

SALMON CREEK

Gracious Retirement Living

4890 North Cloverdale Road • Boise, Idaho 83713 • Phone (208) 938-5529 • www.seniorlivinginstyle.com

AUGUST 2020

SALMON CREEK STAFF

Managers..... SHAWN & CHRISTINE MURPHY
Assistant Managers HANS &
JENNIFER KRIJNEN
Executive Chef NIK CORRELL
Community Sales JENNIFER ANDERSON
Activity Coordinator CRISTIANN BEAR
Maintenance CLIFF MILLER
Bus Driver SCOTT THOMPSON

TRANSPORTATION

**Monday & Friday, 10 a.m.-
noon:** Shopping/Banking

Tuesday & Thursday, 8 a.m.-4 p.m.:
Professional Appointments

Wednesday, Per Calendar Event: Outings

Saturday, Per Calendar Event:
Special Events Only

HAWTHORN
SENIOR LIVING

Welcome to Month Eight!

August is known for many things, including the dog days of summer, National Watermelon Day (August 3rd) and National Smile Week (August 5th-11th). But there are many other fun facts associated with summer's last full month.

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar.

In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

Fans of Elvis Presley mourn each August 16th, the day the famed singer died in 1977.

On Aug. 21, 1911, the Mona Lisa was stolen from the Louvre Gallery and not recovered for two years.

Although civil rights activist Martin Luther King Jr. is honored in January, when he was born, he is best known for his famed "I Have a Dream" speech, which was given on Aug. 28, 1963.

The month of August is often referred to as the "dog days of summer" but not because of pet pooches. It has to do with the star Sirius, also known as the dog star, which rose at the same time as sunrise during the month of August in ancient Roman times.

August Quotes

"Shall I compare thee to a summer's day?" — William Shakespeare

"August, the summer's last messenger of misery, is a hollow actor." — Henry Rollins

"In August, the large masses of berries, which, when in flower, had attracted many wild bees, gradually assumed their bright velvety crimson hue, and by their weight again bent down and broke their tender limbs." — Henry David Thoreau

(Continued inside.)



Welcome to Month Eight! (Continued)

“What dreadful hot weather we have! It keeps me in a continual state of inelegance.” — Jane Austen

“If a cold August follows a hot July, It foretells a winter hard and dry.” — Unknown

“Sunset Boulevard opened in August 1950, and it was pronounced the best movie ever made about Hollywood.” — Gloria Swanson

“Whilst August yet wears her golden crown,
Ripening fields lush- bright with promise;
Summer waxes long, then wanes, quietly passing
Her fading green glory on to riotous Autumn.”

— Michelle L. Thieme

“Nobody ever drowned in his own sweat.” — Ann Landers

“The Queen of Hearts, she made some tarts, all on a summer day:
The Knave of Hearts, he stole those tarts, and took them quite away!”

— Lewis Carroll

“There’s a time each year that we always hold dear,
Good old summer time;
With the birds and the trees’ es and sweet scented breezes,
Good old summer time,
When your day’s work is over, then you are in clover,
And life is one beautiful rhyme,
No trouble annoying, each one is enjoying,
The good old summer time.”

— “In the Good Old Summertime,” lyrics by Ron Shields

Western Idaho Fair: The Social Event of the Summer for Over 120 Years

Even though we won’t be able to spend time at the fair we can still remember all the wonderful things about it!

Western Idaho Fair’s history dates back to 1897 when it got started as the Intermountain Fair. The fair sprang out of a need for the community to connect Boise and other larger cities that were 300 miles apart. With Boise’s strong agricultural roots, the first fair featured three major departments: livestock, products of the soil, and a domestic manufacturing/home department. These bigger categories were subdivided in later years into smaller departments that can still be found today. The fair highlighted Idaho’s natural resources as its prime motivation. Fair colors of purple, white and yellow symbolized fruit, silver and gold.

People flocked to the fair for the exhibitions and social gathering, spending money in the city. The income helped supplement the war effort of 1943 through events such as a benefit rodeo supporting Gowen Field. Throughout the history of Western Idaho Fair, the doors have remained open since 1897 to the present with some extreme cases when it closed its doors due to severe economies. In 1922, the economy strangled the life out of the event for the next four years. During the Great Depression the grounds would not open for the fair for another three-year stretch. Following the economic strife, in 1936 Ada County appointed a regular fair board to organize what they named “Western Idaho State Fair.” A perilous year in 1944 put the Fair on shaky ground after it was hindered by a new bill prohibiting all fairs from opening on Sundays and holidays. As a result, the 1944 Fair opened for just four days.

Even though the Western Idaho Fair has had its challenges one constant remains: children. Kids come to see and enjoy the fair’s many entertainment offerings, but also to enter livestock or crafts. Area youth show those who walk through the fair gates what their hard work has done for them. With the creation of the fair, 900 children walked in the opening “Queen of the Fair Parade.” In 1912, 4-H began at the fair and in 1917 the U.S. Department of Education recognized FFA as an educational organization.

Main attractions for the fair have changed a great deal from 1897. In the early beginnings of the fair, only agricultural events were held, along with horse racing and cowboy contests. The fair partnered with Boise City Jockey Club and held daily racing events. Cowboy contests such as steer roping and bronco riding drew large crowds. Horse racing and cowboy contests remained until the formation of the Snake River Stampede. Highlighting the West theme came Buffalo Bill’s Wild West Show. It was featured on Aug. 18, 1902, and was said to be so big that it was an international show.

Just a few years into its arrival, the fair expanded into carnival rides and games. The Ferris wheel was a much-anticipated attraction for fairgoers everywhere, as was the merry-go-round. The Ferris wheel at the fair was said to be the first-ever west of the Mississippi. Another staple attraction was the Idaho Queen of the Fair contest. Judged by the public, local female contestants were nominated from various counties with each vote costing 10 cents. The First Idaho Intermountain Fair opened with the queen’s parade, a band playing the national anthem and the Queen of the Fair receiving gifts from the mayor.

Grandstand acts were not the upbeat concerts of today. Instead the fair hosted war reenactments and sometimes plane or “dog” fights. In 1898, battles were replicated



complete with soldiers and explosions, while audience members looked on from the safety of their seats. Battles depicted wars with Germany and even Napoleon. On April 20, 1911, the Wright Brothers and Glen Curtiss sent their planes for an exhibition. Aviation was the highlight again when Charles A. Lindberg made an appearance on Sept. 4, 1927; Lindberg was famous for his solo flight from New York to Paris. Apart from the big acts, smaller entertainment on the grounds was available. Music was always present with many bands sprinkled around the grounds for patrons to enjoy.

Western Idaho Fair has come a long way with grounds entertainment showcasing national bands to dock dogs to a carnival section that has expanded to more than seven acres. Night shows at the grandstand feature big-name artists from country music to classic rock. Yet the foundation of the fair is still agriculture, where patrons can watch chickens hatch, see a top livestock show or view the latest organic produce.

(idahofair.com)

It's a Nice Day!

"Say, Pooh, why aren't you busy?" I said.

"Because it's a nice day," said Pooh.

"Yes, but ..."

"Why ruin it?" he said.

"But you could be doing something important," I said.

"I am," said Pooh.

"Oh? Doing what?"

"Listening," he said.

"Listening to what?"



"To the birds. And that squirrel over there."

"What are they saying?" I asked.

"That it's a nice day," said Pooh.

"But you know that already," I said.

"Yes, but it's always good to hear that somebody else thinks so, too," he replied.

What's Sweet in August?

This month, the best tasting and cheapest fruits are likely to be in season. Here's a guide to what's good in August! Try a few new fruits this month!

- Blood oranges
 - Mandarins
 - Custard apples
 - Fuji apples
 - Grapefruit
 - Kiwi
 - Lemons and limes
 - Nashi (Asian pear)
 - Navel oranges
 - Pineapple
 - Rhubarb
 - Strawberries
 - Tangelo
- (portmanteau of tangerine and pomelo)



Tangelo!



Custard apple!

And the Prize Goes To ...



Tera!



Senseless Segment of Trifles and Smiles

- I need to social distance from my refrigerator so I can flatten my curve!
- A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen. "Careful," he said, "Careful! Put in some more butter! Oh my gosh! You're cooking too many at once. Too many! Turn them! Turn them now! We need more butter. Oh my gosh! Where are we going to get more butter? They're going to stick! Careful. Careful! I said be careful! You never listen to me when you're cooking! Never! Turn them! Hurry up! Are you crazy? Have you lost your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. Use the salt! The salt!"

The wife stared at him. "What in the world is wrong with you? You think I don't know how to fry a couple of eggs?"

The husband calmly replied, "I just wanted to show you what it feels like when I'm driving."

- A guy is reading his paper when his wife walks up behind him and smacks him on the head with a frying pan. He asks, "What was that for?" She says, "I found a piece of paper in your pocket with 'Betty Sue' written on it." He says, "Jeez, honey, remember last week when I went to the track? 'Betty Sue' was the name of the horse I went there to bet on." She shrugs and walks away.

Three days later he's reading his paper when she walks up behind him and smacks him on the back of the head again with the frying pan. He asks, "What was that for?" She answers, "Your horse called."

- An out-of-towner drove his car into a ditch in a desolated area. Luckily, a local farmer came to help with his big strong horse named Buddy. He hitched Buddy up to the car and yelled, "Pull, Nellie, pull!" Buddy didn't move. Then the farmer hollered, "Pull, Buster, pull!" Buddy didn't respond.

Once more the farmer commanded, "Pull, Coco, pull!" Nothing. Then the farmer nonchalantly said, "Pull, Buddy, pull!" And the horse easily dragged the car out of the ditch. The motorist was most appreciative and very curious. He asked the farmer why he called his horse by the wrong name three times. The farmer said, "Oh, Buddy is blind and if he thought he was the only one pulling, he wouldn't even try!"

- A man and woman had been married for more than 60 years. They had shared everything. They had talked about everything. They had kept no secrets from each other, except that the little old woman had a shoe box in the top of her closet that she had cautioned her husband never to open or ask her about.

For all of these years, he had never thought about the box, but one day, the little old woman got very sick and the doctor said she would not recover.

In trying to sort out their affairs, the little old man took down the shoe box and took it to his wife's bedside.

She agreed that it was time that he should know what was in the box. When he opened it, he found two crocheted dolls and a stack of money totaling \$95,000.

He asked her about the contents. "When we were to be married," she said, "my grandmother told me the secret of a happy marriage was to never argue. She told me that if I ever got angry with you, I should just keep quiet and crochet a doll."

The little old man was so moved; he had to fight back tears. Only two precious dolls were in the box. She had only been angry with him two times in all those years of living and loving. He almost burst with happiness.

"Honey," he said, "that explains the dolls, but what about all of this money? Where did it come from?"

"Oh," she said. "That's the money I made from selling the dolls."



Instead of the John I call my
bathroom the Jim!
That way it sounds better when I
say I go to the Jim first thing
every morning!!!



- Last year, I replaced all the windows in my house with those expensive double-pane energy efficient kind. But this week, I got a call from the contractor complaining that his work had been completed a whole year and I had yet to pay for them. Boy, oh boy, did we go around! I'm not stupid! So, I proceeded to tell him just what his fast-talking sales guy had told me last year. He said that in one year, the windows would pay for themselves. There was silence on the other end of the line, so I just hung up, and he hasn't called back. Guess he was embarrassed.
- A woman on the phone to her friend; I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

Salmon Creek Strong!

This summer has been a fantastic one for us inside of the building! It's fun to see how creative we can all get with the space we are given! Together we will knock this season out of the park and eventually get to go out to a park together! With great patience and waiting we have become closer and learned how to appreciate the small things in life like Popsicles, smiles, and walks on sunny days. Enjoy some photos of your friends!



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When the world
is staying apart,
we are coming
together.

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