



A Monthly Newsletter for the Families and Friends of Vista Gardens

**July 2020** 

#### A Message from our Resident Care Team

#### Dear VG families and friends!

We hope that you continue to remain safe and healthy as we all navigate through this pandemic. I can assure you that we are doing our very best to protect your loved ones from outside exposure to the covid-19 virus. Our staff is screened daily upon entering our community and daily temperatures are being monitored for both residents and employees. Our visitors are limited to essential services only; such as doctors, hospice staff, home health aids, podiatry and physical therapists. While we are missing our beauty services, our team has stepped in to offer manicures and hair care when needed. Thank you, especially to Leah, our Community Liaison for stepping in to make sure our residents get pampered!

We are working closely with the Department of Social Services to keep up with the latest guidelines relating to the eventual re-opening of our community for your visits. We've been given new safety guidelines for the admission of new residents and hiring of new employees. We will begin to test our employees regularly for the virus and have been given strict guidance in the event of a positive test. As we have been vigilant in our safety and sanitation procedures, we are hoping for great results!

Finally, Id like to reassure you that you can contact me or my nursing team with any concerns or to schedule a virtual care conference. We will make every effort to return all calls within a 24 hour period, unless it is an emergency situation. As you are aware, medical information may only be given to the designated Power of Attorney for each resident in compliance with HIPPA regulations.

I look forward to the time when we can all be together again!

Sincerely,

Rachel McIntyre, Memory Care Director

#### Management Team

Evelyn Delgado Executive Director / Administrator Rachel McIntyre Memory Care Director Stephanie Lara Director of Sales & Marketing Leah Wallis **Community Liaison** Mara Carney Activity Director Dee Warner **Culinary Director** Easter Sialoi Staff Development Manager Peter Ledesma Maintenance Manager Carmen Gonzales Garden Level Programmer Karina Tellez **Human Resource Assistant** Mara Sialoi **Assistant to the Memory Care Director** 

### Photo Gallery



#### Employees of the Month

Independence Day Celebration

Our Vista Gardens Employees of the Month are chosen by their peers. Some of the exemplary qualities they have shown are:

- Teamwork
- Leadership
- Dependability
- Positive Attitude

We are proud to have them as members of our Vista Gardens team!



**Sheila N.** Caregiver AM



MaJuana G.-H.
Caregiver AM

Way to Go!!

Our residents & Staff are celebrating

# **Independence Day**

with a BBQ lunch in the Garden Friday, July 3rd 11:30 am



Ribs - Chicken - Potato Salad - Corn Lemonade - Root Beer Floats

### Family Support Meeting

Caring for a loved one can be isolating and overwhelming, but you are not alone...

Alzheimer's San Diego
Support and Discussion Group

## Temporarily Cancelled

During this time, the Alzheimer's Association is available to you 24/7 for around-the-clock care and support at 1-800-272-3900.

Their local office main line is 619-678-8322.

Please do not hesitate to contact them at any time for more information, or to find a support group or educational class via phone or online.



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