

SOMERSET

Assisted Living

8360 Cason Road • Gladstone, OR 97027 • Phone (503) 723-7868 • www.seniorlivingstyle.com

AUGUST 2020

SOMERSET STAFF

Administrator.....APRIL POTTER
Director of Health Services.....ROBIN PARR
Assistant Director of
Health Services TARYN HURLEY
Resident Services
CoordinatorRYANA VALDROW
Executive Chef..... LISA EVERETT
Community Sales JILL UFFORD
Activity CoordinatorJENNIFER DENLAY
Activity AssistantNANETTE DAHLSTROM
Administrative Assistant.. CINDY LAUDERBACK
Bus DriverNANETTE DAHLSTROM

TRANSPORTATION

Tuesday & Thursday,
8:30 a.m.-4 p.m.: Medical

Tuesday, 1:20 p.m.: Walmart Shuttle

Wednesday, 9:30-11:30 a.m.: Fred Meyer

HAWTHORN
SENIOR LIVING

Making Face Masks

For one of our Activities, the residents thought it would be fun to make their own face mask. It was fun to watch them and their creativity. We have some funny ones in there that will just put a smile on your face when you see them. We will have another activity where we will be decorating and making fun masks again.





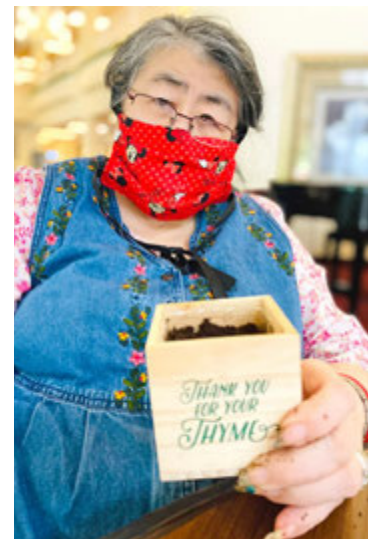
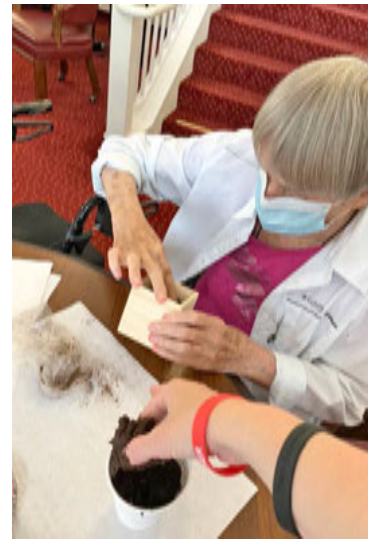
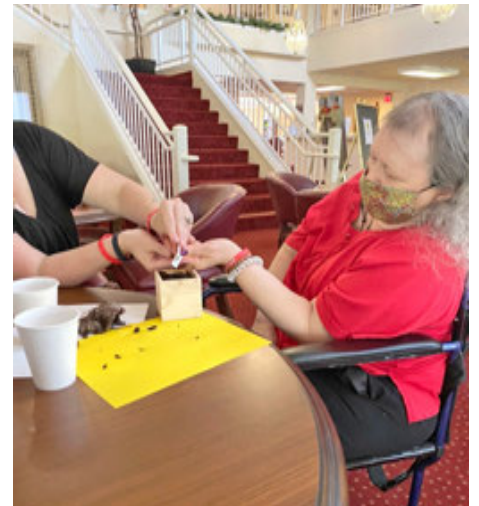
Homemade Butter and Ice Cream

Two activities that we tried were making butter from a jar and homemade ice cream in a ziplock bag. The residents thought this was fun. Of course, we had some sourdough bread to go along with our butter and then some amazing toppings to go with our homemade ice cream. The ice cream one was their favorite and we have requests to try this again.



Making a Special Gift for the Staff

We made some special gifts for the staff. The residents put them together then delivered them to the Caregivers. We want to make sure we thank all of the Caregivers and the Management team, as well as the Kitchen staff.





August Big Days

“I Left My Heart in San Francisco” (1962), and “Fly Me to the Moon” (1965). Tony Bennett’s music would be categorized as “easy listening” music.

PGA 72-Hole Championship Begins — The 102nd PGA Championship is tentatively scheduled for August 3rd-9th. The final 72-hole tournament begins August 3rd. Watch the event on television and cheer for your favorite golfer. Try making golf club sandwiches (finger sandwiches with a golf tee to hold it together) and serve before the game.

Ernie Pyle Birth Anniversary — The Pulitzer Prize-winning journalist was born on August 3rd, 1900. The war correspondent died while on assignment in the Pacific during World War II. Learn more about Ernie Pyle. Share some of his columns today. Show the film story of “GI Joe,” which is based on Ernie Pyle’s time in the Army.

Domestic Diva’s Birthday — Martha Stewart was born on August 3rd, 1941. Learn more about her today. Try one of Martha Stewart’s crafts or one of her recipes today.

Watermelon Day, August 3rd — “When one has tasted it, he knows what the angels eat.” — Mark Twain. Serve watermelon today. Make a cute watermelon fan. Listen to the song “Watermelon Crawl.” See if you can find someone who knows how to do the Watermelon Crawl line dance and ask them to demonstrate.

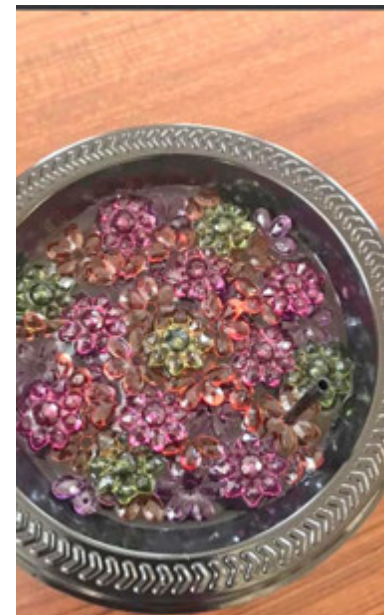
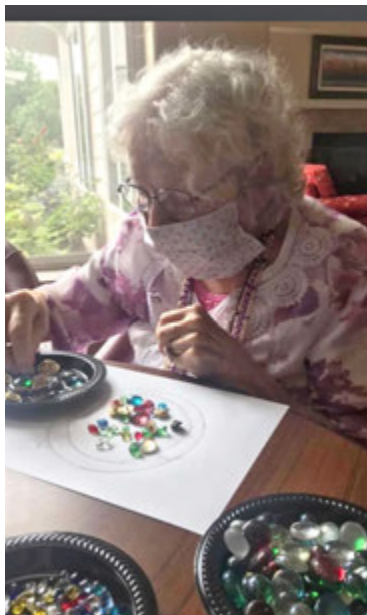
Happy Birthday, Duchess of Sussex — Meghan Markle, former “Suits” and “Horrible Bosses” actress and now the wife of Prince Harry, turns 39 August 4th. (She was born in 1981.) It’s a good day to discuss the royal family. Make sure to share some pictures of her new baby, Archie Harrison Mountbatten-Windsor, who was born in May 2019.

“Well, Hello Dolly” Day — Jazz singer and musician Louis Armstrong was born on August 4th, 1901. In 1963, Armstrong scored a huge international hit with his version of “Hello Dolly.” Learn more about Louis Armstrong, play some jazz music, and sing “Hello Dolly” today. Do you know what other songs Louis Armstrong wrote or recorded? Because Armstrong was famous for playing a trumpet, make a list of other famous trumpet players today.

American Bandstand Day — On August 5th, 1957, “American Bandstand” premiered on TV. Dick Clark hosted the show for more than 30 years. Did any of the residents in your community ever dance on the show?

Arts and Crafts

The residents made their own sun catchers to hang in their windows or trees. Stay tuned to see the finished product.



AUGUST
2020

Meal Times

Breakfast at 8 a.m.,
Dinner at 12:30 p.m.,
and Supper at 5:30 p.m.

Beauty Salon

Thursday and Friday, call
Jane at 503-826-2548
or sign up at Front Desk
for an appointment.

Nail Services
with Shelley

Third Monday, 2-4 p.m.
Sign up at the Front Desk
for an appointment.

“A dog is
a window
to Mother
Nature.”
—Cesar Millan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
10:00 Trivia 2	10:00 Hydration/ Snack Cart 3	10:00 Hydration/ Snack Cart 4	10:00 Hydration/ Snack Cart 5	10:00 Hydration/ Snack Cart 6	10:00 Hydration & Snack Cart 7	9:00 Today in History 1 9:00 Music History 10:00 Hydration & Snack Cart 10:30 Bocce Ball 11:30 Mystery Game 3:00 Arts and Crafts
10:00 Hydration/ Snack Cart	10:00 Bocce Ball	10:00 Wildlife Adventure	10:00 World challenge	10:00 Disney Rock Painting	10:00 Hydration & Snack Cart	10:00 Hydration & Snack Cart 8
11:00 Hallway Chair Zumba	11:30 Fair week	11:30 Hallway Strength Training	11:30 Hallway Chair Zumba	11:30 Strength Training	11:30 Bocce Ball	11:30 Movie Documentary
2:00 Bingo	12:30 Outside Picnic	3:00 Social Hour	2:00 clue game (find Disney)	2:00 Bingo	2:00 Arts and Crafts	2:00 Arts and Crafts
3:00 Hangman	2:00 Art and Puzzle Binder	3:00 Hydration/ Snack Cart	3:00 Hydration/Snack Cart	3:00 Hallway Drumming	3:00 Art Binders	3:00 Hangman
4:00 Aromatherapy	3:00 Hydration/Snack Cart	4:00 Hydration/ Snack Cart	3:00 Art and Puzzle Binder	3:00 Hydration/Snack Cart	3:00 Art Binders	3:00 Hydration & Snack Cart
	4:00 Hallway Singalong		4:00 Hallway Social	4:00 Ice Cream Drive Through	4:00 Drive by Ice Cream	4:00 Hallway Singalong
10:00 Hydration/ Snack Cart 9	10:00 Hydration & Snack Cart 10	10:00 Hydration & Snack Cart 11	10:00 Walking Adventure 12	10:00 Hydration/ Snack Cart 13	9:00 Today in History 14	3:00 Arts and Crafts 9:00 Today in History 9:00 Music History 10:30 Bocce Ball 11:30 Mystery Game 15
10:00 Gardening	10:00 hallway balloon toss	10:00 Bocce Ball	10:00 Hydration/Snack Cart	10:00 Hallway Bowling	9:00 Music History	
11:30 Bingo	11:30 Hallway Chair Zumba	11:30 Hallway Strength Training	11:30 Hallway Chair Zumba	11:30 Hallway Strength Training	10:00 Hydration & Snack Cart	
2:00 Hallway Golf	12:30 Outside Picnic	2:00 Gardening	2:00 Bingo	2:00 Hallway Dancing with Jenn	10:30 Dice	
3:00 Hydration & Snack Cart	2:00 Encouragement Rock Painting	3:00 Hydration & Snack Cart	3:00 Hydration/Snack Cart	3:00 Hydration/Snack Cart	11:30 Easy Arts and Crafts	
4:00 Social Hour	3:00 Hydration & Snack Cart	4:00 Drive by Ice Cream	3:00 Hallway Singalong	4:00 Social Hour	2:30 Advanced Arts and Crafts	
	4:00 Art Binders		4:00 Hallway Drumming			
10:00 Hydration/ Snack Cart 16	10:00 Hydration/ Snack Cart 17	10:00 Hydration/ Snack Cart 18	10:00 Hydration/ Snack Cart 19	10:00 Hydration/ Snack Cart 20	9:00 Today in History 21 9:00 Music History 10:30 Word Games 11:30 Easy Arts and Crafts 2:30 Advanced Arts and Crafts	9:00 Today in History 22 9:00 Music History 10:30 Bocce Ball 11:30 Mystery Game 3:00 Arts and Crafts
10:00 Crafts	10:00 Nail Care	10:00 Badminton	10:00 Hallway Golf	10:00 Flower Arranging		
11:30 Hallway Chair Zumba	11:30 Go Chicken Fat Go	11:30 Hallway Chair Zumba	11:30 Hallway Strength Training	11:30 Hallway Strength Training		
2:00 Hallway Golf	12:30 Outside Picnic	2:00 Backgammon	2:00 Painting	2:00 Adventure Walk		
3:00 Hydration/ Snack Cart	2:00 Pictionary	3:00 Hydration/ Snack Cart	3:00 Karaoke Fun	3:00 Hydration/Snack Cart	9:00 Today in History 23 9:00 Music History 10:30 Dice 11:30 Easy Arts and Crafts 2:30 Advanced Arts and Crafts	9:00 Today in History 24 9:00 Music History 10:00 Hydration & Snack Cart 10:30 Bocce Ball 11:30 Mystery Game 3:00 Arts and Crafts
4:00 Karaoke Fun	3:00 Uno	4:00 Gardening	3:00 Hydration/Snack Cart	4:00 Hallway Bowling		
	4:00 Cranium Crunches		4:00 Badminton			
10:30 Hydration & Snack Cart 23	10:00 Hydration/ Snack Cart 24	10:00 Hydration/ Snack Cart 25	10:00 Hydration & Snack Cart 26	10:00 Hydration & Snack Cart 27	9:00 Today in History 25 9:00 Music History 10:30 Dice 11:30 Easy Arts and Crafts 2:30 Advanced Arts and Crafts	9:00 Today in History 26 9:00 Music History 10:00 Hydration & Snack Cart 10:30 Bocce Ball 11:30 Mystery Game 3:00 Arts and Crafts
10:30 Bingo	10:30 Racquetball	11:30 Drums with Jenn	10:30 Hallway Balloon Toss	10:30 Bocce Ball		
11:30 Strength Training	11:30 Chair Zumba	2:00 Dominoes	11:30 Chair Zumba	11:30 Drums with Jenn		
2:00 Dominoes	12:30 Outside Picnic	3:00 Hydration & Snack Cart	2:00 Dominoes	2:00 Dominoes		
3:00 Hallway Social Hour	2:00 Bingo	3:00 Blackjack	3:00 Hangman	3:00 Hydration & Snack Cart	9:00 Today in History 27 9:00 Music History 10:30 Dice 11:30 Easy Arts and Crafts 2:30 Advanced Arts and Crafts	9:00 Today in History 28 9:00 Music History 10:00 Hydration & Snack Cart 10:30 Bocce Ball 11:30 Mystery Game 3:00 Arts and Crafts
4:00 Today in History	2:00 Dominoes	4:00 Hallway Social Hour	4:00 Word Challenge	4:00 Word Challenge		
	3:00 Dance Party					
10:00 Hydration & Snack Cart 30	10:00 Social Hour 31					
10:30 Bocce Ball	11:30 Go Chicken Fat Go					
11:30 Hallway Dance Party	12:00 Outside Picnic					
2:00 Game of the Day	2:00 Veterans Social					
3:00 Social Hour	3:00 Pictionary					
4:00 Art Binders	4:00 Art Binders					



Father's Day

Somerset made Father's Day special for everyone. We had a snack cart and then a delicious lunch that the Kitchen prepared for us, along with the amazing dessert. We want to thank the Kitchen staff for all of their hard work. Then all of the dads got their Father's Day gifts.





Somerset's Snack Cart

We always love to share our snack carts. We had strawberry shortcake and our rainbow cart. Both carts were amazing and very delicious. I love to see the residents' smiles and dancing in the hallways when they hear us coming.





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When the world
is staying apart,
we are coming
together.

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