

AUGUST 2020

CEDARVIEW STAFF
Managers.....WILF & SUE BONDY Bus Driver RUTH DAVIS

TRANSPORTATION

Monday, 9 a.m.-4 p.m.: 2 P.M. Walmart Tuesday, 9 a.m.-4 p.m.: Appointments Wednesday, 9 a.m.-4 p.m.: Outing Thursday, 9 a.m.-4 p.m.: Appointments Friday, 9 a.m.-4 p.m.: 2 P.M. Walmart



Guess Who and Reminders

Guess Who for August: She enjoys music, exercise and having a great conversation.

July Guess Who was Dick Taylor.

Reminders:

Covid-19 continues to have an effect on all of us. We are asking everyone to wash your hands, wear your mask, and stay 6 feet apart to help prevent spread of the germs.



We will be having summer barbecue every Tuesday at 12:30 p.m. in the Activity Room. Due to our health restrictions we can have only 10 residents at a time, please sign up in the Activity Room.

Art Tables is open every Wednesday from 10 a.m. to 3 p.m. Come be creative!

Ruth will be on vacation from July 27th to August 7th. Please see the office for doctor appointments.

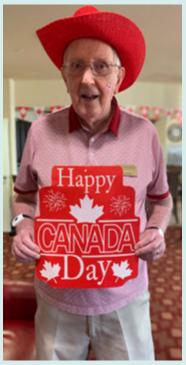
Due to Covid-19 and the line up at the stores, we are asking you kindly to go shopping in the morning — Walmart.

Bus Outings have resumed on Wednesdays. Please make medical appointments on other days, or see Ruth.



Canada Day Celebrations

Our Canada Day celebrations were amazing! We started the week off with some trivia and history, some Canadian sweets like our beaver tails and pecan and butter tarts, and music in the parking lots. We finish the week off with Ingersoll Bag Pipes and Drums Band. Our residents came, out showing their pride in red and white.

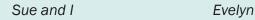








Dick Mickey











Butter and pecan tarts









Taste of the Tropics

Grown in warm, lush locales around the world, tropical fruits are famous for their bright colors and refreshingly sweet flavors. Be on the lookout for these varieties you may find on summer menus.

Mango — This fruit's thick skin, often a rosy blend of red, yellow and green, is peeled away to reveal tender yellow-orange flesh. Sweet and versatile, mangoes are delightful as a snack or dessert ingredient, but also shine in savory dishes such as salads, stir-fries and salsas.

Papaya — The pear-shaped papaya's soft, orange interior is rich in antioxidants. It's often enjoyed fresh, like melons, or roasted, like squash, and its black seeds can be dried and used as peppercorns.

Guava — Varieties of this fruit have green or yellow skin with pink, yellow or white flesh. Guava is entirely edible, from the rind to the seeds, and featured in jams, candies and thirst-quenching Latin American fruit drinks called aguas frescas.

Passion fruit — The common types of passion fruit are about the size and shape of a plum, and purple or yellow in color. Beyond the tough outer peel is a yellow, pulpy center filled with tart seeds, which can be eaten with a spoon or added to recipes.

Lychee — Round and bumpy like a golf ball, this unique fruit is also known as the alligator strawberry. Peeling away its red husk exposes translucent white flesh that covers an inedible brown seed. The lychee's flavor is described as light and floral, with hints of strawberry, watermelon and grape.

AUGUST 2020

Birthdays

Frances Harte, 2nd
Wes Heslop, 5th
Thelma Steele, 9th
Deb Way, 10th
(Employee)
Erma Brown, 17th
Marjory Smith, 21st
Ruth Wist, 24th

Locations

\$ Cost Involved, \$
* Sign Up, *
Activity Room, AR

Atrium, AT

Billiards Room, BR

Bistro, BST

Bus, B Chapel, CH

Computer Room, CR

Computer Room, (

Exercise Room, DR

Llair Calara LIC

Library, LB

Movie Theatre, MT

Outdoor Patio, OP

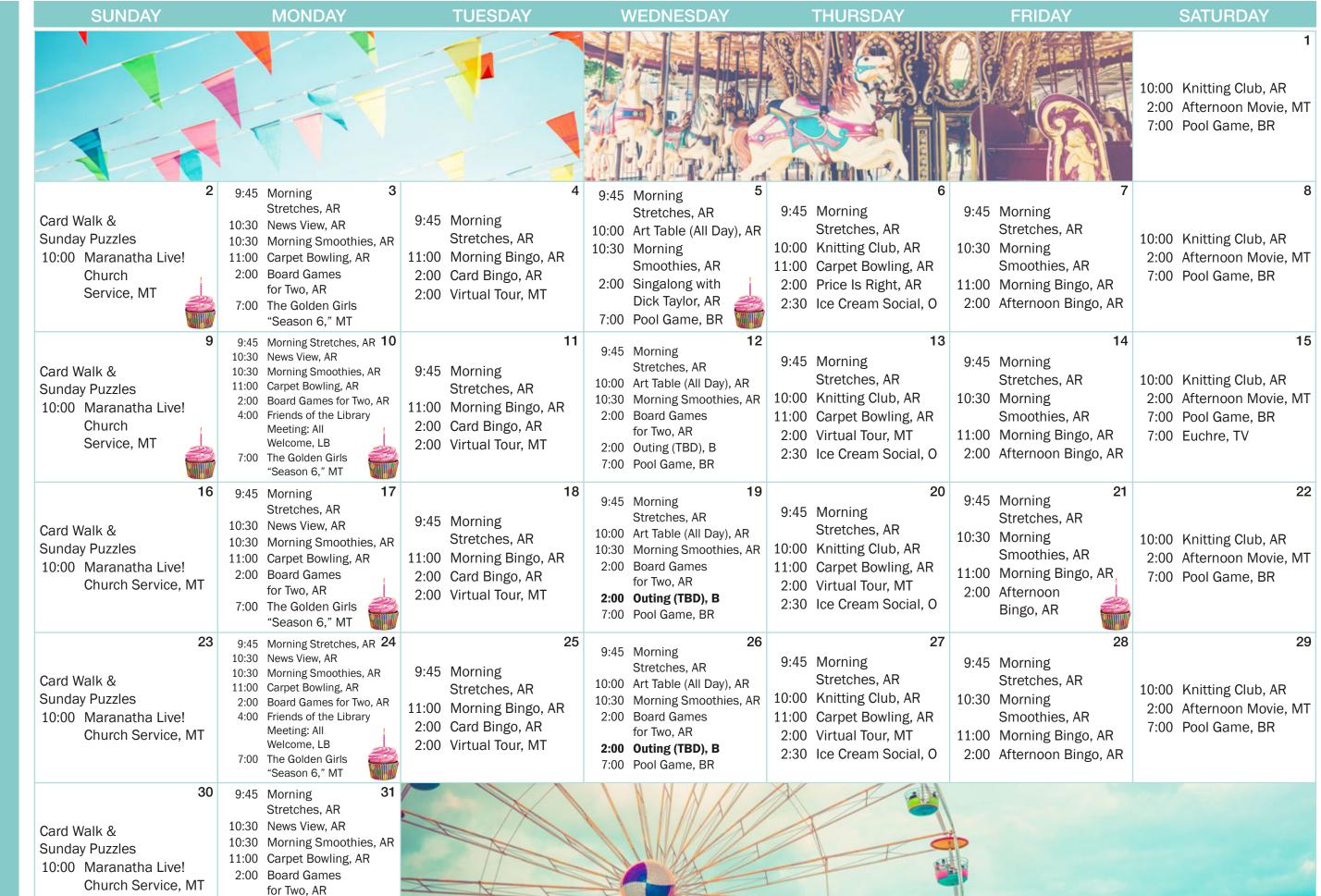
Outdoors, O

TV Room, T\

Attitudes are contagious. Is yours worth catching?

7:00 The Golden Girls

"Season 6," MT





Cedarview Life/Pictures of the Month/ Beautiful Balcony Flowers

Board and table games with friends. Window visit with Olive — he so cute.

Residents' first-ever beaver tail dessert and they loved it.

Go for a walk and enjoy all the beautiful flowers in pots along the building.

Thursday is Ice Cream Afternoon — what a great way to enjoy a cold treat on a hot day!



Olive is so cute.



Sharon enjoying a beaver tail



Jo-ann



Mickey loves her ice cream.



Shirley Mill's balcony flower pot — take a walk and have a look!



Edan enjoying ice cream to keep cool



Everything is better with ice cream.



Ken enjoying ice cream with cookies

Harold and Vic



Elly's balcony flowers — take a walk and have a look!



Sharon, Ruth and Jean enjoying a good game and keeping safe.

Library News

August, already, "the dog days of summer." This month the Library features are a variety of books by different authors. Whether you enjoy romance, mysteries,

inspirational, biography or history, there is something of interest for everyone.

They will be featured at the back of the library. Choose one and enjoy your day outside in the gazebo or in the comfort of your apartment.

Happy reading. Friends of the Library



Cedarview Wedding

It was an honor to host the beautiful summer wedding of Curtis and Emma, grandson of our very own Rev. Andrew and Loretta Brandjar, residents at Cedarview.



Curtis and Emma



Rev. Andrew, Emma, Curtis and proud Grandma Lotta





When the world is staying apart, we are coming together.

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