

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce MM - Mindful Moments M - Music to My Ears S - Signature Events V - Vitality	Our Fall Festival is September 10th! Join us in the courtyard for carnival games, fried food, and fun for all!	1 V Swedish Workout K Tuesday Trivia CC Cherry Popover Day Relax & Recharge GG Wii Sports! M Card Club: Number Match Healthy Hands GF Categories Game Nighttime Traditions	2 V Balance K Toss and Talk CC Decadent Caramel Banana Cake Relax & Recharge A Color Collage GG Grocery Game Healthy Hands GF LifeShare Games! Nighttime Traditions	3 V Yoga Stretch K Mind Benders CC Resident Recipes: No Bake Avalanche Cookies Relax & Recharge A Woodworkers Club GG Ladderball Healthy Hands GF Pop Quiz!	4 V 80's Flashback K Pictionary CC Mint Juleps Relax & Recharge A Derby Hat Decorating GG Bingo M September Happy Hour Healthy Hands GF Horse Racing	5 V Swat Team M College Football Fight Songs CC Derby Pie Relax & Recharge A Horse Coloring S Kentucky Derby! Healthy Hands GG Velcro Catch Nighttime Traditions
6 V Stayin' Alive Disco Dance K Fast 4 CC Butterscotch Cookies Relax & Recharge A Warm Vanilla Sugar Scrub I Hymn Songs Healthy Hands GF Affirming Friends Nighttime Traditions	7 Labor Day V Move it Monday K Reminiscence: School Days CC Cake Mix Monday Relax & Recharge A Labor Day Activity: These Hands MM Nail Spa Healthy Hands GF Flower Arranging Nighttime Traditions	8 V Swedish Workout K Tuesday Trivia CC Grandma's Chocolate Chip Cookies Relax & Recharge A Sunflower Painting M Card Club: Go Fish Healthy Hands GF Word Scramble Nighttime Traditions	9 V Balance K Toss and Talk CC Apple Caramel Crunch Balls Relax & Recharge A Fall Leaf Garland GG Grocery Game Healthy Hands GF LifeShare Games! Nighttime Traditions	10 V Yoga Stretch K Mind Benders A Festival Sign Painting Relax & Recharge GF Meet Me In The Courtyard! S Fall Festival! Healthy Hands GF Family Feud! Nighttime Traditions	11 V 80's Flashback K Pictionary CC Chocolate Milkshakes Relax & Recharge A Fleece Blankets GG Bingo M September Happy Hour Healthy Hands GF Horse Racing	12 V Swat Team M Let's Talk About Sports CC Slow Cooker Saturdays: Apple Cinnamon Cobbler Relax & Recharge A Grandparent's Day Family Tree GG Wii Sports Healthy Hands GF Velcro Catch
13 Grandparents Day V Stayin' Alive Disco Dance K Fast 4 A Writing Fortunes Relax & Recharge CC Homemade Fortune Cookies S Celebrating Grandparents Day! I Hymn Songs Healthy Hands GF Affirming Friends	14 V Move it Monday K Football Team Logos CC Cake Mix Monday: Spiced Cake Relax & Recharge A Marble Painting MM Nail Spa Healthy Hands GF Flower Arranging Nighttime Traditions	15 V Swedish Workout Cheering Voices Rehearsal K Tuesday Trivia CC Coleslaw Salad Relax & Recharge GG Wii Sports! M Card Club: Uno Healthy Hands GF Categories Game	16 V Balance K Toss and Talk CC Taco Dip for Mexican Independence Day Relax & Recharge A Mini Pinatas GG Grocery Game Healthy Hands GF LifeShare Games!	17 V Yoga Stretch K Mind Benders CC Resident Recipes: Apple Dumplings Relax & Recharge A USA Trivia for Constitution Day GG Ladderball Healthy Hands GF Pop Quiz! Nighttime Traditions	18 Rosh Hashanah Begins V 80's Flashback K Pictionary CC Reese's Peanut Butter Cup Brownie Trifle Relax & Recharge A Fleece Blankets GG Bingo M September Happy Hour Healthy Hands	19 V Swat Team M College Football Fight Songs CC Slow Cooker Saturdays: Chocolate Butterscotch Lava Cake Relax & Recharge A Beaded Bracelets GG Wii Sports Healthy Hands GF Velcro Catch
20 V Stayin' Alive Disco Dance K Fast 4 CC Mini Pepperoni Pizzas Relax & Recharge A Fall Gratitude Leaves I Hymn Songs Healthy Hands GF Affirming Friends Nighttime Traditions	21 V Move it Monday K Reminiscence: School Days CC Cake Mix Monday Relax & Recharge GG Mini Golf in the Courtyard MM Nail Spa Healthy Hands GF Flower Arranging Nighttime Traditions	22 Fall Begins V Swedish Workout S Cheering Voices Coney and Riverboat K Tuesday Trivia Relax & Recharge A Rustic Wood Pumpkins M Painting Wooden Pumpkins Healthy Hands GF Categories Game	23 V Balance K Toss and Talk CC Browned Butter White Chocolate Blondies Relax & Recharge A Fall Pencil Trees GG Grocery Game Healthy Hands GF LifeShare Games!	24 V Yoga Stretch K Mind Benders CC Resident Recipes: Birthday Cupcakes Relax & Recharge A Birthday Card Making S September Birthday Bash! Healthy Hands GF Family Feud!	25 V 80's Flashback K Pictionary CC Cheddar & Chive Drop Biscuits Relax & Recharge S Hunting and Fishing Day GG Bingo M September Happy Hour Healthy Hands GF Horse Racing	26 V Swat Team M Lets Talk About Sports CC Slow Cooker Saturdays: Pineapple Upside Down Cake Relax & Recharge A Fall Leaf Candle Mason Jar GG Wii Sports Healthy Hands GF Velcro Catch
27 Yom Kippur Begins V Stayin' Alive Disco Dance K Fast 4 CC Melted Turkey & Swiss Sliders Relax & Recharge A Tissue Paper Fall Trees I Hymn Songs Healthy Hands GF Affirming Friends Nighttime Traditions	28 V Move it Monday K Football Team Logos CC Cake Mix Monday Relax & Recharge A Simple Mandalas MM Nail Spa Healthy Hands GF Flower Arranging Nighttime Traditions	29 V Swedish Workout S Cheering Voices VOA K Tuesday Trivia Relax & Recharge CC Pumpkin Cookies with Brown Butter Icing GG Wii Sports! Healthy Hands GF Word Scramble	30 V Balance K Toss and Talk CC Caramel Apple Cinnamon Rolls Relax & Recharge A Mulled Apple Cider GG Grocery Game Healthy Hands GF LifeShare Games! Nighttime Traditions	Daily Rhythm "About" Times: Morning 10:00 Vitality 10:30 Keeping it Sharp 11:00 Creative Cooking 11:30 Lunch Prep Early Afternoon: 1:00 Relax & Recharge 2:00 Artisans	Late Afternoon: 4:00 Musical Celebration 4:30 Healthy Hands/Dinner Prep Evening: 6:00 Gathering of Friends 7:00 Nighttime Traditions *Note: Life Stations can take place at any time throughout the day as part of the celebration.	September Birthdays: Marcia A. – 9/3 Diane G. – 9/7 Linda B. – 9/9 Jane H. – 9/10 Bill B. – 9/12 Rita S. – 9/12 Barb O. – 9/16 Bob H. – 9/19 Mary B. – 9/21