

June 2020



Newsletter

Whispering Oak Place * 903 Calverly Court Ellendale MN* 507-684-3026



What's lucky in June?

Lucky Color:
Light Green

Lucky Animal:
Dog

Lucky Letters:
V, E, & K

Lucky Day:
Tuesday

Lucky Plant:
Lavender

JUMPING FOR JUNE!

June 20th is the meteorological start of summer. It's time to enjoy vacations, great weather, pools, baseballs, and everything else that goes along with the favorite season of kids and most adults. Grab your favorite beverage and enjoy the season, because for many of us it is all too short.

Did you know? The sun does not set at the North Pole today. There is 24 hours of sunlight. Does it make up for that cold day in December when the sun does not rise above the horizon? No, but on this day it sure does feel good wherever you are!

Resident Spotlight!



Pat Wayne

How long have you been here: I moved in a little while ago, I like it.

What is your favorite thing about Whispering Oak Place: Everyone is so nice.

Advice to the younger generation: Make sure you are always happy, and busy!

IN CASE YOU MISSED US IN MAY!

We kept very busy in May with Bingo, soaking up the beautiful weather, card games, and enjoying having a flower garden!



THANK YOU ALL HEROES!



We are proud to have heroes work here and want to say a big **THANK YOU** to all the essential employees out there working hard to keep our community up and running!

Upcoming Events

- * 6/3 Horse Races
- * 6/8 Movie Night
- * 6/16 Painting Garden Stones
- * 6/21 Celebrating Father's Day
- * 6/25 Picnic @ St. Olaf

- * Ladies Club- 2nd and 4th Wednesday @ 10am
- * Men's Club-1st and 3rd Wednesday @ 11am

Every Tues & Thurs- Bingo @ 10am

Every Fri- Church @ 10

Monday, Wednesday, & Friday- Live 2 Be Healthy
@ 1pm

June Birthdays!

6/18 William Grimes



From the Nurse's Desk

National Alzheimer's & Brain Awareness Month

June is **Alzheimer's & Brain Awareness Month**, a time to go purple to show support for the millions of people worldwide struggling with **Alzheimer's** or another form of **dementia**. It's also a time to recognize caregivers for the unwavering support they provide to those suffering with **Alzheimer's** and other forms of **dementia**. At Whispering Oak Place, we support **The Alzheimer's Association's** commitment to finding a cure for Alzheimer's by participating in The Longest Day, a fundraiser that focuses on participants doing what they love to raise money for research. Effective communication techniques can help limit some of the frustration felt by the caregiver and the person with dementia. It is incredibly important to remember that your loved one is not in control of their behaviors; the disease dictates the behavior. In addition, every behavior is an attempt to communicate; once you decipher the need behind the behavior, you will be in a better position to meet that need.



Brenda Wyant- HCC

Manager's Corner

June 21st is Father's Day!

Us at Whispering Oak Place want to say Happy Father's Day to all the amazing Dads and Dad like figures.

Everyone enjoys a good "Dad Joke":

WHAT DO YOU CALL A PIG
THAT DOES KARATE?



PORK CHOP

-Rachel Baldwin Community Manager

Volunteers Unite!

We are looking for individuals to come and spend one on one time with residents, help with activities, play cards or other games, entertainment, companionship or just bringing new ideas and activities to our residents. Come talk about What's Happening in the world today. Have coffee or Tea, walk the halls. Our Residents would love to spend some time with you! Contact us if you would like to lend a helping hand!

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