



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PLEASE NOTE-</p> <p>*All programs attendees do require masks</p> <p>*All programs do require everyone to be minimum 6 feet apart</p>	<p>Fitness Center Open 8:00 am - 6:00 pm daily</p> <p>By appointment only!</p>	<p>1</p> <p>8:00 Family Visits (8-12) 9:30 Exercise w/ Karen 1st & 3rd Floor Residents 10:30 Exercise w/ Karen 2nd Floor Residents 1:00 Sunshine Cart We will come door to door!</p>	<p>2</p> <p>10:00 Spiritual Singing 1:00 Get ting to Know You 1st Floor Residents 1:45 Getting to Know You 2nd Floor Residents 2:30 Getting to Know You 3rd Floor Residents</p>	<p>3</p> <p>9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:30 Wii Wheel of Fortune</p>	<p>4</p> <p>9:00 Caring Mobile Dental By appointment Only 9:30 Morning Music 2:00 Exercise w/ Karen Studio Lane Residents</p>	<p>5</p> <p>10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>6</p> <p>9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club</p>	<p>7 Labor Day</p> <p>10:00 Courtyard Strolls 1:00 Bored Board– Lobby</p> 	<p>8</p> <p>8:00 Family Visits (8-12) 9:00 OnSite Dermatology 9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Sunshine Cart We will come door to door!</p>	<p>9</p> <p>10:00 Getting to Know You 2nd Floor Residents 11:00 Getting to Know You 3rd Floor Residents 1:00 Getting to Know You 1st Floor Residents 2:00 Pen Pals</p>	<p>10</p> <p>9:30 Exercise w/ Karen– AR 2nd Floor Residents 10:30 Exercise w/ Karen– AR 1st & 3rd Floor Residents 1:00 Blackjack 2:00 Grab and Go Activity</p>	<p>11</p> <p>9:00 Bingo 1st Floor 10:00 Bingo 2nd Floor 11:00 Bingo 3rd Floor 1:00 1st Floor Coffee Talk 1:45 2nd Floor Coffee Talk 2:30 3rd Floor Coffee Talk</p>	<p>12</p> <p>10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>13</p> <p>9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club</p>	<p>14 Broncos First Game 2020</p> <p>10:45 Scenic Drive w/ Daisy 1:00 Bingo 1st Floor 1:45 Bingo 2nd Floor 2:30 Bingo 3rd Floor 8:10 Broncos vs. Titans (ESPN)</p>	<p>15</p> <p>8:00 Family Visits (8-12) *schedule visit at front desk* 2:00 Sunshine Cart We will come door to door!</p>	<p>16</p> <p>10:00 Patriotic Singing 1:00 Getting to Know You 1st Floor Residents 2:00 Getting to Know You 2nd Floor Residents 3:00 Getting to Know You 3rd Floor Residents</p>	<p>17</p> <p>10:00 Wii Jeopardy & Current Events 1:30 Courtyard Strolls (grab a friend and get in some walking time)</p>	<p>18</p> <p>10:00 Wii Games w/ Daisy 1:00 Sunshine Cart We will come door to door 2:00 Exercise w/ RAs Studio Lane Residents</p>	<p>19</p> <p>10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>20</p> <p>9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 11:00 Broncos @ Steelers (CBS) 2:00 Coloring Club</p>	<p>21</p> <p>8:30 VNA Foot Care 10:45 Trivia 1:00 Virtual Active Minds 2:00 Today in History 3:00 Aquacise Aquacise is by appointment– see Concierge for details.</p>	<p>22 Welcome First Day of Fall</p> <p>9:30 Exercise w/ Karen 2nd Floor Residents 10:30 Exercise w/ Karen 1st & 3rd Floor Residents 1:00 Sunshine Cart We will come door to door!</p>	<p>23</p> <p>10:00 Getting to Know You 2nd Floor Residents 11:00 Getting to Know You 3rd Floor Residents 1:00 Getting to Know You 1st Floor Residents 2:00 Pen Pals</p>	<p>24</p> <p>9:30 Exercise w/ Karen– AR 2nd Floor Residents 10:30 Exercise w/ Karen– AR 1st & 3rd Floor Residents 1:00 Blackjack– AR 1:00 Curbside Hearing Service (bring you device to the concierge by 12:30pm) 2:00 Grab and Go Activity</p>	<p>25</p> <p>9:00 Bingo 1st Floor– AR 10:00 Bingo 2nd Floor– AR 11:00 Bingo 3rd Floor– AR 1:00 1st Floor Keystone Store 1:30 2nd Floor Keystone Store 2:00 3rdFloor Keystone Store 3:00 Exercise w/ Karen Studio Lane Residents</p>	<p>26</p> <p>8:00 Family Visits (8-12) 10:00 Courtyard Strolls 1:00 Bored Board– Lobby Choose something to do on your own! 2:00 Christian Worship Hour (Channel 20)</p>
<p>27</p> <p>9:00 Catholic Mass KCDO-TV (channel 3) 10:00 Courtyard Strolls 2:00 Coloring Club 2:25 Broncos vs. Buccaneers (FOX)</p>	<p>28</p> <p>10:00 Fall Scenic Drive w/ Karen (sign up at the front desk) 1:00 Bingo 1st Floor 1:45 Bingo 2nd Floor 2:30 Bingo 3rd Floor 3:00 Aquacise Aquacise is by appointment– see Concierge for details.</p>	<p>29</p> <p>9:30 Exercise w/ Karen– AR 2nd Floor Residents 10:30 Exercise w/ Karen– AR 1st & 3rd Floor Residents 12:00 Family Visits (12-4) 1:00 Sunshine Cart We will come door to door!</p>	<p>30 Colorado Rockies Day</p> <p>10:00 Current Events 1:00 Get ting to Know You 1st Floor Residents 2:00 Getting to Know You 2nd Floor Residents 3:00 Getting to Know You 3rd Floor Residents</p>		<p>Daisy Marshall Life Enrichment Director 11150 Irving Dr. Westminster, CO 80031 ddarnell@keystonesenior.com www.keystonesenior.com</p>	<p>Follow you Large Print Dailies for changes & locations!</p>



Remember!

Weekly Updates

If you would like to receive weekly updates from Melissa, please email us your email address and request to be added to the list. Or you can also call the main number (303) 465-5600 and request to be added to the email list as well.



September Birthdays

- 10th Ken C.
- 10th Nancy C.
- 11th Linda H.
- 14th Marie N.
- 16th Barb W.
- 21st Maureen L.
- 26th Pat F.
- 28th Betty B.

Keystone Place News

Meet the Newest Directors to Join our Keystone Team!



Welcome to:
David DePew
Facilities
Director

David was born in Florida and moved to Colorado in 1987. His career has been a mix of maintenance and the health & fitness industry. David has over 20 years experience in maintenance with over 8 years specifically in senior living facilities. Please help us give David a warm Keystone welcome!



Welcome to:
Lisa Fischer
Senior Living
Counselor

Lisa was born in Northern Minnesota. She moved to beautiful Colorado over 20 years ago, to raise her 2, now adult boys in the wonderland of the mountains. She enjoys hiking, biking, yoga, gardening, theater and travel. Lisa has worked in the senior living industry for a number of years and is happy to call Keystone Place her new home.

Family Visits September

Important

we are working on where family visits will be when the weather is colder and we cannot utilize the courtyard!

Visits will be scheduled
September 1st: 8:00-12:00pm
September 8th: 1:00-5:00pm
September 15th: 8:00-12:00pm
September 26th: 8:00-12:00pm
September 29th: 8:00-12:00pm

All visits can be scheduled with concierge @ (303) 465-5600

OnSite Dermatology

September 8th @ 9:00am
To schedule and appointment, sign up at the front desk

VNA Foot Care

Monday, September 21st
at 8:30 am- 1 pm in the AL Theater
*to Signup Call- (303) 744-6363

Curbside Hearing Aid Checks

Thursday, September 24th
Bring hearing device to concierge by 12:30pm. No Appointment Necessary

For additional questions or comments, please contact Daisy at 303-465-5600
Or by e-mail: dmarshall@keystonesenior.com · Like us on facebook!

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