



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE NOTE-</p> <p>*All programs attendees do require masks</p> <p>*All programs do require everyone to be minimum 6 feet apart</p>	<p>Fitness Center Open 8:00 am - 6:00 pm daily</p> <p>By appointment only!</p>	<p>1 12:30 Happy Hour Cart We will come door to door 2:00 Scenic Drive Outing Sign up in outing book</p>	<p>2 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>	<p>3 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Foot or Drinks*</p>	<p>4 9:00 Aquacise by Appointment 9:00 Caring Mobile Dental By appointment Only 9:30 Morning Music 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment</p>	<p>5 10:00 Courtyard Strolls 1:00 Board Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>6 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club</p>	<p>7 Labor Day 7:00 Continental Breakfast (7am-9am @ concierge desk) Dining Room Closed Today Sign up for box dinners</p> 	<p>8 9:00 OnSite Dermatology By appointment only 12:30 Happy Hour Cart We will come door to door</p>	<p>9 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>	<p>10 8:00 Family Visits (8-12) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Foot or Drinks*</p>	<p>11 10:00 Courtyard Strolls (grab a neighbor and walk before the day heats up)</p>	<p>12 10:00 Courtyard Strolls 1:00 Board Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>13 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club</p>	<p>14 10:00 Courtyard Strolls 8:10 Broncos vs. Titans (ESPN)</p>	<p>15 9:00 Resident Bingo 1st Floor 10:00 Resident Bingo 2nd Floor 11:00 Resident Bingo 3rd Floor - all bingo will be 2 games- 12:30 Happy Hour Cart We will come door to door</p>	<p>16 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 10:00 Courtyard Strolls (grab a neighbor and walk before the day heats up)</p>	<p>17 12:00 Family Visits (12-4) *must be scheduled* *Call concierge to schedule* *Max 4 Guests* *No Guests 12 and under* *Must wear Masks* *No Foot or Drinks*</p>	<p>18 9:30 Morning Music 1:00 Courtyard Strolls (grab a neighbor and walk before the day heats up)</p>	<p>19 10:00 Courtyard Strolls 1:00 Board Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>20 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 11:00 Broncos @ Steelers (CBS) 2:00 Coloring Club</p>	<p>21 8:30 VNA Foot Care- AR 9:00 Exercise 3rd Floor- AR 9:45 Exercise 2nd Floor- AR 10:30 Exercise 1st Floor- AR 1:00 Aquacise by appointment 1:00 Virtual Active Minds 2:00 Aquacise by appointment</p>	<p>22 10:00 Fall Scenic Drive Outing Sign up in outing book 12:30 Happy Hour Cart We will come door to door</p>	<p>23 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>	<p>24 9:00 Resident Bingo 1st Floor 10:00 Resident Bingo 2nd Floor 11:00 Resident Bingo 3rd Floor - all bingo will be 2 games- 1:15 Curbside Hearing Service (bring you device to the</p>	<p>25 9:00 Aquacise by Appointment 10:00 Aquacise by Appointment 11:00 Aquacise by Appointment</p>	<p>26 12:00 Family Visits (12-4) *must be scheduled* *max 4 guests* masks required *no one 12 and under* 1:00 Board Board- Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>27 9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club- PUB 2:25 Broncos vs. Buccaneers (FOX)</p>	<p>28 10:30 Virtual Town Hall See dailies for zoom info 1:00 Aquacise by appointment 2:00 Aquacise by appointment</p>	<p>29 12:30 Happy Hour Cart We will come door to door 2:00 Scenic Drive Outing Sign up in outing book</p>	<p>30 6:35 King Soopers Shopping & 6:45 Sign up in outing book. 9:00 Exercise 3rd Floor 9:45 Exercise 2nd Floor 10:30 Exercise 1st Floor</p>		<p>Daisy Marshall Life Enrichment Director 11180 Irving Dr. Westminster, CO 80031 ddarnell@keystonesenior.com www.keystonesenior.com</p>	<p>Follow you Large Print Dailies for changes & locations!</p>



Remember!

Weekly Updates

If you would like to receive weekly updates from Melissa, please email us your email address and request to be added to the list. Or you can also call the main number (303) 465-5600 and request to be added to the email list as well.

Virtual Active Minds

“Coffee”

Monday, September 21st

*1:00 pm -2:15 pm *

Join us as we trace the history of coffee from its origins in Ethiopia to the Starbucks around the corner. It is a fascinating story of politics, power, chance and intrigue.

We will also examine coffee’s cultural influences as well as the differences between various types of coffee. Cream and sugar not included.

Visit: www.activeminds.com for details



Family Visits September



we are working on where family visits will be when the weather is colder and we cannot utilize the courtyard!

Visits will be scheduled

September 3rd: 12:00-4:00pm

September 10th: 8:00-12:00pm

September 17th: 12:00-4:00pm

September 26th: 12:00-4:00pm

All visits can be scheduled with concierge @ (303) 465-5600

OnSite Dermatology

September 8th @ 9:00am

To schedule and appointment, sign up at the front desk

VNA Foot Care

Monday, September 21st

at 8:30 am– 1 pm in the AL Theater

*to Signup Call- (303) 744-6363

Curbside Hearing Aid Checks

Thursday, September 24th

Bring hearing device to concierge by 12:30pm. No Appointment Necessary

Keystone Place News



**Welcome to:
David DePew
Facilities
Director**

David was born in Florida and moved to Colorado in 1987. His career has been a mix of maintenance and the health & fitness industry.

David has over 20 years experience in maintenance with over 8 years specifically in senior living facilities. Please help us give David a warm Keystone welcome!

Happy Birthday

**13th Pat W.
14th Doris J.
16th Wilma P.
25th Shari S.
28th Millie V.
30th Kay N.**



**Welcome to:
Lisa Fischer
Senior Living
Counselor**

Lisa was born in Northern Minnesota. She moved to beautiful Colorado over 20 years ago, to raise her 2, now adult boys in the wonderland of the mountains. She enjoys hiking, biking, yoga, gardening, theater and travel. Lisa has worked in the senior living industry for a number of years and is happy to call Keystone Place her new home.



For additional questions or comments, please contact Daisy at 303-465-5600
Or by e-mail: dmarshall@keystonesenior.com · Like us on facebook!

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