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Medford, OR 97504

STAMP
HERE



Administrative Team: 541-770-9080

Executive Director: Diana Rushing

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Wellness Director: Sheila Vadney

Business Office Dir.: Jennifer Tessen

Dining Services Dir.: Margaret Tepovac

Maintenance Director: Kim Williams

Life Enrichment Director: Dawn Rand



**Our mission is to create and sustain
comfortable, caring environments
for those who depend on us.**

The Farmington Times

Monthly Newsletter



July 2020

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Our Favorite Summer Pastimes!

Ah, summer! The days between June 20th and September 22nd are ones many of us in the U.S. look forward to for warm weather, relaxation, and outdoor fun! There's also Independence Day and vacations that stir excitement for many. No matter where you are, or what your plans are, we have some shining summer ideas for you.

- **Picnics.** Gathering on blankets on the grass with yummy foods and friends nearby (they can be on their own blankets with distancing in place) is an activity involving togetherness and nature that brings fun and relaxation.
- **Gardening.** Heading out into the garden, alone or with others distanced, is a fun way to get exercise and relieve stress. Ask any gardener; they'll tell you it's also fun! Just remember to check the heat index, stay hydrated, and use sun protection.
- **Painting and Placing "Positivity" Stones.** There's a trend of people painting rocks with positive, encouraging words and putting them in spaces for people to find. This activity is great because we can be creative, do art, cheer up others, and be out in nature.
- **Lounging by the Sprinkler.** Enjoy some cooling water fun on a lounge chair by a sprinkler! Friends can get in on this activity with lots of distance between.

There are many ideas beyond these that can make summer the best season! Our residents and team members have shared some of their favorite summer activities at the right! We encourage you to let us know your favorites on our Facebook in the comments section of our newsletter post on the 1st. Let's Get Summering!



Jennifer loves to go fishing and goes as often as she can!



Patrick likes to BBQ.



Kim loves lounging in the sun!

Special Moments



- Jim B: July 2
- Barbara S: July 8
- Rose J: July 8
- Iris A: July 21
- Lorna B: July 23
- Karryn O: July 24
- Diana E: July 27

July 2020 Highlights

July is Picnic Month, Hot Dog Month, Ice Cream Month, & Culinary Arts Month!

01 Postal Worker Day; Stamp Day; Joke Day
 02 Anisette Day; UFO Day
 03 Chocolate Wafer Day; Beans Day
 04 Independence Day; Caesar Salad Day
 05 Graham Cracker Day; Hawaii Day
 06 Fried Chicken Day
 07 Strawberry Sundae Day; Macaroni Day
 08 Chocolate with Almonds Day
 09 Sugar Cookie Day; Love Cows Day
 10 Kitten Day; Pina Colada Day
 11 Blueberry Muffin Day; Amer. Pet Pic Day
 12 Pecan Pie Day; Car Collector Day;
 13 French Fry Day; Beans N Franks Day
 14 Mac N Cheese Day; Tape Measure Day
 15 Tapioca Pudding Day; Love Horses Day
 16 Corn Fritters Day; Personal Chef's Day
 17 Peach Ice Cream Day; Emoji Day
 18 Sour Candy Day; Strawberry Wine Day
 19 Ice Cream Day
 20 Lollipop Day; Chess Day



21 Junk Food Day
 22 Hot Dog Day; Penuche Fudge Day
 23 Refreshment Day; Vanilla Ice Cream Day
 24 Amelia Earhart Day; Drive-Thru Day
 25 Thread a Needle Day; Cowboy Day
 26 Parent Day; Bagel Day; Coffee Shake Day
 27 Crème Brulee Day
 28 Milk Chocolate Day; Waterpark Day
 29 Lasagne; Chicken Wing Day; Lipstick Day
 30 Cheesecake Day; Chili Dog Day; Friend Day
 31 Avocado Day; Mutt Day

A note regarding Coronavirus:

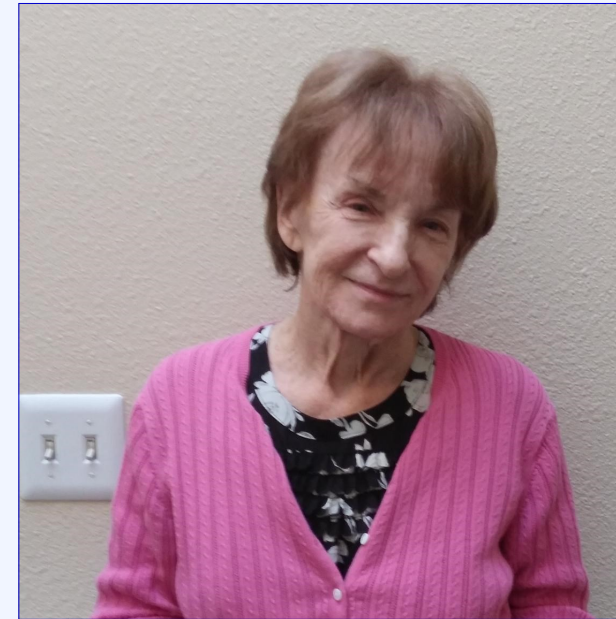
The safety and comfort of our residents and staff remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. Please note that all activities are subject to cancellation per current mandated health guidelines. To read a full list of measures taken, and our current visitor policy, please visit our website: www.farmingtonsquare-medford.com



Looking for s'more ideas beyond classic marshmallow + chocolate + graham? Try:

- Candied bacon + dark chocolate
- Chocolate chip cookie + Nutella
- Rice Krispy treat as the graham
- Roasted berries + waffle cone

Ideas by Shared Appetite.com



Our staff spotlight shines on: Dinorah

Meet Dinorah! Dinorah has been caregiving for about three years. She loves caregiving because she likes to help people and loves making them smile.

During Dinorah's spare time, she loves to take scenic drives and listen to music. Dinorah hopes to travel more in the future.

She likes the close knit, family atmosphere at Farmington Square. Dinorah we are glad that you are a part of our team!

Our resident spotlight shines on: Doris

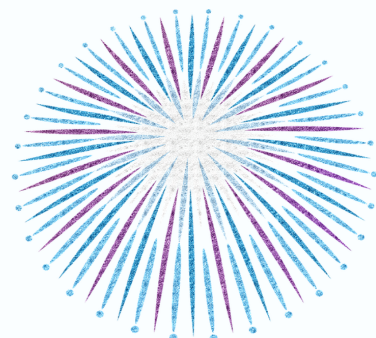

Meet Doris! She has made Farmington Square her home for about seven months.

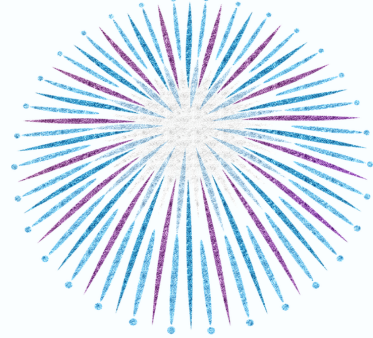
She has made several friends at Farmington Square and enjoys visiting with her new friends at meal times.

Doris enjoys going on outings, watching TV - especially The Golden Girls, and going for daily walks.

Doris we are glad that you are a part of our Farmington Square family!



SUN	MON	TUE	WED	THU	FRI	SAT
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	5 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Walk Club (A) 1:15 Walk Club (B) 2:00 Sunday Matinee / Sensory Activity 3:30 Church / Hymns (A) 4:00 Church / Hymns (B)	6 9:30 Beautiful You 10:30 Snacktivity 11:00 Sm. Group Exercise 12:00 Sm. Group Reading 2:00 Balloon Ball 2:30 Snacktivity 3:00 Sing A Long 4:00 One on One 5:00 Music Appreciation	7 9:30 Beautiful You 10:30 Snacktivity 11:00 Gardening Club 12:00 Sm. Group Reading 2:00 Balloon Ball 2:30 Bowling (B) 3:00 Ball Toss (A) 4:00 One on One 5:00 Music Appreciation	8 9:30 Beautiful You 10:30 Snacktivity 11:00 Sm. Group Exercise 12:00 Sm. Group Reading 2:00 Balloon Ball 2:30 Snacktivity 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation	9 9:30 Beautiful You 10:30 Snacktivity 11:00 Sm. Group Exercise 12:00 Sm. Group Reading 2:00 Balloon Ball 2:30 Sensory Tables 3:00 Build a Sundae 4:00 One on One 5:00 Music Appreciation	10 9:30 Beautiful You 10:30 Snacktivity 11:00 Gardening Club 12:00 Sm. Group Reading 2:00 Balloon Ball 2:30 Snacktivity 3:00 Music by Rebecca (B) 4:00 One on One 5:00 Music Appreciation
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12 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Sunday Hymns 10:30 Snacktivity 11:00 Walk Club 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation	13 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 11:00 Walk Club 1:45 Bingo 2:30 Snacktivity 3:00 Travel / IN2L 4:00 One on One 5:00 Music Appreciation	14 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Garden Club 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Pudding Parfaits 4:00 One on One 5:00 Music Appreciation	15 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Reminiscing Ball 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation	16 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Ice Cream Bars 4:00 One on One 5:00 Music Appreciation	17 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Trivia Games 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Music by Rebecca (C) 4:00 One on One 5:00 Music Appreciation	18 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Garden Club 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation
19 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Sunday Hymns 10:30 Snacktivity 11:00 Walk Club 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation	20 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 11:00 Walk Club 1:45 Bingo 2:30 Snacktivity 3:00 Family Feud / IN2L 4:00 One on One 5:00 Music Appreciation	21 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Garden Club 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Croquet 4:00 One on One 5:00 Music Appreciation	22 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Reminiscing Ball 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation	23 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Fudgesicle Bars 4:00 One on One 5:00 Music Appreciation	24 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Trivia Games 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Music by Rebecca (D) 4:00 One on One 5:00 Music Appreciation	25 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Garden Club 10:30 Snacktivity 11:00 Walk Club 1:45 Bingo 3:00 Saturday Matinee 4:30 IN2L Activity 5:00 Music Appreciation
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