

Williams Place

Gracious Retirement Living

825 Peninsula Drive • Davidson, NC 28036 • Phone (704) 896-3278 • www.seniorlivinginstyle.com

AUGUST 2020

WILLIAMS PLACE STAFF

Managers..... DAN & DEBBIE MCENTIRE
Assistant Managers CHUCK & LIZ BAECHEL
Executive Chef CODY WALKER
Activity Coordinator LYNN WELCH
Bus Driver STEVE PARRY

TRANSPORTATION

Monday, 9:30 & 11 a.m.: Wal-Mart

Monday, 2 p.m.: Harris Teeter

Tuesday & Thursday, Early morning/Last appointment at 2 p.m.: Doctor Appointments

Wednesday, 10:30 a.m.: Bus Site Seeing

HAWTHORN
SENIOR LIVING

And the New Activities Coordinator Is ...

Our new Activities Coordinator is Lynn Welch. Lynn comes to us with several years of experience in activities and enriching the lives of residents in Assisted Living and Skilled Nursing environments. Lynn says she is asked all the time, what does the Activities person do? Her response is, "Well, do you know how a physician has a prescription to help you feel better, I have a prescription to help you have fun, trigger a memory, or learn something new."

Lynn lives in Kannapolis, North Carolina, with her husband, Bud, and their canine daughter, Ruth. Before entering the Activities realm, Lynn worked as an Administrative Assistant. Lynn credits her wonderful relationships with her grandparents and great-grandparents as sweet inspirations and a desire to work with seniors. Lynn is quick to share stories of her great-grandmother Ollie, who lived to be 106. Lynn enjoys cooking, singing, going to new restaurants, watching old black and white movies, all music from bluegrass to Broadway, and going to Pigeon Forge, Tennessee. Lynn and her husband are members of Friendship Baptist Church in Salisbury, North Carolina.



Lynn Welch



Resident Spotlight: Ann Fernandez

Ann is celebrating 102 years this month on August 13th! She was born in White Plains, New York, in 1918 and raised there. She and her husband raised three sons, two were twins. Ann's parents also lived with her in their home in White Plains.

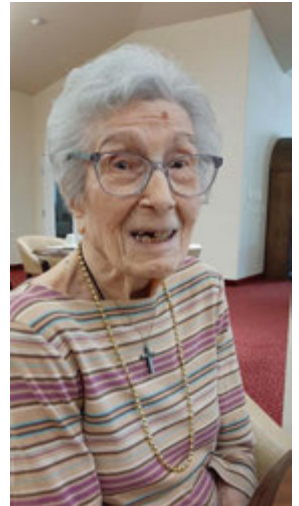
When Ann's boys were all grown up, She worked as a secretary for a real estate company. Ann also lived in Jacksonville, Florida.

One of her favorite things to do was to go visit her boys as they worked in New York at a Spanish resort.

Ann has seen a lot of change throughout her lifetime!



Happy "102" Birthday, Ann!



Ann Fernandez

August in History

Birthday: "Star-Spangled Banner" author Francis Scott Key (1779-1843) was born in Frederick County, Maryland.

August 2, 1923: President Warren G. Harding died suddenly in a hotel in San Francisco, while on a Western speaking tour.

August 6, 1945: The first atomic bomb was dropped over the center of Hiroshima at 8:15 a.m.,

August 9, 1974: Effective at noon, Richard M. Nixon resigned the presidency as a result of the Watergate scandal. Nixon had appeared on television the night before and announced his decision to the American people. Facing possible impeachment by Congress, he became the only U.S. President ever to resign.

August 14, 1935: President Roosevelt signed the Social Security Act, establishing the system that guarantees pensions to those who retire at age 65.

August 16, 1977: Elvis Presley was pronounced dead at the Memphis Baptist Hospital at 3:30 p.m., at age 42.

August 18, 1920: The 19th Amendment to the U.S. Constitution was ratified, granting women the right to vote.

August 21, 1959: President Dwight D. Eisenhower signed a proclamation admitting Hawaii to the Union as the 50th state.

August 28, 1963: The March on Washington occurred as over 250,000 persons attended a Civil Rights rally in Washington, D.C., at which Rev. Dr. Martin Luther King Jr. made his now-famous "I Have a Dream" speech.

August 31, 1997: Britain's Princess Diana died at age 36 from massive internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower.

Inspiration for Seniors

Inspirational Messages for Senior Citizens

1. Age is just a number for those who know how to make the most of their lives.
2. Gray hairs are a proof that you have earned the most valuable thing in life and that is called experience, which comes with age.
3. Seniors are the most wonderful source for inspiration ... they are the ones who can give us hope even in situations when we have lost everything.
4. Avoid doing all the mistakes all by yourself and make it a beautiful life by following the advice of seniors around you.
5. We are truly blessed to have seniors around us as they teach us things, give us advice that no one else can about the past.
6. Seniors around us complete our lives and contribute to our society in a big way.
7. Just live your life and stop worrying about your age ... that is probably the most perfect way to have the most perfect life.



Father's Day Day Winners!

Williams Place held a drawing for a basket of goodies on Father's Day. The gentlemen received everything from root beer to toiletries. Congratulations, Gentlemen !



George Mullins



Tom LaHaye



Harold Whitt



Bill Brannon



Dean Ross

August Means Back to School!

Since August is the month for school to start back, we begin to think about all the teachers of time past and present. We want to think all the former teachers here at Williams Place.

You are not forgotten, and will be remembered by your students, as you made a big impression on their lives!



Thank you to all our retired teachers here at Williams Place!

Bagpipe July 4th Celebration

Andy comes to play the bagpipes for us on special occasions, since we are not having guests inside our Communities now.

It was very hot on July 4th, but Andy did a great presentation of patriotic music and those old-time hymns on the bagpipes for the residents.



Andy playing bagpipes for July 4th!

AUGUST 2020

Birthdays

Roberta Sommerfeld, 3rd
Foster Henry, 6th
Jahia Warren, 8th (Employee)
Pauline Miller, 8th
Don Carek, 10th
Becky Black, 12th
Ann Fernandez, 13th
Carol Mullins, 14th
Patricia Piedmonte, 18th
Lynell HaHery, 21st (Employee)
Ann France, 21st
Taylor Tomasko, 22nd (Employee)
Robert Pereira, 26th
Luwanna Manley, 29th

Locations

Activity Room, ACT
Atrium, AT
Back Patio, BP
Billiards Room, BIL
Chapel, C
Dining Room, DR
Fitness Room, FIT
Library, LIB
Lobby, LBY
Movie Theatre, MT
TV Room, TV
Upper Deck, UD

“A dog is a window to Mother Nature.”
—Cesar Millan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
2 9:30 Walking Club, BP 3:00 Movies on Sundays, MT	3 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Adult Coloring Class, ACT 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT 	4 9:30 Morning Exercise with Lynn, ACT 2:00 Monthly Ambassadors' Meeting, ACT 3:30 Light and Easy Exercise with Ann, ACT 7:00 Bingo with Jan, ACT	5 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Dime Bingo with Jan, ACT 3:30 Sittercise, ACT	6 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:00 Chat with Managers (Limit 10), ACT 10:30 Rosary, C 2:00 Bingo with Jan, ACT 4:00 Light and Easy Exercise with Ann, ACT 	7 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:30 Crafting with Legacy (Londa), ACT 3:00 Audio Reading of the Bible, C 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT	8 9:30 Exercise in the Gym (On Your Own), FIT 10:00 Walking with Bonnie, LBY 11:00 Skip-Bo, ACT 2:00 Light Exercise with Ann, ACT 3:30 Bingo with Jan, ACT 
9 9:30 Walking Club, BP 3:00 Movies on Sundays, MT	10 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Adult Coloring Class, ACT 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT 	11 9:30 Morning Exercise with Lynn, ACT 2:00 Bridge, BIL 3:00 Book Club, LIB 3:00 Stretching with Legacy (Londa), ACT 3:30 Light Exercise with Ann, ACT 7:00 Bingo with Jan, ACT	12 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Dime Bingo with Jan, ACT 3:30 Sittercise, ACT 4:00 Prayer Group, C 	13 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Rosary, C 12:00 Resident Meeting, DR 2:00 Bingo with Jan, ACT 3:00 Pain Management Info with Legacy (Londa), ACT 4:00 Light and Easy Exercise with Ann, ACT 	14 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Blood Pressure Check with Home Careolina, TV 3:00 Audio Reading of the Bible, C 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT 	15 9:30 Exercise in the Gym (On Your Own), FIT 10:00 Walking with Bonnie, LBY 11:00 Uno, ACT 2:00 Light Exercise with Ann, ACT 3:00 Skip-Bo, ACT 3:30 Bingo with Jan, ACT
16 9:30 Walking Club, BP 2:00 Church Service with Pastor David Judge (Outside), BP 3:00 Movies on Sundays, MT	17 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Adult Coloring Class, ACT 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT	18 9:30 Morning Exercise with Lynn, ACT 2:00 Bridge, BIL 3:30 Light and Easy Exercise with Ann, ACT 7:00 Bingo with Jan, ACT 	19 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Dime Bingo with Jan, ACT 3:30 Sittercise, ACT	20 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Rosary, C 2:00 Bingo with Jan, ACT 3:00 Health Talk About Hydration with Legacy, ACT 4:00 Light and Easy Exercise with Ann, ACT	21 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 11:00 Garden Club, LIB 3:00 Audio Reading of the Bible, C 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT 	22 9:30 Exercise in the Gym (On Your Own), FIT 10:00 Walking with Bonnie, LBY 11:00 Skip-Bo, ACT 2:00 Light Exercise with Ann, ACT 3:30 Bingo with Jan, ACT 
23 9:30 Walking Club, BP 3:00 Movies on Sundays, MT	24 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 12:30 Blood Pressure Checks with Legacy (Londa), TV 2:00 Adult Coloring Class, ACT 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT	25 9:30 Morning Exercise with Lynn, ACT 2:00 Bridge, BIL 3:30 Light Exercise with Ann, ACT 7:00 Bingo with Jan, ACT	26 9:30 Morning Exercise with Lynn, ACT 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Dime Bingo with Jan, ACT 3:30 Sittercise, ACT 4:00 Prayer Group, C 	27 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Residents Meet with Chef Cody, ACT 10:30 Rosary, C 2:00 Bingo with Jan, ACT 4:00 Light and Easy Exercise with Ann, ACT	28 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 3:00 Audio Reading of the Bible, C 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT	29 9:30 Exercise in the Gym (On Your Own), FIT 10:00 Walking with Bonnie, LBY 11:00 Uno, ACT 2:00 Light Exercise with Ann, ACT 3:00 Skip-Bo, ACT 3:30 Bingo with Jan, ACT 
30 9:30 Walking Club, BP 3:00 Movies on Sundays, MT	31 9:30 Morning Exercise with Lynn, ACT 10:00 Rummikub, BIL 10:30 Daily Devotion & Coffee Chat, ACT 2:00 Adult Coloring Class, ACT 3:30 Sittercise, ACT 7:00 Bingo with Jan, ACT					



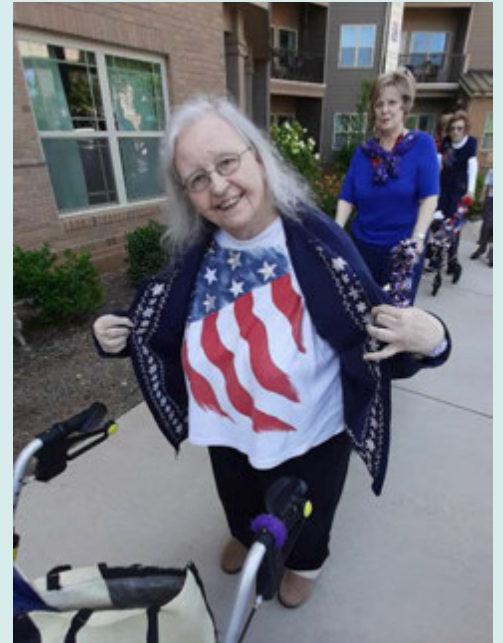
4th of July Resident Parade

We had our First Annual July 4th Resident Parade on Saturday, July 4th, at 10:30 a.m. We voted for the most decorated resident.

Sonja won 1st place and got a Walmart gift card; and Lessie won 2nd place and got a gift card. It was hot, but we had a good time!



Marsha



George Ann



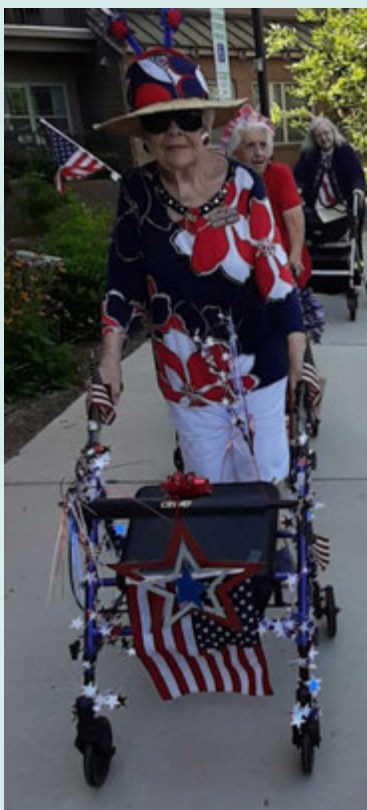
Winn and Virginia



Resident parade passes by as other residents look on and wave.



Sonja, 1st Place winner



Lessie, 2nd Place winner



Mildred



Back in the Dining Room!

We are back in the Dining Room after being away since March!

I know a lot of us have really missed seeing everybody and being able to talk to our friends. We still serve two lunches, but we still get that feeling of "togetherness." Welcome back to the Dining Room!



Our first day back in the Dining Room since March!

Home Carolina Offers Overnight Services Now!

Home Carolina has a office on the 4th floor here at Williams Place, and is a service to residents who need some extra care with their daily needs. They are also offering overnight alongside with the daily needs.

If you are interested in Home Carolinas overnight or daily service, please contact Demi Harding at 704-499-7479 or email her at demi@homecarolina.com.

Quote of the Month

Count your life by smiles, not tears. Count your age by friends, not years.

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Davidson, NC 28036



When the world
is staying apart,
we are coming
together.

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