July 2020 The Keystone Cottage-Memory Care

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:00 Exercise 10:30 Canvas Painting 1:30 Fourth of July Coloring 3:00 Snack Time	2 9:00 Exercise 10:30 Music Therapy 2:00 Patriot Trivia and Music 7:00 Calming Hour	3 9:00 Hymns 10:30 Patio Time 1:30 Crossword 3:00 Make Cards 7:00 Calming Hour	4 9:30 Stretches 10:30 Sing A Long 1:30 Connect 4 3:00 Patio Time 7:00 Calming Hour
5 9:30 Hymns 10:30 Patio Time 1:30 This Day in History 3:00 Hand Massages 7:00 Calming Hour	6 9:00 Exercise 10:30 Water Garden 1:30 Balloon Toss 3:00 Painting 5:15 UNO 7:00 Calming Hour	7 9:00 Exercise 10:00 Manicures 1:30 Bag Toss 3:00 Memory Magic 7:00 Calming Hour	8 9:00 Exercise 10:30 Baking 2:30 Music w/ Johnny Krob– CY 5:15 Bird Watching 7:00 Calming Hour	9 9:00 Exercise 10:30 Music Therapy 1:30 Balloon Toss 3:00 Finish the Phrase 7:00 Calming Hour	10 9:00 Hymns 10:30 Patio Time 1:30 Snack Time 3:00 Puzzles 7:00 Calming Hour	11 9:30 Stretches 10:30 Go Fish 1:30 Bag Toss 3:00 Movie/Popcorn Time 7:00 Calming Hour
12 9:30 Hymns 10:30 Patio Time 1:30 This Day in History 3:00 Hand Massages 7:00 Calming Hour	13 9:00 Exercise 10:30 Water Flowers 1:30 BINGO 3:00 Sorting Activity 5:15 Patio Time 7:00 Calming Hour	14 9:00 Exercise 10:00 Manicures 1:30 Question ball 3:00 Crossword 7:00 Calming Hour	15 9:00 Exercise 10:00 Bingo 1:30 Sing A Long 3:00 Butterfly craft 5:15 Coloring 7:00 Calming Hour	16 9:00 Exercise 10:30 Music Therapy 1:30 Memory Game 3:00 Noodle Ball 7:00 Calming Hour	17 9:00 Hymns 10:30 Patio Time 1:30 Interactive Video 3:00 Bananagrams 7:00 Calming Hour	18 9:30 Stretches 10:30 Matching Game 1:30 Indoor Bowling 3:00 Movie/Popcorn Time 7:00 Calming Hour
19 9:30 Hymns 10:30 Patio Time 1:30 This Day in History 3:00 Hand Massages 7:00 Calming Hour	20 9:00 Exercise 10:30 Water Garden 1:30 Balloon Toss 3:00 Bird Activity 5:15 Memory Magic 7:00 Calming Hour	21 9:00 Exercise 10:00 Manicures 1:30 Kickball 3:00 Trivia 7:00 Calming Hour	22 9:00 Exercise 10:00 Go Fish 1:30 Outdoor Time 3:00 Flower Craft 5:15 Brain Teasers 7:00 Calming Hour	23 9:00 Exercise 10:30 Music Therapy 1:30 Snack Time 3:00 Funny Home Videos 7:00 Calming Hour	24 9:00 Hymns 10:30 Patio Time 1:30 Group Crossword 3:00 Shine Pennies 7:00 Calming Hour	25 9:30 Stretches 10:30 Category Game 1:30 Faces and Places 3:00 Movie/Popcorn Time 7:00 Calming Hour
26 9:30 Hymns 10:30 Patio Time 1:30 This Day in History 3:00 Hand Massages 7:00 Calming Hour	27 9:00 Exercise 10:30 Water Flowers 1:30 BINGO 3:00 I Spy 5:15 Sing A Long 7:00 Calming Hour	28 9:00 Exercise 10:00 Manicures 1:30 Painting 3:00 Poems 7:00 Calming Hour	29 9:00 Exercise 10:00 Make cookies 1:30 Table Frisbee Golf 3:00 Faces and Places 5:15 Bingo 7:00 Calming Hour	30 9:00 Exercise 10:30 Music Therapy 1:30 Ice Cream Sundaes 3:00 Interactive Video 7:00 Calming Hour	31 9:00 Hymns 10:30 Patio Time 1:30 Snack Time 3:00 Piano Music 7:00 Calming Hour	