

707 Hwy 57

Parkersburg, IA

*Parker
Place*

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Parker Place Post

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JUNE



A Letter from the Manager's Desk

- Jacob Bates

Traveling with Dementia

For people with Alzheimer's and other forms of dementia, travel can be stressful. Being away from a familiar environment and established routines may result in an increase in disorientation and agitation. However, it is quite possible to travel safely and well with someone in the early stages of the disease.

If answering yes to any of the following questions, travel would most likely not be tolerated well:

- Are there periods of agitation, aggressive behavior, and significant disorientation even when in the home environment? Being in unfamiliar surroundings will only make this worse.
- Is wandering a concern? If so, wandering may increase in unfamiliar surroundings.

Helpful Suggestions

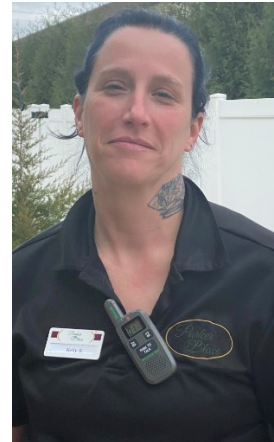
Once the decision has been made to proceed with the travel plan, there are a number of considerations and preparations to think about in order to ensure a successful outcome.

- If traveling by plane, try to schedule the flight on a low travel day (generally Tuesday–Thursday).
- Accompany the person to and from the restroom. Do not leave them alone.
- If traveling by car, set up a comfortable place in the vehicle conducive to napping and be prepared to stop as often as needed for comfort and stress reduction.
- Find medical facilities at your destinations in case of an emergency. Be sure to take an adequate supply of medications.

***** Take time for yourself when you can. Traveling and caregiving at the same time takes a lot of energy. *****

EMPLOYEE OF THE MONTH

Kelly Schmidt



Kelly has worked at Parker Place for 1 year on June 26th! She has shown true dedication to the safety of our residents, along with working a variety of shifts and some long hours.

Kelly enjoys being a wife to her husband, Tony, and a Mom to 3 lovely daughters. She also enjoys nice days so she can go on motorcycle rides.

Thank you for all you do Kelly!!

Video Chat Your Loved One!

Parker Place has Skype and Zoom!

During this time, these are great opportunities to visit with your loved one.

To set up a video chat with your loved one, please contact Tanya at 319-346-9771

lifenrichment@parkerplaceretirement.com

World's Greatest Dad



- | | |
|---------|---------|
| DAD | HUGS |
| DINNER | KISSES |
| FAMILY | LOVE |
| FATHER | NECKTIE |
| FISHING | PARTY |
| GIFTS | SPORTS |
| HOLIDAY | TOOLS |

Culinary Coordinator

-Liz Shaedig

We can't wait to open our doors back up for family and friends to join us for lunch and supper!!!

Meal cost is \$5. RSVPs 24 hours in advance are appreciated. Thank you!



Happy Hour

Parker Place Retirement Community will have Happy Hour each Friday in June at 5:00 p.m.



Respite Care

Are you or loved one having surgery? Are you a caregiver and need a night to yourself? Parker Place offers respite services! Stay in our respite apartment and receive all the care our residents receive. Respite offers caregivers the R&R they deserve!

Contact Mikayla Fisher, at (319) 560-2171 or welcome@parkerplaceretirement.com to schedule your respite stay.



Lemon Slicers

Ingredients:

- 2 tablespoons lemon zest
- 1/2 cup sugar
- 1/2 cup plus 1 tablespoon butter, cubed, room temperature
- 1 large egg
- 2 tablespoons lemon juice
- 2 cups flour



Directions

1. Combine lemon zest and sugar in a medium bowl. Add butter and beat with a hand mixer until fluffy. Stir in egg. Stir in lemon juice.
2. Gradually add flour, mixing slowly until just combined.
3. Divide dough in half and wrap each half in plastic wrap. Roll each half to a 6 X 2-inch log. Chill 40 minutes.
4. Preheat oven to 350° F. Line a baking sheet with parchment paper.
5. Unwrap and slice dough into 1/5-inch-thick disks and place on the prepared baking sheet.
6. Bake 6–7 minutes.

Makes 60 servings



On The Longest Day, teams around the world come together for a day of activities to honor the strength, passion, and endurance of those facing Alzheimer's disease. Held on the summer solstice (June 20, 2020), this event calls on participants to raise funds and awareness to advance the efforts of the Alzheimer's Association. Everyone is encouraged to "Go Purple" to show their support to end Alzheimer's.

Parker Place residents & staff plan to participate as a team for the 2020 Walk to End Alzheimer's-Cedar Falls/Cedar Valley on September 26th.



Check our Facebook page for the Adopt-a-Grandparent event happening June 15-20!

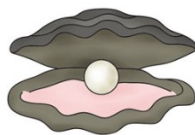
Employee Birthdays

Liz Schaedig - June 13

Jake Bates - June 16

Rose Neymeyer - June 29

Tom Moffitt - June 30



Resident Birthdays

Lloyd Hodge - June 19

Parker Place Post is going online!

We would love to get as many emails as possible.

Please call 319-346-9771 or email lifenrichment@parkerplaceretirement.com with your email addresses.

If you wish to no longer receive the Parker Place Post please call as well.



Parker Place Coordinators

Manager:

Jacob Bates

319-239-7848

manager@parkerplaceretirement.com

Community Relations Coordinator:

Mikayla Fisher

319-560-2171

welcome@parkerplaceretirement.com

Health Care Coordinator:

Jen Homeyer

319-239-8639

nurse@parkerplaceretirement.com

Life Enrichment Coordinator:

Tanya Michael

319-346-9771

lifeenrichment@parkerplaceretirement.com

Culinary Coordinator:

Liz Schaedig

319-346-9771

chef@parkerplaceretirement.com

Maintenance Coordinator:

Tom Moffitt

319-346-9771

maintenance@parkerplaceretirement.com



*We're rolling out the Red
Carpet for you!*



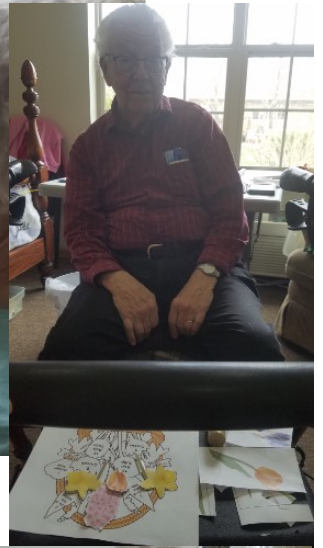
**Iowa Assisted
Living Association**



alzheimer's association



Check out the excitement happening at Parker Place!



Parker Place
707 Hwy 57
Parkersburg, IA 50665

Volunteers Wanted

We are looking for individuals to come spend one on one time with residents, help with activities, play cards or other games, entertainment, companionship or just bringing new ideas and activities to our residents. Come talk about what's happening in the world today. Have coffee or tea. Walk the halls. Our residents would love to spend time with you! Contact Life Enrichment Coordinator, Tanya Michael, if you would like to lend a helping hand!
We would like to have a list ready for when we open our doors to the public.

Tanya Michael (319) 346-9771

