

Heatherwood

Gracious Retirement Living

1624 Main Street • Tewksbury, MA 01876 • Phone (978) 851-2063 • www.seniorlivinginstyle.com

AUGUST 2020 HEATHERWOOD STAFF

Managers.....JEREMY & TAMMY RODRIGUEZ
Assistant Managers DANIEL MCGARR
& HAILY PINARD
Executive Chef GERALDO CABRAL
Sous Chef JULIAN DUARTE
Activity Coordinator JARYD PALMER
Maintenance CARLOS RODRIGUEZ
Bus Driver DAVID LANGFORD
Head Housekeeper JULIE CHAMPOUX
Lead HousekeepersSUE GAUTHIER, KIM RENAUD,
CARMON GARCIA, MAEVE COSTIGAN & IZZY PITCHER

TRANSPORTATION

**Monday & Friday, 10 a.m.-noon and
2-4 p.m.:** Local Errands and Shopping

Tuesday & Thursday, 9 a.m.-3 p.m.:
Medical Appointments

Wednesday, 11:30 a.m.: Lunch
Bunch/Special Outings

Wednesday, 8:45-9:45 a.m.: St.
Williams Catholic Mass

HAWTHORN
SENIOR LIVING

Welcome Back to the Dining Room!

For more than 100 days our Dining Room had been closed due to the Covid-19 pandemic and our amazing housekeepers were hand delivering more than 300 meals per day to all residents. On July 6th we welcomed all residents back to the Dining Room with safety precautions in place. It was wonderful to see all of you back in the Dining Room!



Bob and Rosemary



Paula and Marvin



Grace and Tina



Morning Breakfast



Place Your Bets!

The Heatherwood Derby horse race is one of our residents' favorite games! Our six horses come out to race down the track. Roll the dice to see if you can get your horse to the finish line first. Bring your quarters!



Pieces to the Puzzle

Another puzzle has been completed by our residents!

Welcome to Maine "Vacationland"





Unfolding the History of Road Maps

These days, a road trip usually involves using a GPS device or smartphone. But before such technology existed, travelers in need of directions relied on paper road maps.

Some of the first road maps are scrolls from A.D. 350 that depict the network of Roman roads. America's first road atlas came centuries later, when the "The Survey of the Roads of the United States of America" was printed in 1789.

Throughout the 1800s, most people who traveled long distances did so by train, so the next major road map didn't arrive until 1901, with the "Official Automobile Blue Book." Along with showing notable landmarks, the guide also included locations of service stations. Spurred by the success of the Ford Model T, other publishers soon began producing maps for automobile travelers.

The Federal Highway Act of 1921, which created the country's interstate road system, as well as the post-World War II baby boom years led to an increase in driving, and therefore, road maps. Many were giveaways from businesses such as oil companies, hotels and auto clubs, wanting to advertise their services. These early guides often featured original artwork that offered sightseeing tips, encouraging travelers to discover America.

Most paper road maps are now distributed by state tourism departments.



At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.



AUGUST
2020

Birthdays

Paula Harris, 5th
Emily Salamone, 6th
Martha Dion, 9th
Eleanor Keumurian, 12th
Jean Peters, 18th
Rocco Ciancio, 26th
Martha White, 26th

Locations

Activity Room, AR
Atrium, AT
Billiards Room, BR
Bistro, BI
Chapel, CH
Dining Room, DR
Exercise Room, EX
Fire Pit, FPIT
Fireplace, FP
Front Lobby, Lobby
Library, LIB
Movie Theater, MT
Patio, Patio
TV Room, TV

Activity schedule is
subject to change.

“A dog is
a window
to Mother
Nature.”
—Cesar Millan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<div>2</div> <div>2:00 Card Games, BR 2:00 Poker, AR 2:00 Movie Matinee, MT 2:00 UNO Game, BI 7:00 Rosary, CH</div>	<div>3</div> <div>National Watermelon Day 10:00 Mind, Music & Movement, EX 11:00 Watermelon Social, AR 2:30 Movie Matinee, MT 2:30 Jumbo Crosswords, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>4</div> <div>National Chocolate Chip Cookie Day 10:00 Tap Dancing for Beginners, AR 10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Heatherwood Derby (Horse Race), AT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>5</div> <div>10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 Chair Volleyball, EX 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>6</div> <div>10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Bean Bag Baseball, AT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>7</div> <div>10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 The Creative Corner with Haily, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>1</div> <div>2:00 Poker, AR 2:00 Movie Matinee, MT 7:00 Rosary, CH</div>
<div>9</div> <div>2:00 Card Games, BR 2:00 Poker, AR 2:00 Movie Matinee, MT 2:00 UNO Game, BI 7:00 Rosary, CH</div>	<div>10</div> <div>National S'mores Day 10:00 Red Carpet Meeting, CH 10:00 Mind, Music & Movement, EX 11:00 Jumbo Crossword 2:30 Movie Matinee, MT 2:30 S'mores on the Back Patio, FPIT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>11</div> <div>10:00 Tap Dancing for Beginners, AR 10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 11:00 Resident Meeting, AR 2:00 Cornhole, AT 2:30 Movie Matinee, MT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>12</div> <div>10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 Chair Volleyball, EX 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>13</div> <div>10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Bean Bag Baseball, AT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>14</div> <div>National Creamsicle Day 10:00 Mind, Music & Movement, EX 2:00 Creamsicle Social, AR 2:30 Movie Matinee, MT 2:30 The Creative Corner with Haily, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>15</div> <div>2:00 Poker, AR 2:00 Movie Matinee, MT 7:00 Rosary, CH</div>
<div>16</div> <div>2:00 Card Games, BR 2:00 Poker, AR 2:00 Movie Matinee, MT 2:00 UNO Game, BI 7:00 Rosary, CH</div>	<div>17</div> <div>National Massachusetts Day 10:00 Mind, Music & Movement, EX 11:00 Adult Coloring/Crafts, AR 2:30 Movie Matinee, MT 2:30 Jumbo Crosswords, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>18</div> <div>10:00 Tap Dancing for Beginners, AR 10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Heatherwood Derby (Horse Race), AT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>19</div> <div>10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 Chair Volleyball, EX 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>20</div> <div>National Lemonade Day 10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Homemade Lemonade Social, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>21</div> <div>National Senior Citizen Day 10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 The Creative Corner with Haily, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>22</div> <div>2:00 Poker, AR 2:00 Movie Matinee, MT 7:00 Rosary, CH</div>
<div>23</div> <div>2:00 Card Games, BR 2:00 Poker, AR 2:00 Movie Matinee, MT 2:00 UNO Game, BI 7:00 Rosary, CH</div>	<div>24</div> <div>10:00 Mind, Music & Movement, EX 11:00 Adult Coloring/Crafts, AR 2:30 Movie Matinee, MT 2:30 Jumbo Crosswords, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>25</div> <div>10:00 Tap Dancing for Beginners, AR 10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:00 Cornhole, AT 2:30 Movie Matinee, MT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>26</div> <div>Cherry Popsicle Day 10:00 Mind, Music & Movement, EX 2:00 Cherry Popsicle Social, AR 2:30 Movie Matinee, MT 2:30 Chair Volleyball, EX 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>27</div> <div>10:30 Heatherwood Dollar Store 10:45 Wii Bowling League, AR 2:30 Movie Matinee, MT 2:30 Bean Bag Baseball, AT 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>28</div> <div>10:00 Mind, Music & Movement, EX 2:30 Movie Matinee, MT 2:30 The Creative Corner with Haily, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>	<div>29</div> <div>2:00 Poker, AR 2:00 Movie Matinee, MT 7:00 Rosary, CH</div>
<div>30</div> <div>2:00 Card Games, BR 2:00 Poker, AR 2:00 Movie Matinee, MT 2:00 UNO Game, BI 7:00 Rosary, CH</div>	<div>31</div> <div>10:00 Mind, Music & Movement, EX 11:00 Adult Coloring/Crafts, AR 2:30 Movie Matinee, MT 2:30 Jumbo Crosswords, AR 3:30 Daily Devotion, CH 4:00 Bingo, AR 7:00 Rosary, CH</div>					



Red, White and Blue

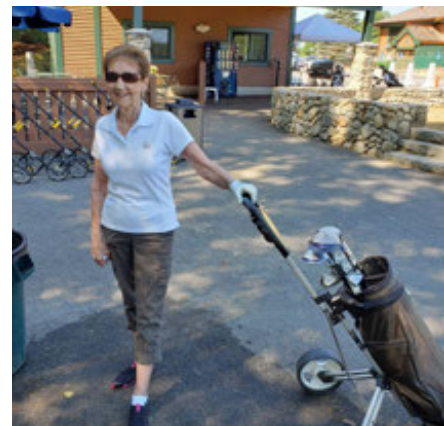
Back on July 4th we celebrated America's 244th Birthday. Heatherwood residents celebrated with different activities the week leading up to the 4th. We painted red, white and blue rocks from York Beach, Maine, decorated clothespin wreaths and enjoyed a delicious red, white and blue fruit salad!





Fore!

In early July Heatherwood residents Jackie, Peggy, Bill C. and Bob H. all joined Jaryd for a round of golf at the beautiful Tewksbury Country Club located a half mile from Heatherwood.



Peggy



Bill C.



Jackie



Bob H.



Peggy



1624 Main Street
Tewksbury, MA 01876



When the world
is staying apart,
we are coming
together.



978-851-2063

