The Lakes of Monclova Health Campus Assisted Living

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CD - Clinical Distinction GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality		1 V 9:30 Trilogy Fit Exercise: Activity Room K 10:15 Card Bingo- Activity Room GG 1:30 Bingo Shop- AL Dining Room- Bring Your Tickets!! A 3:00 Let's Get Crafty- AR	9:30 Shopping Out 9:30 Video Fit Workout- Activity Room 1:30 Left/Right/Center- AR 3:00 Bingo: Health care Dining Room	9:30 Get Fit Exercise- Activity Room 3:15 Aim Games- Townsquare 6:00 Card Clubbers- AR	 9:30 Trilogy Fit Exercise - Activity Room 10:00 AL Resident Council- 400 Heron Lounge 10:15 Pokeno - Activity Room 1:30 Hangman- Activity Room 3:00 Happy Hour w/ Music Man and the Lady: in Townsquare 	9:00 Leisure Cart Pass 10:00 Card Bingo- Activity Room 1:30 Trivia Tea Time- TS K 3:00 Bunco Games- Activity Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	7 Labor Day 10:00 Trilogy Fit Exercise- Activity Room 10:30 Chef Circle: Activity Room 1:30 Leisure Cart Pass 1:30 Rosary- Activity Room K 3:00 Bingo: HC Dining Room	 9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room 1:30 Hosana Lutheran Church Service: Townsquare 3:00 Let's Get Crafty- AR 	9:30 Shopping Out 9:30 Video Fit Workout- Activity Room 1:30 Left/Right/Center- AR 3:00 Bingo : Health care Dining Room	9:30 Get Fit Exercise- Activity Room 3:15 Aim Games- Townsquare 6:00 Card Clubbers- AR	V 9:30 Trilogy Fit Exercise - Activity Room K 10:15 Pokeno - Activity Room K 1:30 Hangman- Activity Room	 9:00 Leisure Cart Pass 10:00 Card Bingo- Activity Room 1:30 Trivia Tea Time- TS 3:00 Bunco Games- Activity Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 11:00 Family Brunch 11:00-1:00 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	10:00 Trilogy Fit Exercise- Activity Room GG 10:30 Chef Circle: Activity Room 1:30 Leisure Cart Pass 1:30 Rosary- Activity Room K 3:00 Bingo: HC Dining Room	V 9:30 Trilogy Fit Exercise: Activity Room K 10:15 Card Bingo- Activity Room S 12:00 Eat, Greet & Taste of the Town DR I 2:00 Bible Study With Judy HERON A 3:00 Let's Get Crafty- AR	9:30 Shopping Out 9:30 Video Fit Workout- Activity Room 1:30 Left/Right/Center- AR 3:00 Bingo: Health care Dining Room	 9:30 Get Fit Exercise- Activity Room 10:00 Sisters of Notre Dame Communion (AL Lounge) 3:15 Aim Games- Townsquare 6:00 Card Clubbers- AR 	18 Rosh Hashanah Begins V 9:30 Trilogy Fit Exercise - Activity Room K 10:15 Pokeno - Activity Room K 1:30 Hangman- Activity Room	9:00 Leisure Cart Pass 10:00 Card Bingo- Activity Room 1:30 Trivia Tea Time- TS 3:00 Bunco Games- Activity Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	 10:00 John Pickle Performs-Townsquare 10:00 Trilogy Fit Exercise-Activity Room 10:30 Chef Circle: Activity Room 1:30 Leisure Cart Pass 1:30 Rosary- Activity Room 3:00 Bingo: HC Dining Room 	 Fall Begins 9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room 1:30 Hosana Lutheran Church Service: Townsquare A 3:00 Let's Get Crafty- AR 	9:30 Shopping Out 9:30 Video Fit Workout- Activity Room 1:15 Bible Study w/ Sue- 400 Hall Lounge K 1:30 Left/Right/Center- AR S:00 Bingo: Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room I 3:00 Alana G. Performs Spiritual Hymn and Songs- Townsquare I 3:00 Spiritual Hymns w/ Alana G TS V 3:15 Aim Games- Townsquare K 6:00 Card Clubbers- AR	V 9:30 Trilogy Fit Exercise - Activity Room K 10:15 Pokeno - Activity Room K 1:30 Hangman- Activity Room	9:00 Leisure Cart Pass 10:00 Card Bingo- Activity Room 1:30 Trivia Tea Time- TS 3:00 Bunco Games- Activity Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	10:00 Trilogy Fit Exercise- Activity Room 10:30 Chef Circle: Activity Room 1:30 Leisure Cart Pass 1:30 Rosary- Activity Room K 3:00 Bingo: HC Dining Room	V 9:30 Trilogy Fit Exercise : Activity Room K 10:15 Card Bingo- Activity Room A 3:00 Let's Get Crafty- AR A 3:00 What Are We Crafting Next Month? AR	9:30 Shopping Out 9:30 Video Fit Workout- Activity Room 1:30 Left/Right/Center- AR 2:30 Bingo HCDR 3:00 Bingo : Health care Dining Room			

The Lakes of Monclova Health Campus Health Center

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday Friday	Saturday
- Artisans D - Clinical Distinction F - Gathering of Friends G - Group Games - Inspirations C - Keeping it Sharp/Reminisce - Lifelong Learning M - Mindful Moments J - Music to My Ears - Signature Events J - Vitality		9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room GC 1:30 Bingo Shop- AL Dining Room- Bring Your Tickets!! A 3:00 Let's Get Crafty- AR	9:30 Shopping Out 10:30 Mindful Moments on 200 1:30 Singfit- Townsquare 3:00 Bingo: Health care Dining Room	9:30 Get Fit Exercise- Activity Room GF 10:30 Chef Circle in Townsquare V 3:15 Aim Games- Townsquare K 6:00 Card Clubbers- AR 4 V 9:30 Trilogy Fit E Activity Roo I 10:15 Pokeno - Activity Roo K 1:30 Hangman- Activity Roo Man and the Townsquare	m 10:00 Card Bingo- Activity Room Room Nctivity Room W/ Music Stady: in 10:00 Card Bingo- Activity Room Room Stady: 10:00 Card Bingo- Activity Room Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	7 Labor Day V 10:00 Trilogy Fit Exercise- Activity Room MM 10:15 Mindful Moments: Crafty Moments CD 10:15 Resident Council- Sunroom GF 11:00 Inspired Monthly Planning- Sunroom K 1:30 Leisure Cart Pass	 9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room 1:30 Hosana Lutheran Church Service: Townsquare 3:00 Let's Get Crafty- AR 	9 9:30 Shopping Out 10:30 Mindful Moments on 200 1:30 Singfit- Townsquare 3:00 Bingo : Health care Dining Room	10 V 9:30 Get Fit Exercise- Activity Room GF 10:30 Chef Circle in Townsquare V 3:15 Aim Games- Townsquare K 6:00 Card Clubbers- AR	m 10:00 Card Bingo- Activity tivity Room
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 11:00 Family Brunch 11:00-1:00 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	10:00 Trilogy Fit Exercise- Activity Room 10:15 Mindful Moments: Crafty Moments 1:30 Leisure Cart Pass 1:30 Rosary- Activity Room 8 3:00 Bingo: HC Dining Room	15 V 9:30 Trilogy Fit Exercise: Activity Room K 10:15 Card Bingo- Activity Room S 12:00 Eat, Greet & Taste of the Town DR I 2:00 Bible Study With Judy HERON A 3:00 Let's Get Crafty- AR	9:30 Shopping Out 10:30 Mindful Moments on 200 1:30 Singfit- Townsquare 3:00 Bingo: Health care Dining Room	17 V 9:30 Get Fit Exercise- Activity Room I 10:00 Sisters of Notre Dame Communion (AL Lounge) GF 10:30 Chef Circle in Townsquare V 3:15 Aim Games- Townsquare K 6:00 Card Clubbers- AR	xercise -
9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	M 10:00 John Pickle Performs- Townsquare V 10:00 Trilogy Fit Exercise- Activity Room MM 10:15 Mindful Moments: Crafty Moments K 1:30 Leisure Cart Pass I 1:30 Rosary- Activity Room K 3:00 Bingo: HC Dining Room	 Fall Begins 9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room 1:30 Hosana Lutheran Church Service: Townsquare A 3:00 Let's Get Crafty- AR 	9:30 Shopping Out 10:30 Mindful Moments on 200 1:15 Bible Study w/ Sue- 400 Hall Lounge 1:30 Singfit- Townsquare 3:00 Bingo: Health care Dining Room	V 9:30 Get Fit Exercise- Activity Room GF 10:30 Chef Circle in Townsquare I 3:00 Alana G. Performs Spiritual Hymn and Songs- Townsquare I 3:00 Spiritual Hymns w/ Alana G TS V 9:30 Trilogy Fit E Activity Roo I 0:15 Pokeno - Ac I 1:30 Hangman- A Songs- Townsquare I 3:00 Spiritual Hymns w/ Alana G TS V 3:15 Aim Games- Townsquare	m V 10:00 Card Bingo- Activity tivity Room Room
Yom Kippur Begins 9:00 Leisure Cart Pass 10:00 Card Bingo: Activity Room 1:30 Sunday Mass Televised: in Activity Room 2:30 Sunday Headlines Hangman: Townsquare	V 10:00 Trilogy Fit Exercise- Activity Room MM 10:15 Mindful Moments: Crafty Moments K 1:30 Leisure Cart Pass I 1:30 Rosary- Activity Room K 3:00 Bingo : HC Dining Room	 9:30 Trilogy Fit Exercise: Activity Room 10:15 Card Bingo- Activity Room 3:00 Let's Get Crafty- AR 3:00 What Are We Crafting Next Month? AR 	9:30 Shopping Out 10:30 Mindful Moments on 200 1:30 Singfit- Townsquare 2:30 Bingo HCDR K 3:00 Bingo : Health care Dining Room		

The Lakes of Monclova Legacy Memory Care

September 2020

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality		V Swedish Workout K Categories Game C Spiced Apple Oat Cookies Relax & Recharge Pressed Flowers M Music Bingo GC Water Balloon Bucket Toss Healthy Hands Relaxing Puzzle Time	V Balance K Roll to 20! C Decadent Caramel Banana Cake Relax & Recharge A Newspaper Art M Create A Booming Song! GG What Belongs Together? Healthy Hands GF LifeShare Games!	W Bocce Ball K Old Sayings CC Uncle Sam Ice Cream Cones Relax & Recharge A Creative Storytelling M Shake It Up, Baby! GC Fair Midway Games Healthy Hands GF Meet Me In The Courtyard!	W 80's Flashback K Summertime Short Story No Bake Avalanche Cookies Relax & Recharge Fleece Blankets September Happy Hour GC Velcro Catch Healthy Hands GF Old Time Theater	V Scavenger Hunt Walk K Working with Letters C Cheese Pizza Relax & Recharge Wrap'n Llama College Football Fight Songs GG Aim for the Stars Healthy Hands Hangman
Stayin' Alive Disco Dance	7 Labor Day V Move it Monday	8 V Swedish Workout	9 V Balance	10 V Bocce Ball	11 80's Flashback	12 V Scavenger Hunt Walk
Affirming Friends CC Coffee Ice Cream in a Bag Relax & Recharge A Warm Vanilla Sugar Scrub M Feel the Waves GC State Plate Game Healthy Hands GF Charades	K Summer Vacation Labor Day Icebox Berry Cheesecake Relax & Recharge Labor Day Cards M School Days GG Word Works Healthy Hands	Categories Game Grandma's Chocolate Chip Cookies Relax & Recharge Sunflower Painting Music Bingo Water Balloon Bucket Toss Healthy Hands Relaxing Puzzle Time	Roll to 20!	 K Old Sayings CC 7 UP Biscuits Relax & Recharge A Fall Leaf Garland M Shake It Up, Baby! GG Fair Midway Games Healthy Hands GF Meet Me In The Courtyard! 	K Summertime Short Story Banana Breeze Relax & Recharge Fleece Blankets M September Happy Hour GC Velcro Catch Healthy Hands GF Old Time Theater	Working with Letters Apple Cinnamon Bread Relax & Recharge A Grandparent's Day Family Tree College Football Fight Songs GG Aim for the Stars Healthy Hands GF Hangman
13 Grandparents Day	14	15	16	17	18 Rosh Hashanah Begins	19
V Stayin' Alive Disco Dance K Affirming Friends C Pepperoni Pizza Cups Relax & Recharge A Slime Experiment M Feel the Waves G State Plate Game Healthy Hands GF Charades	 Move it Monday Summer Vacation Spiced Harvest Bread Relax & Recharge The Dot Art-Day 1 School Days Word Works Healthy Hands Flower Arranging 	V Swedish Workout K Categories Game C Coleslaw Salad Relax & Recharge The Dot Art-Day 2 M Music Bingo G Water Balloon Bucket Toss Healthy Hands GF Relaxing Puzzle Time	W Balance K Roll to 20! C Homemade Guacomole Relax & Recharge A Clay Mountain Photo Holder-1 M Create A Booming Song! GG What Belongs Together? Healthy Hands GF LifeShare Games!	 W Bocce Ball K Old Sayings C Apple Dumplings Relax & Recharge A Clay Mountain Photo Holder-2 M Shake It Up, Baby! G Fair Midway Games Healthy Hands GF Meet Me In The Courtyard! 	 W 80's Flashback K Summertime Short Story Reese's Peanut Butter Cup Browning Trifle Relax & Recharge Fleece Blankets M September Happy Hour Velcro Catch Healthy Hands 	V Scavenger Hunt Walk K Working with Letters e Superfood Cookies Relax & Recharge A Ask A Beautiful Question College Football Fight Songs GG Aim for the Stars Healthy Hands GF Hangman
20	21	Fall Begins	23	24	25	26
V Stayin' Alive Disco Dance Affirming Friends Waldorf Salad Relax & Recharge A Paper Picture Frames Feel the Waves State Plate Game Healthy Hands Charades	 W Move it Monday K Summer Vacation C Cookies and Cream Cookies Relax & Recharge A Salted Painting M School Days GC Word Works Healthy Hands GF Flower Arranging 	GG Water Balloon Bucket Toss	W Balance K Roll to 20! C Garlic Stuffed Mushrooms Relax & Recharge A Apple Chalkboard Greeting M Create A Booming Song! G What Belongs Together? Healthy Hands GF LifeShare Games!	V Bocce Ball K Old Sayings C Peach Cobbler Muffins Relax & Recharge A Nature Bookmarks M Shake It Up, Baby! G Fair Midway Games Healthy Hands GF Meet Me In The Courtyard!	V 80's Flashback K Summertime Short Story C Cheddar & Chive Drop Biscuits Relax & Recharge A Fleece Blankets M September Happy Hour GC Velcro Catch Healthy Hands GF Old Time Theater	V Scavenger Hunt Walk K Working with Letters Johnny Appleseed Bars Relax & Recharge A Fall Leaf Candle Mason Jar M College Football Fight Songs GC Aim for the Stars Healthy Hands GF Hangman
27 Yom Kippur Begins	28		30			
V Stayin' Alive Disco Dance K Affirming Friends Melted Turkey & Swiss Sliders Relax & Recharge A Popcorn Fall Trees M Feel the Waves GG State Plate Game Healthy Hands GF Charades	 W Move it Monday K Summer Vacation Wonton Poppers Relax & Recharge Clay Pinch Pots-Day 1 M School Days Word Works Healthy Hands Flower Arranging 	V Swedish Workout K Categories Game Pumpkin Cookies with Brown Butter Icing Relax & Recharge Clay Pinch Pots-Day 2 M Music Bingo GC Water Balloon Bucket Toss Healthy Hands	W Balance K Roll to 20! C Caramel Apple Cinnamon Rolls Relax & Recharge A Have A Gentle Conversation M Create A Booming Song! G What Belongs Together? Healthy Hands GF LifeShare Games!			