

**KEYSTONE PLACE at  
Four Mile Cove**  
1701 Four Mile Cove  
Cape Coral, FL 33990  
239-677-3969

## The Isles Calendar



## August Calendar 2020



### Key

Mainsail—Mainsail Theater on 2rd floor  
Sky Lounge—The outside lounge on the 3rd floor  
Shipyard—Shipyard Game room on 3nd floor  
Yoga/Gym—1st Floor  
Shore LEC Court yard—Court Yard on the Assisted Living through the Life Enrichment Center  
Shores LEC—Life Enrichment Center on the Assisted Living

<b>Sunday</b> 30 <b>** National Toasted Marshmallow Day</b> 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b> <b>1 **National Coloring Book Day and Ice Cream Sandwich Day</b> 11 am Scrabble 2 pm Bingo (Dining Room) 3 pm Aqua Club (Pool Deck)
<b>2</b> 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers  <b>** 2 pm - Return of SpaceX Dragonship (Bistro)</b>	<b>3 **Medical Appointments</b> 11 am Yoga/Stretching 1 pm Dominoes 1:30 pm Craft (Shores LEC) 7 pm Movie Night	<b>4 **National Chocolate Chip Cookie Day</b> 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:30 pm Game Night 3/13  ***9:30 am Lee Memorial Pain Management Class	<b>5 **Medical Appointments</b> 10 am Shuffleboard (Shore LEC Court yard) 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) <b>4 pm Happy Hour</b> 7 pm Movie Night	<b>6</b> 10:30 am Food planning 11:30 am Strength Training 1:30 pm Aqua Aerobics <b>2 pm National Root Beer Float Day</b> 6:30 pm Game Night 3/13	<b>7</b> 11 am Yoga/Stretching 1:30 Movie (Shores) <b>2 pm National Water Balloon Day</b> 7 pm Movie Night	<b>8</b> 11 am Scrabble 2 pm Bingo (Dining Room) 3 pm Aqua Club (Pool Deck)
<b>9</b> 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers	<b>10 **Medical Appointments</b> 11 am Yoga/Stretching 1 pm Dominoes 1:30 pm Craft (Shores LEC) <b>2 pm National S’more Day and Marshmallow Challenge</b> 7 pm Movie Night	<b>11</b> 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:30 pm Game Night 3/13  ***9:30 am Lee Memorial Pain Management Class	<b>12 **Medical Appointments</b> 10 am Shuffleboard (Shore LEC Court yard) 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) 4 pm Happy Hour 7 pm Movie Night	<b>13</b> 10:30 am Resident Meeting 11:30 am Strength Training 1:30 pm Aqua Aerobics 1:30 pm Dominoes (Shores LEC) 6:30 pm Game Night 3/13	<b>14</b> 11 am Yoga/Stretching 1:30 Movie (Shores) 7 pm Movie Night	<b>15</b> 11 am Scrabble 2 pm Bingo (Dining Room) 3 pm Aqua Club (Pool Deck)
<b>16 **National Tell A Joke Day</b> 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers	<b>17 **Medical Appointment</b> <b>**National “I Love My Feet Day”</b> 11 am Yoga/Stretching 1 pm Dominoes 1:30 pm Craft (Shores LEC) 7 pm Movie Night	<b>18 **National Fajita Day</b> 11 am Strength Training 1:30 pm Bingo (Shores LEC) 1:30 pm Aqua Aerobics 6:30 pm Game Night 3/13  ***9:30 am Lee Memorial Pain Management Class	<b>19 **Medical Appointments</b> 10 am Shuffleboard (Shore LEC Court yard) 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) <b>4 pm Happy Hour</b> 7 pm Movie Night	<b>20 **National Bacon Lovers Day</b> 11:30 am Strength Training 1:30 pm Aqua Aerobics 1:30 pm Dominoes (Shores LEC) 6:30 pm Game Night 3/13	<b>21</b> 11 am Yoga/Stretching 1:30 Movie (Shores) <b>2 pm National Senior Citizen Day</b> 7 pm Movie Night	<b>22 **National Be an Angel Day</b> 11 am Scrabble 2 pm Bingo (Dining Room) 3 pm Aqua Club (Pool Deck)
<b>23</b> 11 am Billiard Club (Shipyard) 1:30 pm Aqua Club (Pool Deck) 3 pm Games (Shipyard) 7 pm Sun Set Cheers	<b>24 **Medical Appointments</b> <b>**National Waffle Day</b> 11 am Yoga/Stretching 1 pm Dominoes 1:30 pm Craft (Shores LEC) 7 pm Movie Night	<b>25</b> 11 am Strength Training 1:30 pm Aqua Aerobics <b>2 pm National Banana Split Day</b> 6:30 pm Game Night 3/13  ***9:30 am Lee Memorial Pain Management Class	<b>26 **Medical Appointments</b> 10 am Shuffleboard (Shore LEC Court yard) 11 am Yoga/Stretching 1:30 pm Painting (Shores LEC) <b>4 pm Happy Hour</b> 7 pm Movie Night	<b>27</b> 11:30 am Strength Training 1:30 pm Aqua Aerobics 1:30 pm Dominoes (Shores LEC) 6:30 pm Game Night 3/13	<b>28 **National Bow Tie Day</b> 11 am Yoga/Stretching 1:30 Movie (Shores) 7 pm Movie Night	29 11 am Scrabble 2 pm Bingo (Dining Room) 3 pm Aqua Club (Pool Deck)

Calendar Subject to Change