

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"All Activities are subject to Change"</p> <p>These activities are located on our Lifeshare channel. Channel 2-1</p>		<p><b>1</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>A 1:15 How to draw a dog</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>S 11:15 Inspired Living Committee</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>S 3:00 Happy Hour (Delivered)</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>A 11:00 Watercolor Painting</li> <li>CC 2:00 Sundae's on Saturdays</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>
	<p><b>6</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>I 11:00 Inspired Sunday's on Lifeshare</li> <li>I 11:30 Christian Hymns on Lifeshare</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>7 Labor Day</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>MM 11:00 Sing A Long</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>A 1:15 How to draw a dog</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>S 11:15 Resident Council (MPR)</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>S 3:00 Happy Hour (Delivered)</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>
<p><b>13 Grandparents Day</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>I 11:00 Inspired Sunday's on Lifeshare</li> <li>I 11:30 Christian Hymns on Lifeshare</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>MM 11:00 Sing A Long</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>A 1:15 How to draw a dog</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>18 Rosh Hashanah Begins</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>S 3:00 Happy Hour -PUB (Dave Sizemore)</li> <li>S 3:00 Happy Hour (Delivered)</li> <li>K 6:00 Brain Games</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>A 11:00 Watercolor Painting</li> <li>CC 2:00 Sundae's on Saturdays</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>
<p><b>20</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>I 11:00 Inspired Sunday's on Lifeshare</li> <li>I 11:30 Christian Hymns on Lifeshare</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>MM 11:00 Sing A Long</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>22 Fall Begins</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>A 1:15 How to draw a dog</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>O 2:00 Fountain Acres</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>S 3:00 Happy Hour (Delivered)</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>A 11:00 Watercolor Painting</li> <li>CC 2:00 Sundae's on Saturdays</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>
<p><b>27 Yom Kippur Begins</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>I 11:00 Inspired Sunday's on Lifeshare</li> <li>I 11:30 Christian Hymns on Lifeshare</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>MM 11:00 Sing A Long</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 Daily Exercise's</li> <li>K 11:00 Funny Videos</li> <li>A 1:15 How to draw a dog</li> <li>V 4:00 Work on Balance</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>V 9:00 Wheelchair Flexibility Training</li> <li>V 9:30 Wheelchair Strength Training</li> <li>V 10:00 WheelChair Yoga</li> <li>K 2:00 Trivia Questions/Answers</li> <li>K 2:30 Water Coloring</li> <li>K 6:00 Brain Games</li> <li>MM 8:00 Mediation</li> </ul>			