

707 Hwy 57

Parkersburg, IA

*Parker
Place*

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Parker Place Post

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AUGUST



A Letter from the Manager's Desk

- Jacob Bates

Television & Movies for People with Dementia

People with Alzheimer's disease and other dementias are often very sensitive to emotional and vocal cues. A distressed character in a film or television show can make someone with dementia feel genuinely upset, even after the show ends. While it may seem overbearing to "censor" the television, showing violent programming (including the news) causes unnecessary anxiety for people with dementia who are contending with so much.

So why not just skip screen time? Because television and movies can bring people great joy. Many shows and images are familiar and comforting. They may also spark good memories and bring on laughter. When watching with a group, television can become an easy, low-pressure way to socialize.

It's impossible to catch every potential trigger in television and movies, but it can help to have some suggestions to keep near television sets. The following list of shows and movies were suggested by the Alzheimer's Association, A Place for Mom, and AARP.

The Mary Tyler Moore Show

The Andy Griffith Show

Laverne and Shirley

I Love Lucy

Happy Days

The Golden Girls

Gilligan's Island

The Three Stooges

Bonanza

Phyllis Diller

The Carol Burnett Show

The Waltons

Leave It to Beaver

EMPLOYEE OF THE MONTH

Aerin Tjoa



Aerin has worked at Parker Place for a little over a year. She also is seen a lot in our community because she also works with Hospice Compassus. The care that Aerin gives to our residents is genuine and she keeps them involved with activities on the weekends. Aerin keeps busy outside of work with her kids, cats, and garden. Thank you for your dedication to our residents and keep up the great work!

Video Chat Your Loved One!

Parker Place has Skype and Zoom!

During this time, these are great opportunities to visit with your loved one.

To set up a video chat with your loved one, please contact Tanya at 319-346-9771

lifenrichment@parkerplaceretirement.com

Beat the Heat

S	C	R	S	Y	E	P	P	S	Q	U	R	N	S	S
W	U	E	I	U	Y	T	H	N	M	Y	O	C	L	S
I	G	N	D	B	N	O	A	B	D	L	E	A	A	E
M	Y	O	G	A	R	H	R	R	E	T	Y	C	D	R
M	O	I	Z	T	H	E	A	M	D	H	Z	H	N	D
I	B	T	S	T	L	S	R	T	T	Y	R	O	A	T
N	R	I	L	L	W	E	W	O	K	C	H	I	S	K
G	E	D	A	E	T	P	O	P	S	I	C	L	E	S
Q	E	N	K	A	M	M	I	C	E	D	T	E	A	W
P	Z	O	W	Q	S	O	Q	Q	Z	E	R	I	E	S
P	E	C	L	S	Y	Q	N	K	K	U	W	S	U	B
I	Y	R	O	J	N	G	N	A	F	D	N	A	H	J
D	A	I	I	I	W	F	L	X	D	H	C	A	E	B
R	A	A	M	C	G	B	H	F	M	E	U	A	R	N
X	H	D	N	Y	M	C	J	E	K	N	R	C	O	R

AIR CONDITIONER

BEACH

BREEZE

DRESS

HAND FAN

HYDRATE

ICED TEA

LAKE

LEMONADE

POPSICLES



SANDALS

SHADE

SHORTS

SMOOTHY

SUN HAT

SWIMMING

UMBRELLA

WATERMELON

Culinary Coordinator

-Liz Shaedig



We can't wait to open our doors back up for family and friends to join us for lunch and supper!!!

Meal cost is \$5. RSVPs 24 hours in advance are appreciated. Thank you!



Happy Hour

Parker Place Retirement Community will have Happy Hour each Friday in June at 5:00 p.m.



Sugar-Free Strawberry Loaf

Ingredients:

- Cooking spray
- 1 cup whipped butter
- 1 1/2 cups sugar substitute
- 2 eggs
- 1/4 cup almond milk
- 1/2 teaspoon vanilla extract
- 2 cups pastry flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 cup chopped strawberries



Directions

1. Preheat oven to 350°F. Spray two loaf pans with cooking spray.
2. Beat butter and sugar substitute in a large bowl with a hand mixer until fluffy. Add eggs, milk, and vanilla, blending until well combined. Set aside.
3. Combine flour, baking powder, and salt in a medium bowl. Gradually add dry mixture to wet.
4. Fold in strawberries. Transfer to prepared loaf pans, dividing equally between pans.
5. Bake 40–60 minutes. Allow to cool before slicing and serving.

Makes 20 servings

Respite Care

Are you or loved one having surgery? Are you a caregiver and need a night to yourself? Parker Place offers respite services! Stay in our respite apartment and receive all the care our residents receive. Respite offers caregivers the R&R they deserve!

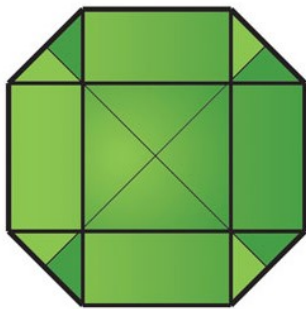
Contact Mikayla Fisher, at (319) 560-2171 or welcome@parkerplaceretirement.com to schedule your respite stay.

Employee Birthdays

Linda Mackie (4th)

Monica Mehmen (5th)

Kiara Smith (15th)



Resident Birthdays

Ruth Haan (10th)

Bob Haylock (19th)

Eunice Frey (20th)

Ruben Janssen (20th)

Jean Beenken (27th)

Steve Ury (29th)

Paul Haan (31st)

**** COVID-19 UPDATE ****

We are now allowing guests to visit with their resident under the canopy, in front of the building!

We have tables and chairs set up and encourage friends & family to call our office to schedule a visit: 319-346-9771.

We are taking extra precautions, so a mask and 6 ft distance is required. Please do not exchange items during your visit.



Parker Place Post is going online!

Due to the COVID-19 pandemic, we have temporarily stopped our mailings.

Please call 319-346-9771 or email lifenrichment@parkerplaceretirement.com with your email address.

If you wish to no longer receive the Parker Place Post please call as well.

Parker Place Coordinators

Manager:

Jacob Bates

319-239-7848

manager@parkerplaceretirement.com

Community Relations Coordinator:

Mikayla Fisher

319-560-2171

welcome@parkerplaceretirement.com

Health Care Coordinator:

319-239-8639

nurse@parkerplaceretirement.com

Life Enrichment Coordinator:

Tanya Michael

319-346-9771

lifeenrichment@parkerplaceretirement.com

Culinary Coordinator:

Liz Schaedig

319-346-9771

chef@parkerplaceretirement.com

Maintenance Coordinator:

Tom Moffitt

319-346-9771

maintenance@parkerplaceretirement.com



*We're rolling out the Red
Carpet for you!*



**Iowa Assisted
Living Association**



Check out the excitement happening at Parker Place!



Parker Place
707 Hwy 57
Parkersburg, IA 50665

Volunteers Wanted

We are looking for individuals to come spend one on one time with residents, help with activities, play cards or other games, entertainment, companionship or just bringing new ideas and activities to our residents. Come talk about what's happening in the world today. Have coffee or tea. Walk the halls. Our residents would love to spend time with you! Contact Life Enrichment Coordinator, Tanya Michael, if you would like to lend a helping hand!

We would like to have a list ready for when we open our doors to the public.

Tanya Michael (319) 346-9771

