

# Vista Gardens

A MEMORY CARE COMMUNITY



*A Monthly Newsletter for the Families and Friends of Vista Gardens*

**August 2020**

## *A Message from Our Executive Director*

Dear VG families and friends,

My first month as the Executive Director is complete and I'm excited to share a few of the accomplishments and plans that our team has been working on.

Firstly, and most importantly, our building remains Covid-free! Our second round of employee and resident testing were all negative for the virus and we have not seen any signs or symptoms in our building. Our residents continue to remain active and engaged. I am hoping that your families and friends have been able to remain healthy, as well.

We are putting in place a Manager on Duty policy for both our weekend and after dinner hours. If there are any family concerns or questions, one of our managers should be able to assist you or ensure that your issue is given proper attention by the manager of the department involved. We expect this be fully implemented by mid-August.

Rachel has begun completing monthly care updates for each of our residents. They include change of condition, care and incontinence needs, weight, dietary, sleep and activity updates. A hard copy and e-mail of this assessment will be sent out monthly to the POA for each resident.

Thank you for all of your support and encouragement during these challenging times. We truly appreciate you.

Sincerely,  
*Evelyn Delgado*

## *Management Team*

*Evelyn Delgado*

Executive Director / Administrator

*Rachel McIntyre*

Memory Care Director

*Stephanie Lara*

Director of Sales & Marketing

*Leah Wallis*

Community Liaison

*Mara Carney*

Activity Director

*Dee Warner*

Culinary Director

*Easter Sialoi*

Staff Development Manager

*Peter Ledesma*

Maintenance Manager

*Carmen Gonzales*

Garden Level Programmer

*Karina Tellez*

Human Resource Assistant

*Mara Sialoi*

Assistant to the Memory Care Director

## *Photo Favorites*



## *Employees of the Month*

Our Vista Gardens Employees of the Month are chosen by their peers. Some of the exemplary qualities they have shown are:

- **Teamwork**
- **Leadership**
- **Dependability**
- **Positive Attitude**

We are proud to have them as members of our Vista Gardens team!



***Junior A.***  
**Caregiver**



***Aki S.***  
**Nurse**

***Way to Go!!***

## *Thank You!*

### **To our many friends at North Coast Church...**



**We sincerely appreciate your  
kindness and generosity to  
our residents and staff!**

## *Family Support Meeting*

*Caring for a loved one can be isolating and  
overwhelming, but you are not alone...*

### **Alzheimer's San Diego Support and Discussion Group**

## ***Temporarily Cancelled***

During this time, the Alzheimer's Association is available to you 24/7 for around-the-clock care and support at **1-800-272-3900**.

Their local office main line is **619-678-8322**.

Please do not hesitate to contact them at any time for more information, or to find a support group or educational class via phone or online.