

THE Peaks

AT SANTA RITA

Active Retirement Living

661 W. Calle Torres Blancas • Green Valley, AZ 85614 • Phone (520) 777-4800 • www.seniorlivinginstyle.com

AUGUST 2020

THE PEAKS AT SANTA RITA STAFF

Management Team LEW & LINDA SPEARS
Management Team JOHN & JEAN HOGSTAD
Executive Chef MITCH THOMAS
Activity Coordinator BARBARA SUTTON
Maintenance Coordinator VERN COX
Transportation J.C. CARRIZOZA
Head Housekeeper MARIA PALOMINO

TRANSPORTATION

Monday, 8:15 and 9 a.m.: Green Valley Shopping

Tuesday, All Day: Tucson Medical Appointments

Thursday, All Day: Green Valley Medical Appointments

HOURS OF OPERATION

Daily: 6 a.m. to 6 p.m.

Breakfast: 6 a.m. to 9 a.m.

Dinner: 11:30 a.m. to 1 p.m.

HAWTHORN
SENIOR LIVING

Fun at the Fair

Due to the pandemic, this summer has definitely looked a little bit different! Many State and County Fairs will no longer be taking place. However, that doesn't mean we can't bring all the fun of fairs to life in our buildings! Keeping social distancing and protocols in mind, let's have Fun at the Fair! Below are just a few fun fair facts to get started!



1. Both the Texas State Fair and the Minnesota State Fair claim to have invented the corn dog.
2. A giant butter sculpture of a cow has been an Iowa State Fair institution since 1911.
3. What popular State Fair food has the most calories? The giant turkey leg! This fair food favorite has a whopping 1136 calories and 54 grams of fat!
4. Each year, the Midwest Dairy Association names a new Dairy Princess at the Minnesota State Fair. The Dairy Princess official title is Princess Kay of the Milky Way. A sculpture of the winner is carved out of a 90 lb. block of butter!
5. The earliest funnel cakes came from the Pennsylvania Dutch.
6. The Minnesota State Fair is known for their many kinds of food on a stick.
7. California's State Fair is home to the oldest wine competition in North America, with over 2,800 entries a year.
8. In 2018, Ohio's State Fair was the first to serve burgers sandwiched between two donuts and topped with onions and green peppers.
9. Dr. Pepper was originally debuted at a State Fair. The popular soda was unveiled at the 1904 World's Fair in St. Louis.
10. You might think of cheese when you think of Wisconsin, but the most popular food at the Wisconsin State Fair is hands down the cream puffs. Over 350,000 of them are sold every year.



“Sonnet to an Onion Plant” by Lynn Johnson

All through the epidemic it grew tall
 To signify that it was loathe to leave.
 the promise made that it would never fall
 And ne'er to be a cause for me to grieve.
 It sprouted on the counter one fine day,
 The tendrils peeking out more from one end.
 My first instinct was just to throw away;
 But heart said no; to garbage you can't send.

It grew for months, and I did love it so.
 Just in a cup; no water to sustain.
 And then I saw that it began to slow,
 To droop and dry, to smell, to be a bane.
 My onion plant I loved with all my heart.
 Then came the day when we were forced to part.
 May 28, 2020



Onion plant sprouted well



Onion starting drooping



The day we parted

“Life and Death of a Pandemic Onion Plant” by Lynn Johnson

My onion plant grows like a weed;
 I started its life from a seed.
 Now stands proud and tall
 And answers the call:
 A great virus gardening deed.
 My onion plant persists to grow.
 I think it's just out there for show.
 One day it will fall
 And that will be all,
 So then in the garbage will go.

My onion plant's starting to droop;
 Beginning to turn into goop.
 It's growth days are done
 And no longer fun!
 So needs to be put in the soup.
 My onion plant has “bit the dust.”
 To throw away becomes a must.
 The virus has won;
 What started in fun
 Is now what I would call unjust!



Group Games

We have three Mondays with different brain exercises listed on the calendar.

Monday, August 10th, at 2:30 p.m. — Brain Exercise in the lobby.

Monday, August 17th, at 2:30 p.m. — Summertime Bingo in the lobby.

Monday, August 24th, at 2:30 p.m. —Price is Right in the lobby

Actually, we will play all three games during each session in order for more people to play group games due to limited numbers during each session. First, we will play Fun at the Fair Anagram puzzle. Then, we will have Summertime Bingo with premade cards with summertime items on the Bingo cards to win a prize. We will play the game, The Price is Right. The Price is Right is an adapted version of the Price is Right by guessing the prices for popular items from the 1940s and 1950s!

All games will be played following the social distancing guidelines set in place at our community.

There will be a sign-up sheet, so please see Barbara to sign up. It will be a fun time; see you there.

Bob's Photography Collection

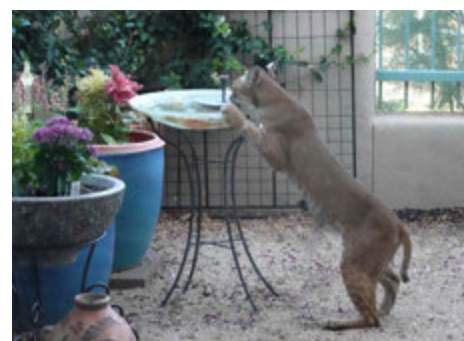
I was 10 years old when I received my first camera. That led to a darkroom in the basement and processing and printing black and white photos. By 16, I was shooting 35mm film, both color and black and white, and stopped the darkroom work. During my early working years, I did mostly vacation photos. Later, I attended some workshops and started being more aware of composition and exposure.

After retirement and moving to Green Valley in 2001, I joined the GVR Camera Club. Being around other members with the same interest on a daily basis created a learning environment with classes and workshops. Also at that time, the switch to digital was happening, and my darkroom interest was reawakened.

The rest is history.



"Hot Air Balloon"



Bob Martin "Backyard Visitor." He was thirsty!



Pictures from Washington and Tanzania; the Elk and Leopard are favorites



Stunning photos with center of cactus and flowers

AUGUST 2020

Birthdays

Phyllis M., 1st
Faigee N., 3rd
Louise M., 6th
Bill K., 7th
Peter Ir., 9th
Ward C. M., 9th
Judy Hop., 11th
Leticia Be., 11th
Ray C., 13th
Pat V., 14th
Joan Wh., 15th
Judy Joh, 21st
Dell B., 22nd
Eiko B., 25th
Jane L., 28th

Anniversaries

David & Marlane T., 8/3/1974
David & Phyllis N., 8/8/1953
Peter & Sharon Ir., 8/9/1964
John & Jean H., 8/16/1969
Kyle & Hattie L, 8/31/1996

Locations

Bistro Room, BR
Cinema, CN
Dining Room, DR
Fireplace Patio, FP
Fireside Lobby, FL
Game Room, GR
Gym, GY
Library, LB
Poolside, PL
Putting Green, PG
Resident Computer Room, RC

Watermelon Day is on August 3rd.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
						
<div>2</div> <div>Pool and Gym As Scheduled</div> <div>9:30 Wii Bowling Team 10, LB</div> <div>1:30 Wii Bowling Team 13, LB</div>	<div>3</div> <div>Pool and Gym As Scheduled</div> <div>8:15 Green Valley Shopping: Safeway</div> <div>9:00 Green Valley Shopping: Walmart</div> <div>9:30 Wii Bowling Team 5, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 1, LB</div> <div>3:00 The Garden Club, BR</div>	<div>4</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:30 Ice Cream Trolley at the Casitas 9 to 17</div>	<div>5</div> <div>Pool and Gym As Scheduled</div> <div>8:45 Chair Zumba, FL</div> <div>9:00 Wii Bowling Team 7, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>10:30 Wii Bowling Team 3, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 1, 2, 3 & 8</div>	<div>6</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>10:00 Wii Bowling Team 2, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 4, 5, 6 & 7</div>	<div>7</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 6, LB</div>	<div>8</div> <div>Pool and Gym As Scheduled</div> <div>9:00 Wii Bowling Team 8, LB</div> <div>10:30 Wii Bowling Team 9, LB</div>
<div>9</div> <div>Pool and Gym As Scheduled</div> <div>9:30 Wii Bowling Team 10, LB</div> <div>1:30 Wii Bowling Team 13, LB</div>	<div>10</div> <div>Pool and Gym As Scheduled</div> <div>8:15 Green Valley Shopping: Safeway</div> <div>9:00 Green Valley Shopping: Walmart</div> <div>9:30 Wii Bowling Team 5, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 1, LB</div> <div>2:30 Brain Teasers, FL</div>	<div>11</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:30 Ice Cream Trolley at the Casitas 9 to 17</div>	<div>12</div> <div>Pool and Gym As Scheduled</div> <div>8:45 Chair Zumba, FL</div> <div>9:00 Wii Bowling Team 7, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>10:30 Wii Bowling Team 3, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 1, 2, 3 & 8</div>	<div>13</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>10:00 Wii Bowling Team 2, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 4, 5, 6 & 7</div>	<div>14</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 6, LB</div>	<div>15</div> <div>Pool and Gym As Scheduled</div> <div>9:00 Wii Bowling Team 8, LB</div> <div>10:30 Wii Bowling Team 9, LB</div>
<div>16</div> <div>Pool and Gym As Scheduled</div> <div>9:30 Wii Bowling Team 10, LB</div> <div>1:30 Wii Bowling Team 13, LB</div>	<div>17</div> <div>Pool and Gym As Scheduled</div> <div>8:15 Green Valley Shopping: Safeway</div> <div>9:00 Green Valley Shopping: Walmart</div> <div>9:30 Wii Bowling Team 5, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 1, LB</div> <div>2:30 Summer Time Bingo, FL</div>	<div>18</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:30 Ice Cream Trolley at the Casitas 9 to 17</div>	<div>19</div> <div>Pool and Gym As Scheduled</div> <div>8:45 Chair Zumba, FL</div> <div>9:00 Wii Bowling Team 7, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>10:30 Wii Bowling Team 3, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 1, 2, 3 & 8</div>	<div>20</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>10:00 Wii Bowling Team 2, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 4, 5, 6 & 7</div>	<div>21</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 6, LB</div>	<div>22</div> <div>Pool and Gym As Scheduled</div> <div>9:00 Wii Bowling Team 8, LB</div> <div>10:30 Wii Bowling Team 9, LB</div>
<div>23</div> <div>Pool and Gym As Scheduled</div> <div>9:30 Wii Bowling Team 10, LB</div> <div>1:30 Wii Bowling Team 13, LB</div>	<div>24</div> <div>9:00 Green Valley Shopping: Walmart</div> <div>9:30 Wii Bowling Team 5, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 1, LB</div> <div>2:30 The Price Is Right, FL</div>	<div>25</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:30 Ice Cream Trolley at the Casitas 9 to 17</div>	<div>26</div> <div>Pool and Gym As Scheduled</div> <div>8:45 Chair Zumba, FL</div> <div>9:00 Wii Bowling Team 7, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>10:30 Wii Bowling Team 3, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 1, 2, 3 & 8</div>	<div>27</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>10:00 Wii Bowling Team 2, LB</div> <div>1:30 Ice Cream Trolley at Bldgs. 4, 5, 6 & 7</div>	<div>28</div> <div>Pool and Gym As Scheduled</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 6, LB</div>	<div>29</div> <div>Pool and Gym As Scheduled</div> <div>9:00 Wii Bowling Team 8, LB</div> <div>10:30 Wii Bowling Team 9, LB</div>
<div>30</div> <div>Pool and Gym As Scheduled</div> <div>9:30 Wii Bowling Team 10, LB</div> <div>1:30 Wii Bowling Team 13, LB</div>	<div>31</div> <div>Pool and Gym As Scheduled</div> <div>8:15 Green Valley Shopping: Safeway</div> <div>9:00 Green Valley Shopping: Walmart</div> <div>9:30 Wii Bowling Team 5, LB</div> <div>9:45 Stretching with Bands, FL</div> <div>1:00 Wii Bowling Team 1, LB</div>					



Fond Fair Memories

There are so many fond memories made each year at State and County Fairs. Do you remember the first fair you attended? What was your favorite part? Please share your favorite fair memories in story form and submit it so it can be posted in the lobby.

Did you ever belong to an FFA or 4-H club that exhibited livestock at a State Fair? Did you compete in a baking or canning competition, and if you did, do you still have the recipe? Do you have any pictures or keepsakes from a State Fair? If so, share them with us in the lobby.

Wood Carving

Roy stated, "What started as a way to pass time during the Covid-19 pandemic has turned into a passion." He can't look at a block of wood without thinking, "What can I create out of that?" Conversely, he can't look at an inanimate object without thinking, "I wonder if I can replicate that?"

He states, "I derive pleasure in trying to recreate an image in wood." He shared some of his efforts for all of to peruse and hoped everyone would get some enjoyment at looking at them as he did in carving them.

1. Daisy was carved from a scrap piece of red cedar fencing.
2. Chain was carved from a single piece of bass wood; very time consuming, but satisfying.
3. Ball in a cage was from a standard pattern. The other one was his design, and he called it Ball in a Bullet.
4. Froggy was inspired by the concrete statue in the courtyard outside his apartment. I must say, it is an exact replica.
5. The butterfly is carved on one side intaglio (recessed) and the other side is bas-relief (convex).
6. Mormon Sun Stone-maple was made from the image of a cornerstone used in the Mormon Temple in Nauvoo, Illinois. The original was made of limestone, weighed over 5,000 pounds, and is on display at the Smithsonian Museum in Washington, D.C. This was his most challenging effort.
7. Mesquite wood he found and likes the colors of the wood. Any ideas of what it should become?

Thank you for sharing with us. We really enjoyed it and it's very impressive!



The Daisy was his first endeavor and was a lot of fun.



Beautiful carving work, Roy!



Medium: Watercolor by Sherrie Hart Van Sickle

Sherrie's paintings are a work of art. Each painting was displayed with an individual story.

Tulips II: It was Easter and her husband, Roy, brought in some tulips from their garden, put them in a vase and placed them on the table. The second she saw them, she stopped and took pictures thinking, "this is a painting." The tulips were volunteer tulips and only appeared that spring. She was glad she had the photos.

Night-Blooming Iris: This was done in Oregon at a co-op gallery where the artists could bring their work and paint while they managed the gallery. She liked the Asian "feel" of the composition.

Callas: This painting is a workshop on the internet classes she took during the Covid-19 isolation time. The purpose was to use the white of the paper for white flowers and give them shape with soft grays.

Daffodils: This is also from a workshop during Covid-19 taught by an artist named Birgit O'Connor, www.birgitoconnor.com. The purpose was to abstract a flower.

Cactus I: She took a picture on their morning walks and learned the cactus was a Santa Cruz Prickly Pear. The pads were actually lavender, turquoise and rose.

Hibiscus: She decided to do a painting of the hibiscus flowers she saw in Hawaii.

Gerbera Daisy: This painting was during isolation time. The purpose of the class was to explore fine detail on flower petals.



Tulips II, Night Blooming Iris, Callas, Sherrie holding Daffodils and Cactus I



Sherrie and Roy, Hibiscus, Gerbera Daisy and Roy's display

Works of Art

It has been great having our weekly art displays by different residents each week. We have so many talented residents, and thank you for sharing your talent and the stories that go with your work.

If you would like to display your work of art, paintings, card making, cross stitching, sewing or quilting, please let us know.

It has been great for all of us to have our lobby turn into a museum of works of art.

Thank you.

THE Peaks
AT SANTA RITA
Active Retirement Living

661 W. Calle Torres Blancas
Green Valley, AZ 85614



When the world
is staying apart,
we are coming
together.

THE Peaks
AT SANTA RITA
Active Retirement Living

520-777-4800

