

May 2020



Newsletter

Whispering Oak Place * 903 Calverly Court Ellendale MN* 507-684-3026



What's lucky in May?

Lucky Color:
Light Green

Lucky Animal:
Rabbit

Lucky Letters:
N and W

Lucky Day: Saturday

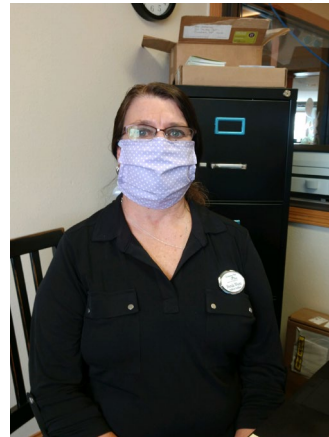
Lucky Plant:
Lily of the Valley

Mad for May!

In addition to its association with the Greek goddess Maia, May is affiliated with Mercury (known in Greek as Hermes), the Roman god of merchants, trade, thieves, and travelers. Maia was considered to be Mercury's mother.

Both gods were routinely celebrated in the Festival of Mercury, or Mercuralia Festival, on the Ides of May, or May 15, Mercury's birthday. Honoring him was said to bring good luck and money.

Staff Spotlight!



Brenda Wyant

How long have you been here: I started last August.

What is your role: Health Care Coordinator

What is your favorite thing about Whispering Oak Place:
The residents.

About you: I live in the country and have 4 horses and a dog. I have a son, daughter-in-law and 2 grandkids. I enjoy yardwork, traveling, camping, kayaking, and gardening. I have been a nurse for 30+ years!

IN CASE YOU MISSED US IN APRIL

We kept pretty busy in April with Bingo, Painting lucky gnomes, card games, and a tiny peak of warmer weather!



NEW AT WHISPERING OAK PLACE!

We have 2 new faces here. First is Larry Knutson our Maintenance Coordinator. He is a jack of all trades and has been busy getting everything in tip top shape for us. Second is Shelly Smidt, our Culinary Coordinator. She has been working hard to get our menus completed and an always available menu started for our residents. She comes with experience as a Dietary Manager and has started a Hydration Cart that goes around to our residents during the day. The residents and staff have been raving about her food and awesome personality!



Upcoming Events

- * 5/1- May Day Tea & Trivia
- * 5/6- Horse Races
- * 5/12- Painted Garden Rocks
- * 5/19- Baking Muffins
- * 5/26- "Senior Pictures"
- * Ladies Club- 2nd and 4th Wednesday @ 10am
- * Men's Club-1st and 3rd Wednesday @ 11am

Every Tues & Thurs- Bingo @ 10am

Every Fri- Church @ 10

Monday, Wednesday, & Friday- Live 2 Be Healthy
@ 1pm

May Birthdays!

5/9 David Christenson

5/16 Marvyl Kopperud

5/28 Gerald Hojberg



From the Nurse's Desk

National Nurses Week

Nurses week starts on May 6th and ends on May 12th; Florence Nightingale's birthday. I am so proud of being a nurse and being able to care for people who were nurses. Without Florence Nightingale there would be no modern medicine as she was a British social reformer and the founder of modern nursing as a trainer of nurses during the Crimean war.



-Brenda Wyant HCC

Manager's Corner

May 2nd is National Wear Sunglasses Day!

Sunglasses protect your eyes from harmful UV rays. They are just as important as sunscreen when you go outside. So, lather up and put on some shades and enjoy the weather!

-Brenda Wyant HCC



-Rachel Baldwin Community Manager

Volunteers Unite!

We are looking for individuals to come and spend one on one time with residents, help with activities, play cards or other games, entertainment, companionship or just bringing new ideas and activities to our residents (when the community is open to the public). Come talk about What's Happening in the world today. Have coffee or Tea, walk the halls. Our Residents would love to spend some time with you! Contact us if you would like to lend a helping hand!

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