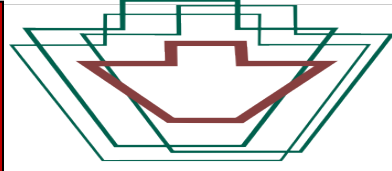




MEMORY CARE SEPTEMBER 2020



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Activities are Subject to Change Amy Creasia Programming Specialist ACreasia@keystonesenior.com</p>	<p>Everyday Activities 9:00- Coffee Chat 11:00- Table Set 2:30- Snack 4:00- Table Set 7:00- Classical Music</p>	<p>1 Ancient Art 9:30- Strength Training 10:30- Rusty in the Courtyard 1:00- Ancient Art Discussion and Roll a Vase 2:00- Afternoon Matinee 4:00- Whistle While We Work</p>	<p>2 Rock in Roll Day 9:30- Drumming with Marilyn 10:30- Collaborative Craft 1pm Scenic Ride 2:30- Rockin Bingo 3:30- Rock Photos and Root Beer Floats</p>	<p>3 9:30- Exercise 10:30- A to Z Game 1:00- Manicures and Melodies 2:00- Happy Hour 3:00- Musical Bingo</p>	<p>4 9:30- Meditation and Massage 10:30- Making Salt Dough Sculptures 1:00- Painting Salt Dough Sculptures 2pm Afternoon Virtual Tour 3:30- Word Puzzles and More</p>	<p>5 9:00- Spiritual Music 10:00- Relaxing Massage 11:15- Keystone Cruisers 1:00- Popcorn Club 3:00- TableTop Tasks 6:00- Chorus Practice</p>
<p>6 10:00- Chalice of Salvation 10:45- Sing Along 1:00- Chair Yoga 2:00- Penny Ante 3:30- Picture Books and Puzzles 6:00- Soothing Music and Massage</p>	<p>7 Labor Day Renaissance Art 9:30- Exercise 10:00- Message and Meditation 11:00- What's my Job? 1:00- Craft Corner 2:00- Toss and Talk 3:30 Funny Baby Videos</p>	<p>8 9:30- Strength Training 10:30- Patty Carver Performs 1pm- Woodworking 2:00- Afternoon Matinee 4:00- Whistle While We Work</p>	<p>9 9:30- Drumming with Marilyn 10:30- Art Critique- Renaissance 1pm Scenic Ride 2:30- Bingo 3:30- Shake a Memory</p>	<p>10 9:30- Exercise 10:30-Fruits of the Harvest Baking 1:00- Manicures and Melodies 2:00- Happy Hour 3:00- Horse Racing</p>	<p>11 9:30- Meditation and Massage 10:30- Feel Good Stories 1:00-Comedy Club 2pm Patrick Tobin Performs in the Courtyard Art Museum Tour 3:30- Hang Man</p>	<p>12 9:00- Spiritual Music 10:00- Relaxing Massage 11:15- Keystone Cruisers 1:00- Popcorn Club 3:00- TableTop Tasks 6:00- Chorus Practice</p>
<p>13 10:00- Chalice of Salvation 10:45- Sing Along 1:00- Chair Yoga 2:00- LCR 3:30- Picture Books and Puzzles 6:00- Soothing Music and Massage</p>	<p>14 Impressionism 9:30- Exercise 10:30- Communion in the Courtyard 11:00- Table Talk-UNO 1:00- Craft Corner- Monet 2:00- Toss and Talk 3:30 Funny Dog Videos</p>	<p>15 9:30- Strength Training 10:30- Johnny P Performs 11:00- Table Talk- Word Searches 2:00- Afternoon Matinee 4:00- Whistle While We Work</p>	<p>16 9:30- Drumming with Marilyn 10:30- Collaborative Craft 1pm Scenic Ride 2:00pm- Curiosity Never Killed the Cat- Special Speaker- Courtyard 3:30- Bubble Talk- Funny Artwork</p>	<p>17 9:30- Exercise 10:30- Yahtzee 1:00- Manicures and Melodies 2:00- Happy Hour 3:00- Pizza Toss Game Pizza for Dinner</p>	<p>18 9:30- Meditation and Massage 10:30- Apples to Apples 1:00- Baking- Apple Pies 2:00 Afternoon Virtual Tour 3:30- Word Puzzles and More</p>	<p>19 9:00- Spiritual Music 10:00- Relaxing Massage 11:15- Keystone Cruisers 1:00- Popcorn Club 3:00- TableTop Tasks 6:00- Chorus Practice</p>
<p>20 10:00- Chalice of Salvation 10:45- Sing Along 1:00- Chair Yoga 2:00- Dominos 3:30- Picture Books and Puzzles 6:00- Soothing Music and Massage</p>	<p>21 Cubism 9:30- Exercise 10:30- Communion in the Courtyard 11:00- Table Talk-Nickels 1:00- Craft Corner 2:00- Parachute Fun 3:30 Travel Videos</p>	<p>22 9:30- Strength Training 10:30- Rusty in the Courtyard 11:00- Table Talk- Adult Coloring 11:30- Monthly Birthday Luncheon 2:00- Afternoon Matinee 3:00 Cake Delivery for Birthdays</p>	<p>23 9:30- Drumming with Marilyn 10:30- Prayer Group 11:00- Table Talk- Words in a word 1pm Scenic Ride 2:30- Bingo 3:30- Penny Ante</p>	<p>24 9:30- Exercise 10:30- Picasso Portraits 1:00- Manicures and Melodies 2:00- Happy Hour 3:00- Baking Bread</p>	<p>25 9:30- Meditation and Massage 10:30- Chef's Club- Macaroni and Cheese and Salad 12pm- Family Luncheon 2:00- Afternoon Virtual Tour 3:30- Hang Man</p>	<p>26 9:00- Spiritual Music 10:00- Relaxing Massage 11:15- Keystone Cruisers 1:00- Popcorn Club 3:00- TableTop Tasks 6:00- Chorus Practice</p>
<p>27 10:00- Chalice of Salvation 10:45- Sing Along 1:00- Chair Yoga 2:00- Dominos 3:30- Picture Books and Puzzles 6:00- Soothing Music and Massage</p>	<p>28 Pop Art 9:30- Exercise 10:00- Communion in the Courtyard 11:00- Table Talk-Shake a Memory 1:00- Craft Corner 2:30- Dave Colucci Performs 3:30 Funny Videos</p>	<p>29 9:30- Strength Training 10:30- Adult Coloring- Warhol 1pm- Resident Council 2:00- Afternoon Matinee 4:00- Whistle While We Work</p>	<p>30 9:30- Drumming with Marilyn 10:30- Fact or Crap 11:00- Table Talk- Word Searches 1pm Scenic Ride 2:30- Doggie Pop Art Painting 3:30- Trivia Fun</p>			