

# Salishan

## GRACIOUS RETIREMENT LIVING

191 Astaire Lane • Spring Hill, Florida 34609 • Phone (352) 263-2300 • [www.seniorlivinginstyle.com](http://www.seniorlivinginstyle.com)

### AUGUST 2020 SALISHAN STAFF

Managers..... JOHN & BECKY COON  
Assistant Managers .. PAXTON & CATHY SCHMIDT  
Executive Chef ..... GARY NILES  
Community Sales ..... KERI LIM  
Activity Coordinator ..... ARIEL LENART  
Maintenance Coordinator..... PEDRO SANCHEZ  
Bus Driver ..... BILL FRAMPTON

### TRANSPORTATION

**Monday & Friday,**

**9:15 a.m.-3:15 p.m.:** Shopping

**Tuesday & Thursday, 9:15 a.m.-3:15 p.m.:**

Doctor Appointments — Spring Hill

**Wednesday, Resident Outing:** See Calendar

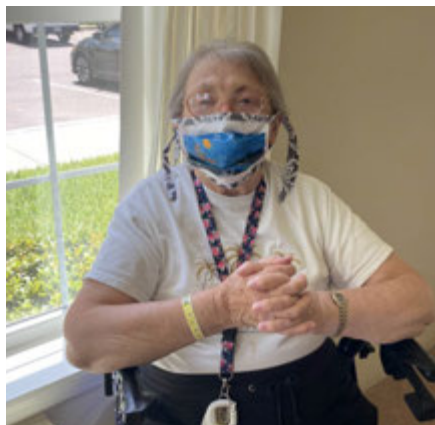
### Mask Contest

At the end of June, there was a contest going on with the different Hawthorn homes and Salishan was a part of it. The contest was to create masks and then post pictures and/or



videos of you wearing them. We had so much fun painting and then putting what we painted on our masks. The ones who didn't want to paint enjoyed finding images to use for theirs. We then ironed on the images to the white masks, which our Assistant Manager Cathy made for us. Then we all got together and created a video. We did the wipe it off challenge. The idea behind the challenge is simple: The video begins with someone wearing or doing something. (We had them either appear alone wiping or holding their artwork.) They wipe down a mirror and appear in a new look, only to keep wiping all while the song "Wipe It Down" by BMW Kenny plays. The video turned out really cute! If you want to see it, go to the Activities Room and Ariel will show it to you. Thank you to everyone who was a part of it!

**HAWTHORN**  
SENIOR LIVING







## Father's Day

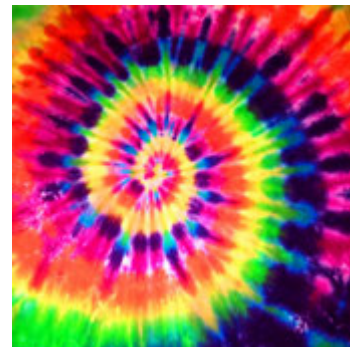
Father's Day went swimmingly! We had a nice meal prepared by our Chef. The men each received soap on a rope in their gift bags and some other goodies. We had a drawing. Congratulations to each of our winners! The men and their wives got their picture taken wearing a captain's hat in front of the captain's wheel. What a nice day it was.



## A Groovy Look at Tie-Dye

It's a fun craft with a history as an art form and a symbol of self-expression. Tie-dye's bright colors and intricate patterns remain an enduring fashion.

Tie-dye is a form of resist dyeing, an age-old technique used by cultures all over the world, from South America to Africa to Asia. The method involves tying or sewing together sections of fabric, so that they will be blocked when dipped into dye. When the fabric is untied, it reveals a pattern, created by the bound sections that "resisted" the dye.



In the U.S., tie-dye first emerged in the 1920s and gained popularity as a thrifty way to design home décor and clothing during the Depression. But the craft really blossomed during the cultural revolution of the 1960s. Since no two hand-dyed garments were alike, wearing tie-dye was a way to express individualism and creativity. The groovy designs and rainbow hues became a symbol of peace and love.

An easy and inexpensive craft project, tie-dyeing t-shirts and other textiles is a popular activity for all ages.

Look in your Calendar to see when we're going to tie-dye shirts!

## New Mr. and Mrs.

Congratulations to the newly married Ron and Laura! They had a beautiful wedding in June surrounded by family and friends.







## Fair Facts

1. Both the Texas State Fair and the Minnesota State Fair claim to have invented the corn dog.
2. A giant butter sculpture of a cow has been an Iowa State Fair institution since 1911.
3. What popular State Fair food has the most calories? The giant turkey leg! This fair food favorite has a whopping 1,136 calories and 54 grams of fat.
4. Each year the Midwest Dairy Association names a new Dairy Princess at the Minnesota State Fair. The Dairy Princess' official title is Princess Kay of the Milky Way. A sculpture of the winner is carved out of a 90 lb. block of butter!
5. The earliest funnel cakes came from the Pennsylvania Dutch.
6. The Minnesota State Fair is known for their many kinds of food on a stick.
7. California's State Fair is home to the oldest wine competition in North America, with over 2,800 entries a year.
8. In 2018, Ohio's State Fair was the first to serve burgers sandwiched between two donuts and topped with onions and green peppers.
9. Dr. Pepper was originally debuted at a State Fair. The popular soda was unveiled at the 1904 World's Fair in St. Louis.
10. You might think of cheese when you think of Wisconsin, but the most popular food at the Wisconsin State Fair is hands down the cream puffs. Over 350,000 of them are sold every year.



Thursday, August 20th, we are going to have our very own Fair here at Salishan.

## John's Pass Village and Boardwalk

Every Wednesday we go out on a trip. One of our Wednesday outings was to the beautiful John's Pass Village and Boardwalk. We enjoyed walking around looking at the shops and then eating at a cute Forest Gump themed restaurant called Bubba Gumps.





AUGUST  
2020

Birthdays

Clenton McLaughlin, 1st  
Carol Eckhoff, 2nd  
Beverly Mann, 6th  
Barbara Urban, 7th  
RoseMarie Antoni, 12th  
Loretta South, 12th  
Susan Languirand, 15th  
Maria Ayarza, 17th  
Arlene Columbo, 20th  
Cecil McDermott, 20th  
Vita Harmon, 22nd  
Mel Begeska, 31st

Locations

Activity Room, AR  
Atrium, AT  
Billiards Room, BR  
Card Room, CR  
Lanai, LN  
Library, LI  
Lobby, LB  
Pool, PL  
Theater, TH  
TV Room, TV  
Worship Room, WR

Northern  
Exposure at  
Salishan Salon

Hours of Operation:

Wednesday–Friday:  
9 a.m.–4 p.m.  
Saturday: 9 a.m.–3 p.m.  
Phone: 352-686-3015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
						<div>1</div> <div>10:00 Rummikub, CR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Afternoon Matinee, TH</div> <div>7:00 Evening Movie, TH</div> <div></div>
<div>10:00 Rummikub, CR</div> <div>10:00 Wii Bowling, AR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Movie Matinee, TH</div> <div>4:00 Nickel Bingo, AR</div> <div>7:00 Evening Movie, TH</div> <div></div> <div>2</div>	<div>10:00 Rummikub, CR</div> <div>11:00 Laugh Yoga, AR</div> <div>11:30 Garden Club, LN</div> <div>2:00 Nickel Bingo, AR</div> <div>3:30 Water Aerobics, PL</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div> <div>3</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Beanbag Baseball, AT</div> <div>2:00 Pokeno, AR</div> <div>3:00 Tea at Three, AR</div> <div>7:00 Evening Movie, TH</div> <div>4</div>	<div>5</div> <div>Outing Day!</div> <div>10:00 Rummikub, CR</div> <div>4:00 Nickel Bingo, AR</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Horse Racing, AT</div> <div>11:15 Chef/Resident Meeting, AR</div> <div>2:30 Pokeno, AR</div> <div>3:30 Candy Trivia DVD, AR</div> <div></div> <div>6</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Fly Swatter and Balloon Exercise, AR</div> <div>11:00 Jumbo Bowling, AT</div> <div>2:00 Nickel Bingo, AR</div> <div>3:00 Hangman, AR</div> <div>3:30 Root Beer Float Social, AR</div> <div>7:00 Evening Movie, TH</div> <div></div> <div>7</div>	<div>8</div> <div>10:00 Rummikub, CR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Afternoon Matinee, TH</div> <div>7:00 Evening Movie, TH</div>
<div>10:00 Rummikub, CR</div> <div>10:00 Wii Bowling, AR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Movie Matinee, TH</div> <div>4:00 Nickel Bingo, AR</div> <div>7:00 Evening Movie, TH</div> <div>9</div>	<div>10:00 Rummikub, CR</div> <div>11:00 Laugh Yoga, AR</div> <div>11:30 Garden Club, LN</div> <div>2:00 Nickel Bingo, AR</div> <div>3:30 Water Aerobics, PL</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div> <div>10</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Beanbag Baseball, AT</div> <div>11:30 Manager/Resident Meeting, AR</div> <div>2:00 Pokeno, AR</div> <div>3:30 Cupcake Walk, AT</div> <div>7:00 Evening Movie, TH</div> <div>11</div>	<div>12</div> <div>Outing Day!</div> <div>10:00 Rummikub, CR</div> <div>4:00 Nickel Bingo, AR</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div> <div></div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Horse Racing, AT</div> <div>2:30 Pokeno, AR</div> <div>3:30 Candy Trivia DVD, AR</div> <div>7:00 Evening Movie, TH</div> <div>13</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Fly Swatter and Balloon Exercise, AR</div> <div>11:00 Jumbo Bowling, AT</div> <div>2:00 Nickel Bingo, AR</div> <div>3:00 Hangman, AR</div> <div>3:30 Tie Dye Totes, AR</div> <div>7:00 Evening Movie, TH</div> <div>7:00 Card Club, AR</div> <div></div> <div>14</div>	<div>15</div> <div>10:00 Rummikub, CR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Afternoon Matinee, TH</div> <div>7:00 Evening Movie, TH</div> <div></div>
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<div>10:00 Rummikub, CR</div> <div>10:00 Wii Bowling, AR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Movie Matinee, TH</div> <div>4:00 Nickel Bingo, AR</div> <div>7:00 Evening Movie, TH</div> <div>23</div>	<div>10:00 Rummikub, CR</div> <div>11:00 Laugh Yoga, AR</div> <div>11:30 Garden Club, LN</div> <div>2:00 Nickel Bingo, AR</div> <div>3:30 Water Aerobics, PL</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div> <div>24</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Beanbag Baseball, AT</div> <div>2:00 Pokeno, AR</div> <div>3:30 Make Watermelon Glasses, AT</div> <div>7:00 Evening Movie, TH</div> <div>25</div>	<div>26</div> <div>Outing Day!</div> <div>10:00 Rummikub, CR</div> <div>4:00 Nickel Bingo, AR</div> <div>6:45 Mexican Train/ Card Club, AR</div> <div>7:00 Evening Movie, TH</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Beach Ball, Exercise, AT</div> <div>10:30 Horse Racing, AT</div> <div>2:30 Pokeno, AR</div> <div>3:30 Candy Trivia DVD, AR</div> <div>7:00 Evening Movie, TH</div> <div>27</div>	<div>10:00 Rummikub, CR</div> <div>10:00 Fly Swatter and Balloon Exercise, AR</div> <div>11:00 Jumbo Bowling, AT</div> <div>2:00 Nickel Bingo, AR</div> <div>3:00 Hangman, AR</div> <div>3:30 Decorate Birdhouses, AR</div> <div>7:00 Evening Movie, TH</div> <div>7:00 Card Club, AR</div> <div>28</div>	<div>29</div> <div>10:00 Rummikub, CR</div> <div>11:00 Crossword Puzzles, CR</div> <div>2:30 Afternoon Matinee, TH</div> <div>7:00 Evening Movie, TH</div>
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## Unfolding the History of Road Maps

These days, a road trip usually involves using a GPS device or smartphone. But before such technology existed, travelers in need of directions relied on paper road maps.

Some of the first road maps are scrolls from A.D. 350 that depict the network of Roman roads. America's first road atlas came centuries later, when the "The Survey of the Roads of the United States of America" was printed in 1789.

Throughout the 1800s, most people who traveled long distances did so by train, so the next major road map didn't arrive until 1901, with the "Official Automobile Blue Book." Along with showing notable landmarks, the guide also included locations of service stations. Spurred by the success of the Ford Model T, other publishers soon began producing maps for automobile travelers.

The Federal Highway Act of 1921, which created the country's interstate road system, as well as the post-World War II baby boom years led to an increase in driving, and therefore, road maps. Many were giveaways from businesses such as oil companies, hotels and auto clubs, wanting to advertise their services. These early guides often featured original artwork that offered sightseeing tips, encouraging travelers to discover America.

Most paper road maps are now distributed by state tourism departments.



## Flea Market

One Saturday in July we had an indoor Flea Market. We had a chance to sell items and walk around and look at what people were selling. Thank you to everyone who participated!







## Popsicle Holders

One of our fun and creative crafts last month was making a holder out of a water bottle and Popsicle sticks. We each used a glue gun to glue on the sticks to the water bottle, then we wrapped twine around them and glued on a flower. They came out super cute!



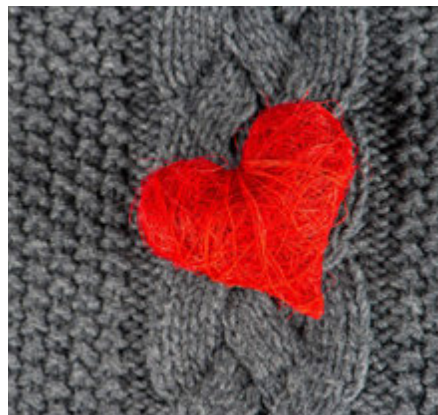
## Tea at 3

Every 1st and 3rd Tuesday of the month, we get together in the Activities Room for Tea at 3. We enjoy eating an assortment of fruit, cheese and desserts! It's also a nice time to socialize with one another. Come join us for our next one!



## Sewing

If you need anything sewed or hemmed, Sally's your girl! Sally Matthews is on the 2nd floor and she's willing to share her creativeness with us. We are going to be doing activities soon that involve sewing. So, get your machines out and let's get creative!





191 Astaire Lane  
Spring Hill, Florida 34609



When the world  
is staying apart,  
we are coming  
together.

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