

July 2020

What's Happening in the Atrium



- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 CE Brain Games 10:30 Time to REFRESH 11:00 PE Cardio Drumming 1:30 SS Bible Study 2:30 AE Scrap-booking 4:00 PE Afternoon Walk	10:00 PE Move & Groove 10:30 Time to REFRESH 11:00 CE Baking Corner 1:30 AE Jewelry Making 3:00 CE H-A-N-G-M-A-N 6:00 SS Memory Lane	10:00 PE Flex Friday 10:30 Time to REFRESH 1:30 LL BINGO! 3:00 Mindful Art 3:30 AE Sing-A-Long 6:00 CE BOOK CLUB	Independence Day 10:00 PE Power Stretch 10:30 Time to REFRESH 11:00 PE BOWLING! 1:30 LL Relaxation Spa 3:00 CC Patio Pals 3:30 CE Fill in the ____ 3:30 AE Watercolors 6:00 LL Movie Night
10:00 SS Scripture of the Day 10:30 Time to REFRESH 11:00 PE Fitness Flow 11:00 LL Puzzles 1:30 LL Table Games 4:00 PE Hosrsin' Around w/ Horseshoes	10:00 SS Daily Devotion 10:30 Time to REFRESH 11:00 PE Tai Chi 1:30 Balloon Toss 2:30 LL Movie Matinee 3:30 SS Healing Hands 4:00 AE Watercolors	10:00 PE Movin' at The Meadows 10:30 Time to REFRESH 11:00 LL Short Story 2:30 LL HAWAIIAN DAY 3:00 PE Hot Potato 3:30 LL Dominos 6:00 SS Healing Hands	10:00 CE Brain Games 10:30 Time to REFRESH 11:00 PE Cardio Drumming 1:30 SS Bible Study 2:30 PE Lovely Lady Bug Garden Decor 2:30 AE Scrap-booking 3:30 LL Domino's 4:00 PE Afternoon Walk	10:00 PE Move & Groove 10:30 Time to REFRESH 11:00 CE Baking Corner 1:30 AE Jewelry Making 3:00 CE H-A-N-G-M-A-N 3:30 LL Puzzles 6:00 SS Memory Lane	10:00 PE Flex Friday 10:30 Time to REFRESH 1:30 LL BINGO! 3:00 Mindful Art 3:30 AE Sing-A-Long 6:00 CE BOOK CLUB	10:00 PE Power Stretch 10:30 Time to REFRESH 11:00 PE BOWLING! 1:30 LL Relaxation Spa 3:00 CC Patio Pals 3:30 CE Fill in the ____ 6:00 LL Movie Night
10:00 SS Scripture of the Day 10:30 Time to REFRESH 11:00 PE Fitness Flow 1:30 LL Table Games 3:00 AE I Remember When... 4:00 PE Hosrsin' Around w/ Horseshoes	10:00 SS Daily Devotion 10:30 Time to REFRESH 11:00 PE Tai Chi 1:30 Balloon Toss 2:30 LL Movie Matinee 3:30 SS Healing Hands 4:00 AE Watercolors	10:00 PE Movin' at The Meadows 10:30 Time to REFRESH 3:00 PE Hot Potato 3:30 LL Dominos 6:00 SS Healing Hands	10:00 CE Brain Games 10:30 Time to REFRESH 11:00 PE Cardio Drumming 1:30 SS Bible Study 2:30 AE Scrap-booking 4:00 PE Afternoon Walk	10:00 PE Move & Groove 10:30 Time to REFRESH 11:00 CE Baking Corner 1:30 AE Jewelry Making 2:30 THIRSTY THURSDAY 3:00 CE H-A-N-G-M-A-N 6:00 SS Memory Lane	10:00 PE Flex Friday 10:30 Time to REFRESH 1:30 LL BINGO! 3:00 Mindful Art 3:30 AE Sing-A-Long 6:00 CE BOOK CLUB	10:00 PE Power Stretch 10:30 Time to REFRESH 11:00 PE BOWLING! 1:30 LL Relaxation Spa 3:00 CC Patio Pals 3:30 CE Fill in the ____ 3:30 AE Watercolors 6:00 LL Movie Night
10:00 SS Scripture of the Day 10:30 Time to REFRESH 11:00 PE Fitness Flow 11:00 LL Puzzles 1:30 LL Table Games 4:00 PE Hosrsin' Around w/ Horseshoes	10:00 SS Daily Devotion 10:30 Time to REFRESH 11:00 PE Tai Chi 1:30 Balloon Toss 2:30 LL Movie Matinee 3:30 SS Healing Hands 4:00 AE Watercolors 6:30 AE Classical Music	10:00 PE Movin' at The Meadows 10:30 Time to REFRESH 11:00 LL Short Story 3:00 PE Hot Potato 3:30 LL Dominos 6:00 SS Healing Hands	10:00 CE Brain Games 10:30 Time to REFRESH 11:00 PE Cardio Drumming 1:30 SS Bible Study 2:30 LL Pokeno 2:30 AE Scrap-booking 3:30 LL Domino's 4:00 PE Afternoon Walk	10:00 PE Move & Groove 10:30 Time to REFRESH 11:00 CE Baking Corner 1:30 AE Jewelry Making 3:00 CE H-A-N-G-M-A-N 3:30 LL Puzzles 6:00 SS Memory Lane	10:00 PE Flex Friday 10:30 Time to REFRESH 1:30 LL BINGO! 3:00 Mindful Art 3:30 AE Sing-A-Long 6:00 CE BOOK CLUB	10:00 PE Power Stretch 10:30 Time to REFRESH 11:00 PE BOWLING! 1:30 LL Relaxation Spa 3:00 CC Patio Pals 3:30 CE Fill in the ____ 6:00 LL Movie Night
10:00 SS Scripture of the Day 10:30 Time to REFRESH 11:00 PE Fitness Flow 1:30 LL Table Games 3:00 AE I Remember When... 4:00 PE Hosrsin' Around w/ Horseshoes 6:30 LL I Love Lucy	10:00 SS Daily Devotion 10:30 Time to REFRESH 11:00 PE Tai Chi 1:30 Balloon Toss 2:30 LL Movie Matinee 3:30 SS Healing Hands 4:00 AE Watercolors 6:30 SS Soothing Jazz	10:00 PE Movin' at The Meadows 10:30 Time to REFRESH 2:30 LL HULA HOOPIN COMPETITION 3:00 PE Hot Potato 3:30 LL Dominos 6:00 SS Healing Hands	10:00 CE Brain Games 10:30 Time to REFRESH 11:00 PE Cardio Drumming 1:30 SS Bible Study 2:30 AE Scrap-booking 4:00 PE Afternoon Walk	10:00 PE Move & Groove 10:30 Time to REFRESH 11:00 CE Grandmas Corn Flake PB Cookies 1:30 AE Jewelry Making 3:00 CE H-A-N-G-M-A-N 6:00 SS Memory Lane	10:00 PE Flex Friday 10:30 Time to REFRESH 1:30 LL BINGO! 3:00 Mindful Art 3:30 AE Sing-A-Long 6:00 CE BOOK CLUB 6:30 AE Classic Musical	Healthy Snacks & Hydration offered throughout each day!