

Sanford Estates

Gracious Retirement Living

500 Walton Way • Roswell, GA 30076 • Phone (770) 649-7452 • www.seniorlivinginstyle.com

AUGUST 2020

SANFORD ESTATES STAFF

Managers.....LONNIE & TONI SPEARS
Assistant ManagersRANDY & KATHY HALL
Executive Chef.....MARY BETH MACY
Community SalesMARY BROOKS GREEN
Activity CoordinatorMELISSA MCDONALD
Maintenance Coordinator.....MIKE PHILLIPS
Bus DriverJULES MUGNIER

TRANSPORTATION

Monday, 9:45 a.m.: Shopping In
Roswell and Alpharetta Area

Tuesday, 9 a.m.-3 p.m.: Medical Appointments

Wednesday, TBD: Outing Day

Thursday, 9 a.m.-3 p.m.:
Medical Appointments

Friday, 9:45 a.m.: Shopping In
Roswell and Alpharetta Area

HAWTHORN
SENIOR LIVING

Ben and Pam

Ben and Pam are two of our favorite entertainers. They play a variety of '40s, '50s, '60s and Motown music. Even though they played outside our doors, they were able to rock the house with some great music!



Enjoying the concert

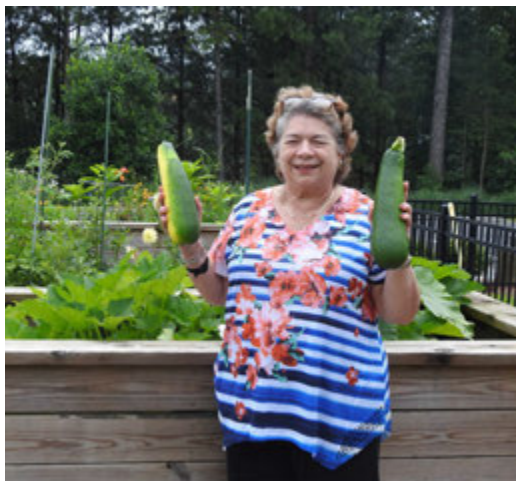


Ben and Pam entertain us.

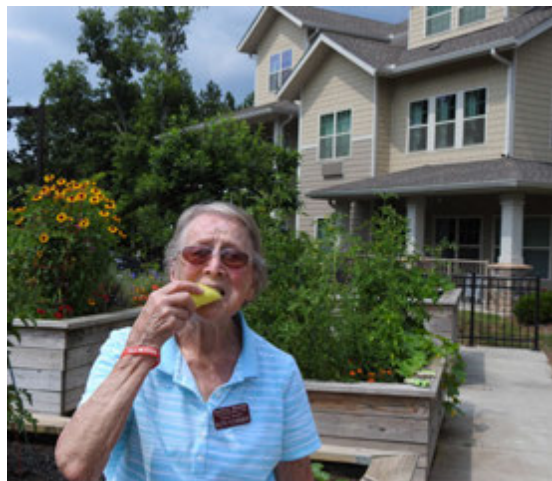


Garden Produce

Our gardens have been flourishing! We have everything from flowers to vegetables to herbs. Some of the vegetable varieties we are growing include yellow and heirloom cherry tomatoes, big boy tomatoes, cucumbers, bell peppers, hot peppers, zucchini, cantaloupe, and more. Everyone enjoys checking the progress of the gardens, whether or not they have a plot.



Rosa and her zucchinis



Ruth eats a pepper fresh from the garden.

Classical Guitarist

Jeffrey Bianchi came to perform a concert for us. He was an excellent classical guitar player and played very beautiful music for us.



Watching the concert from indoors



Jeff Bianchi and his guitar

New Community Sales Manager

Welcome to Mary Brooks Green, our new Community Sales Manager. Mary is from Raleigh, North Carolina. She lived in Parkland, Florida before her relocation here to Atlanta. She has worked in both Assisted Living and Memory Care before she came to Sanford.



Mary Brooks Green

Mary loves bringing life and excitement to older adults. She has some great new ideas to introduce to Sanford. Mary has many passions in addition to loving her work with seniors. She has a heart for veterans, the homeless, at-risk children, and rescue dogs.

Mary has one son, one daughter, and four rescued grandpuppies. She is a Steelers fan and enjoys watching lacrosse and football.

We are delighted to have her at Sanford Estates!



Auction

We finally were able to have our quarterly auction, which had been put on hold until we could have enough residents and be able to space them properly. As usual, it was fun to bid and watch the friendly competition over who could bid the highest on a particular item. Residents used funny money to bid with. They earn this funny money by participating in activities, turning in completed Word Search papers and other mind games, and for wearing red on Fridays to honor our military troops.



Auction items for sale



Residents are ready to bid.

Bluebird of Happiness

We have quite a selection of wild birds that visit Sanford Estates. Our beautiful hanging plants under the portico have served as a nesting place for several house finch families this year. The finches do not harm the plants, and we can see them flying in and out to feed their cheeping babies. We also see goldfinches, hawks, bluebirds, robins, and more. It's a great place to bird watch!



Bluebird on our fence



Baby finches in one of our hanging baskets

AUGUST
2020

Birthdays

Jeff Newman, 4th
Adriana Mevilma,
6th (Employee)
Mike Phillips, 11th
(Employee)
Janet Schell, 16th
Phyllis Pickens, 19th
Randy Hall, 20th
(Employee)
Kay Yeager, 23rd
Teresa Green, 28th
Lea Duffy, 29th

Locations

Activity Room, AR
Activity Room Kitchen, ARK
Atrium, AT
Beauty Salon, BS
Bistro Room, BR
Chapel, CH
Dining Room, DR
Fitness Center, FC
Library, LIB
Lobby, LB
Movie Theater, MT
Off Property, OP
Patio, PT
Pool Room, PR
Television Room
2nd Floor, TR

Sherry’s
Salon

Mondays & Wednesdays
10 a.m.-4 p.m.
721-470-5744
(Walk-ins welcome)

PLEASE NOTE: Calendar
events may change or be
added during the month.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div>1</div> <div>11:00 Wii Sports, AR 1:45 Movie Matinee, MT 3:00 Cash Bingo (5 cents a card), AR 6:30 Sanford Cinema, MT</div>
<div>2</div> <div>11:00 Televised Church Service, MT 1:45 Movie Matinee, MT 4:00 Wii Bowling, AR 6:30 Sanford Cinema, MT</div>	<div>3</div> <div>Sherry’s Salon Open 10 a.m. to 4 p.m. 9:45 Local Shopping, OP 10:30 Donuts & Conversation, AR 11:30 Exercise with Legacy, AR 1:45 Movie Matinee, MT 2:00 Trivia, AR 3:00 Funny \$ Bingo, AR 6:30 Sanford Cinema, MT</div>	<div>4</div> <div>10:00 Yoga with Toni, AR 11:00 Bible Study, CH 1:45 Movie Matinee, MT 2:00 South Pacific Concert, AT 3:15 Bingo, AR 6:30 Sanford Cinema, MT</div>	<div>5</div> <div>Sherry’s Salon Open 10 a.m. to 4 p.m. 10:00 Scenic Drive 1, OP 11:00 Word in a Word, AR 1:45 Movie Matinee, MT 1:45 Scenic Drive 2, OP 3:00 Bingo, AR 4:00 Techno Help with Jacqueline, AR 6:30 Sanford Cinema, MT</div>	<div>6</div> <div>10:00 Tai Chi with Augustine, AR 11:15 Mind & Body, AR 1:45 Movie Matinee, MT 2:00 Trivia, AR 3:15 Funny Money Bingo, AR 6:30 Sanford Cinema, MT</div>	<div>7</div> <div>Wear Red for Our Troops 9:45 Local Shopping, OP 10:30 Yarn Craft Club, DR 11:30 Stretch & Flex, AR 1:45 Movie Matinee, MT 2:00 Let’s Make It (Crafts), AR 4:00 Happy Hour!, AR 6:30 Sanford Cinema, MT</div>	<div>8</div> <div>11:00 Wii Sports, AR 1:45 Movie Matinee, MT 3:00 Cash Bingo (5 cents a card), AR 6:30 Sanford Cinema, MT</div>
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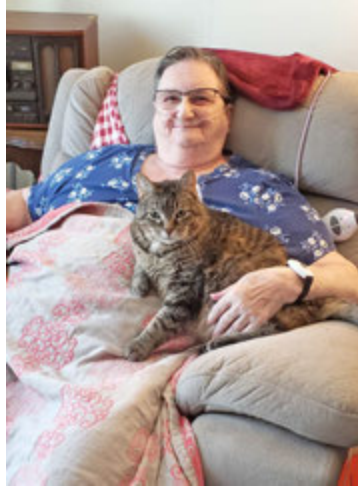


Residents and Their Pets

During these days of uncertainty, pets can really help us to de-stress. Several of our residents have pets. Not only do the animals bring joy to their owners, but also to other residents who interact with them. Here are some of our residents with their “babies.”



Nancy and Callie



Trudi and Taz



Sue and Oreo



Jean and Pita



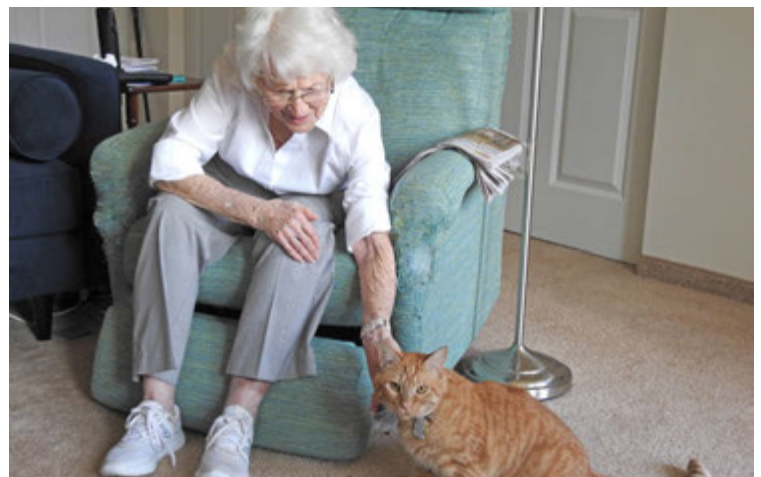
Ann and MaoMao



Shirley and Rocky



Marcia and George with Lacy and Honey



Shirley and Max



August Birthdays

We have several residents and employees with August birthdays. Please take a moment to wish them "Happy Birthday" on their special day.

- 4th** — Jeff Newman (resident)
- 6th** — Adriana Mevilma (employee)
- 11th** — Mike Phillips (employee)
- 16th** — Janet Schell (resident)
- 19th** — Phyllis Pickens (resident)
- 20th** — Randy Hall (Manager)
- 23rd** — Kay Yeager (resident)
- 28th** — Teresa Green (resident)
- 29th** — Lea Duffy (resident)

Thank You to Our Chefs

Our Chefs put out a wonderful spread of food for our residents recently. It included beautiful trays of fruit, cheese, meats, veggies, breads and a tasty punch. Thank you Chef Mary Beth and Sous Chef Felix. You guys are awesome!



Chef Mary Beth and Sous Chef Felix

New Residents

Welcome to our newest residents!

Wanda G. moved here from Texas. Her daughter, Kathy, is our Assistant Manager. Wanda has six great-grandchildren!

Mary J. was born in Sycamore, Georgia and later lived in Philadelphia. Mary has four great-grandchildren. She loves to wear stylish hats, as you can see in her photo.

Teresa G. moved here from Ohio where she was an elementary school teacher for 36 years. She likes giraffes and has a great collection of giraffe figurines. Teresa has three granddaughters.

Jimmy R. is from Georgia and used to sing with a group called "The Young Divines." That group was quite popular in Atlanta and released a record. Look them up on YouTube.

We are delighted to have these residents join our Sanford family!



Wanda G.



Mary J.



Teresa G.



Jimmy R.

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is staying apart,
we are coming
together.

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