor Scenic Rides throughout the day 5 person slots- Sign up with Activities 12:30- Rosary- 2nd Floor 10 person limit In Room- Jeopardy 2:00pm- Art History Bingo Bingo-3rd Floor 3:00- Wii Bowling- Theater 4 person limit</p>	<p>10 9:30- Smile Club Notes-2A 10:30- Virtual Tour - Art Museum Tour- Theater 1pm- Drumming in the Hallway 2pm- Manicures done by appointment- Call Activities to schedule a time- in the Act Rm 3:00-Afternoon Happy Hour Stonybrook Door to Door <i>Farmer's Market Cart</i></p>	<p>11 9:30- News and Views-2A 10:00- Easy Stretching-2A 10:30- Bubble Talk- Funny Artwork 2pm- Patrick Tobin Performs in the Courtyard 3:00- How Many words in a Word</p>	<p>12 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>13 <i>Day of Rest and Face Timing with Families If you need assistance Danielle is in the building from 9-3pm</i></p>	<p>14 Impressionism 9:30- Musical Bingo-2A 10:00- Sittercize-2A 10:30- Communion in the Courtyard 2:00- Pokeno- 3rd Floor 3:30- Documentary "The Impressionists"- 3rd Floor 10 person limit 3:00-Wii Bowling- Theater- 4 person limit</p>	<p>15 9:30- Daily Chronicle-2A 10:30- Johnny P Performs - Courtyard 1:00- Palette Cupcake Bar- IL Dining Room 2:00-Paint Impressionist Style- 3rd Floor Act Room 3:00- Blackjack (dollar buy-in)-3A 3:00- Uno Attack-2A</p>	<p>16 10:30- Morning Exercise- 3rd Floor Scenic Rides throughout the day 5 person slots- Sign up with Activities 12:30- Rosary- 2nd Floor 10 person limit In Room- Jeopardy 2:00pm- Curiosity Never Killed the Cat- Special Speaker- Courtyard 3:00- Wii Bowling- Theater 4 person limit</p>	<p>17 9:30- Smile Club Notes-2A 10:30- Drumming in the Hallway- 3rd Floor 1pm- Manicures done by appointment- Call Activities to schedule a time- in the Act Rm 3:00- Book Club- 3rd Floor 10- person limit 3:00-Afternoon Happy Hour Stonybrook Door to Door</p>	<p>18 9:30- News and Views-2A 10:00- Easy Stretching-2A 10:30- Comedy Club- 3rd Floor Hall 1pm- Afternoon Matinee- Van Gogh- At Eternity's Gate- Theater Popcorn Club 10 person limit 3:00- Brain Games-2A</p>	<p>19 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>20 <i>Day of Rest and Face Timing with Families If you need assistance Danielle is in the building from 9-3pm</i></p>	<p>21 Cubism 9:30- How many words in a word-2A 10:00- Sittercize-2A 10:30- Communion in the Courtyard 2:00- Pokeno- 3rd Floor 3:30- Documentary "The Impressionists"- 3rd Floor 10 person limit 3:00-Wii Bowling- Theater- 4 person limit</p>	<p>22 Autumn Begins 9:30- Daily Chronicle-2nd Floor 10 person limit 10:30- Rusty in the Courtyard 11:30- Monthly Birthday Luncheon-P 2:00- Paint and Sip- 3rd Floor Picasso Inspired Portraits 3:00 Cake Delivered Door to Door</p>	<p>23 10:30- Morning Exercise-3rd Floor 12:30- Jeopardy- 3rd Floor 10 person limit Scenic Rides throughout the day 5 person slots- Sign up with Activities 12:30- Rosary- 2nd Floor 10 person limit 2:00- Bingo- 3rd Floor 3:00- Wii Bowling-Theater 4- Person Limit</p>	<p>24 9:30- Smile Club Notes-2A 10:30- Picasso Puzzle Party 1pm- Manicures done by appointment- Call Activities to schedule a time- in the Act Rm 3:00- Writing Club-3rd Floor 10-Person Limit 3:00-Afternoon Happy Hour Stonybrook Door to Door</p>	<p>25 9:30-News and Views-2A 10:00- Easy Stretching-2A 10:30- Become Artwork Photo Shoot 1pm- Afternoon Matinee- "Genius Picasso" Popcorn Club 10 person limit 3:00- Round Table Art Talk-2A</p>	<p>26 <i>Visit the Bored Board for a craft and things to do</i></p>
<p>27 <i>Day of Rest and Face Timing with Families If you need assistance Danielle is in the building from 9-3pm</i></p>	<p>28 Pop Art 9:30- Who was Andy Warhol?-2A 10:00- Sittercize-2A 10:30- Communion in the Courtyard 1:00-Resident Council 2A 2:30- Dave Colucci Performs 3:30- Documentary Andy Warhol- 3rd Floor 3:00-Wii Bowling- Theater</p>	<p>29 9:30- Daily Chronicle-2A 10:30- Big Ball Bowling- 3rd Floor 1:00- Cider and Donuts Bar Outside IL Dining Room 2:00- Pop Art Making-3rd Floor 3:00- Horse Racing-3rd Floor</p>	<p>30 10:30- Morning Exercise-3rd Floor Scenic Rides throughout the day 5 person slots- Sign up with Activities </p>			<p>Activity Location Key A-Activity Room T- Theater P- Pub FL-Front Lobby C- Courtyard F- Fireside Room B- Billiard Room</p>