Whispering Pines

Gracious Retirement Living

7501 Lead Mine Road • Raleigh, NC 27615 • Phone (919) 870-0222 • www.seniorlivinginstyle.com

JULY 2020

WHISPERING PINES STAFF

Managers.....WINDY & CHRIS READ
Assistant Managers ...HEATHER & PHILL SOLESKY
Executive Chef.....LEROY HOLLEY
Activity Coordinator .....SHELIA BULLOCK
Maintenance .....JOHN RODRIGUES
Maintenance .....SAL CRISAFI

TRANSPORTATION

Monday, 2 p.m.: Shopping

Tuesday, 8:30 a.m.-12:30 p.m.: Medical Appointments

Wednesday, 9:30-11:30 a.m.: Shopping

Thursday, 8:30 a.m.-12:30 p.m.: Medical Appointments

Friday, 9:30-11:30 a.m.: Shopping

How Do You Get Men to Attend Events? Feed Them!

At our socials, we have found that the men love to come, especially the cheese tasting social we had last month. We had port wine, Swiss almond, horseradish, bacon jalapeño, garlic and herb and chipotle flavored cheeses. Everyone was so good about getting plates and staying only a short time so that others cold come in and try the cheeses. It will be fun to see if they like the vegetables at our next social!

We also celebrated donut day with Krispy Cream donuts brought in fresh that morning. Everyone kept telling Shelia that was a treat and to keep stopping by the donut shop!

Memorial Day

Residents At Whispering Pines enjoyed two fabulous meals that day. They had choices of hamburgers, hotdogs, barbecued chicken or barbecue pork sandwiches, watermelon, different salads, corn on the cob and desserts. Before lunch, we had Roseann McFadden sing in the courtyard. Residents could gather with social distancing in the courtyard, activity room, on the balconies, patios or at their windows. We had a tree decorated in a patriotic motif, and residents could take a paper star and write the name of a loved one lost fighting for our freedom for the tree. We also had the Lost Man Table set up at the tree.

Whispering Pines Resident Hero

Janet Irwin is our hero to medical hospitals and offices. She makes tie on masks to give to the facilities who need them. Her total of donated masks are 110 so far. The masks you see at the sewing table are to be donated to the Capital Surgery Center in Raleigh. Way to go, Janet!

Unusual Visitors to Whispering Pines

Shelia had warned the residents that she liked to do unusual things in her program. She demonstrated that in June by having visitors come to Whispering Pines. Horses for Hope brought over four mini-horses for the residents to pet and see. Some of the residents were amazed that they can live inside or come inside like a big dog. Maria, the handler, trotted them for the residents to see. They even had bows in their tails. They will be back in the fall after the Horses for Hope non-profit finishes their summer camps for disabled youth. Several of the residents could not believe we had real horses come here. The residents thought they were so cute and had a wonderful afternoon.

JULY 2020

Birthdays

Jan Haswell, 1st
Mary Lynn Whittaker, 4th
Lynn Barghout, 7th
Barbara Morgan, 11th
Sue Merrill, 17th
Evelyn Zobel, 17th
Barbara Kempf, 18th
Barbara Hellenack, 19th
Don Lewis, 24th
Mary Frances Lewis, 24th
Dennis Kuglin, 26th

Locations

Activity Room, AR
Billiards Room, BR
Bistro, B
Chapel, CH
Computer Center, CC
Courtyard, CY
Dining Room, DR
Exercise Room, EX
Front Lobby, Lobby
Movie Theater, MT
Sign Up, SU
TV Room, TV

Movie Showtimes

- 2 p.m. Matinee
- 7 p.m. Evening Show

Shopping & Errands

Mondays: 2 p.m.
Wednesdays: 9:30–11:30 a.m.
Fridays: 9:30–11:30 a.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:30 Workout with Weights, AR 10:00 Bible Study — Angels, CH 10:30 Rosary, CH 2:00 Afternoon Movie, MT 2:30 Bean Bag with Heather and Phil, AR 3:30 Trivia and a Cold Treat, AR 7:00 Evening Movie, MT	**2** 9:30 Live Well Exercising with Legacy, AR 10:00 Let's Travel Around the World Travelogues, MT 11:00 Chef Meeting, AR 2:00 Bridge Group, BR 2:00 Afternoon Movie, MT 2:00 Money Bingo, AR 4:00 Singalong with Sue Merrill, DR 7:00 Evening Movie, MT	**3** 9:30 Fitness Fun!, AR 10:00 Devotion, CH 2:00 Afternoon Movie, MT 2:00 Craft Time, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	**INDEPENDENCE DAY** **4** 9:30 Exercise with Shirley, AR 10:00 Let's Travel Around the World Travelogues, MT 11:30 Lunch Buffet, DR 1:00 Lunch Buffet, DR 2:00 Afternoon Movie, MT 4:00 Money Bingo with Phil, AR 7:00 Evening Movie, MT
5 10:15 Catholic Service, AR 10:30 Church Service, CY 2:00 Afternoon Movie, MT 4:00 "Crazy" Bingo with Chris, AR 7:00 Evening Movie, MT	**6** 9:30 Upper Body Exercises, AR 10:00 New Resident Coffee Social with Windy and Chris, AR 2:00 Afternoon Movie, MT 2:30 Trivia and Treats, AR 7:00 Big Money Bingo with Chris, AR 7:00 Evening Movie, MT	**7** 9:30 Live Well Exercising with Legacy, AR 10:00 Devotion, CH 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Money Bingo, AR 2:00 Afternoon Movie, MT 7:00 Poker Club, BR 7:00 Evening Movie, MT	**8** 9:30 Workout with Weights, AR 10:00 Resident Manager Meeting, AR 10:30 Rosary, CH 10:30 Activity Meeting, AR 2:00 Afternoon Movie, MT 2:15 Farmer's Market for Peaches, SU 2:30 Bean Bag with Heather and Phil, AR 3:30 Peach Party, AR 7:00 Evening Movie, MT	**9** 9:30 Live Well Exercising with Legacy, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Afternoon Movie, MT 2:00 Money Bingo, AR 3:00 Bake Sugar Cookies, AR 4:00 Singalong with Sue Merrill, DR 4:20 Raleigh Hearing: Ear & Aid Checks, EX 7:00 Evening Movie, MT	**10** 9:30 Fitness Fun!, AR 10:00 Devotion, CH 2:00 Afternoon Movie, MT 2:00 Craft Time, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	**11** 9:30 Exercise with Shirley, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Afternoon Movie, MT 4:00 Money Bingo with Phil, AR 7:00 Evening Movie, MT
12 10:15 Catholic Service, AR 10:30 Church Service, CY 2:00 Afternoon Movie, MT 3:00 Finish the Song Lyrics Rodgers & Hammerstein, AR 4:00 "Crazy" Bingo with Chris, AR 7:00 Evening Movie, MT	**13** 9:30 Upper Body Exercises, AR 2:00 Afternoon Movie, MT 3:00 French Fry Social and Trivia, AR 7:00 Big Money Bingo with Chris, AR 7:00 Evening Movie, MT	**14** 9:30 Live Well Exercising with Legacy, AR 10:00 Devotion, CH 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Money Bingo, AR 2:00 Afternoon Movie, MT 4:00 Funny Fashion Show Meeting for Models, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	**15** 9:30 Workout with Weights, AR 10:00 Bible Study — Angels, CH 10:30 Rosary, CH 12:00 Lunch Bunch Outing, SU 2:00 Afternoon Movie, MT 2:30 Bean Bag with Heather and Phil, AR 7:00 Evening Movie, MT	**16** 9:30 Live Well Exercising with Legacy, AR 10:00 Let's Travel Around the World Travelogues, MT 11:00 Chef Demo, AR 2:00 Bridge Group, BR 2:00 Afternoon Movie, MT 2:00 Money Bingo, AR 4:00 Singalong with Sue Merrill, DR 7:00 Evening Movie, MT	**17** 9:30 Fitness Fun!, AR 10:00 Devotion, CH 2:00 Afternoon Movie, MT 2:00 Craft Time, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	**18** 9:30 Exercise with Shirley, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Afternoon Movie, MT 4:00 Money Bingo with Phil, AR 7:00 Evening Movie, MT
19 10:15 Catholic Service, AR 10:30 Church Service, CY 2:00 Afternoon Movie, MT 4:00 "Crazy" Bingo with Chris, AR 7:00 Evening Movie, MT	**20** 9:30 Upper Body Exercises, AR 10:30 Rummycube, AR 2:00 Afternoon Movie, MT 2:00 Jeopardy with Legacy, AR 7:00 Big Money Bingo with Chris, AR 7:00 Evening Movie, MT	**21** 9:30 Live Well Exercising with Legacy, AR 10:00 Devotion, CH 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Money Bingo, AR 2:00 Afternoon Movie, MT 7:00 Poker Club, BR 7:00 Evening Movie, MT	**22** 9:30 Workout with Weights, AR 10:00 Bible Study — Angels, CH 10:30 Rosary, CH 2:00 Afternoon Movie, MT 2:30 Bean Bag with Heather and Phil, AR 3:30 Funny Fashion Show, AR 7:00 Evening Movie, MT	**23** 9:30 Live Well Exercising with Legacy, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Afternoon Movie, MT 2:00 Money Bingo, AR 4:00 Singalong with Sue Merrill, DR 7:00 Evening Movie, MT	**24** 9:30 Fitness Fun!, AR 10:00 Devotion, CH 2:00 Afternoon Movie, MT 2:00 Craft Time, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	**25** 9:30 Exercise with Shirley, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Afternoon Movie, MT 4:00 Money Bingo with Phil, AR 7:00 Evening Movie, MT
26 10:15 Catholic Service, AR 10:30 Church Service, CY 2:00 Afternoon Movie, MT 4:00 "Crazy" Bingo with Chris, AR 7:00 Evening Movie, MT	**27** 9:30 Upper Body Exercises, AR 10:30 Checkers Tournament, BR 2:00 Afternoon Movie, MT 7:00 Big Money Bingo with Chris, AR 7:00 Evening Movie, MT	**28** 9:30 Live Well Exercising with Legacy, AR 10:00 Devotion, CH 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Money Bingo, AR 2:00 Afternoon Movie, MT 7:00 Poker Club, BR 7:00 Evening Movie, MT	**29** 9:30 Workout with Weights, AR 10:00 Bible Study — Angels, CH 10:30 Rosary, CH 2:00 Afternoon Movie, MT 2:30 Bean Bag with Heather and Phil, AR 3:00 Spelling Bee, AR 7:00 Evening Movie, MT	**30** 9:30 Live Well Exercising with Legacy, AR 10:00 Let's Travel Around the World Travelogues, MT 2:00 Bridge Group, BR 2:00 Afternoon Movie, MT 2:00 Money Bingo, AR 4:00 Singalong with Sue Merrill, DR 7:00 Evening Movie, MT	**31** 9:30 Fitness Fun!, AR 10:00 Devotion, CH 2:00 Afternoon Movie, MT 2:00 Craft Time, AR 7:00 Poker Club, BR 7:00 Evening Movie, MT	

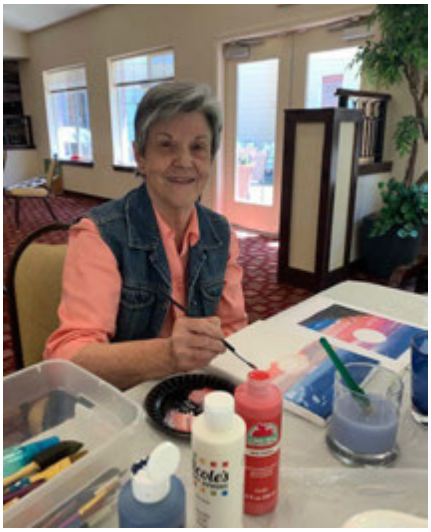
Seashells by the Seashore

It has been so muggy and hot that we wish we could be by the seashore with the wind blowing a gentle breeze. To help us think of the wonderful beach trips we had in the past, we made seashell wreaths to put on our doors. Every wreath was different and full of creative ideas.

Crafts — Come and Join Us

Whispering Pines residents have had a variety of crafts this past month. They painted a beach scene on canvas, and it turned out beautiful. Residents also beaded necklaces and bracelets out of a variety of stomas. Everyone's creation was different and unique. They can't wait to bead again. They also painted lilacs on a hanging board for their doors with q-tips.

The crafts we do are easy and failure free but look great. Come down and join us.



Crazy Clothing Week

Last month, we had a crazy week just to break the monotony of being in the building. We had mismatch day, western day, team day, favorite color day, crazy hair day, favorite color day and island day. The ladies who had the best costumes won prizes that were of a patriotic theme.

Thanks for a Successful Clothing Drive

The Resident who asked if we could have a clothing drive since they were in their apartments more and had time to clean out their closets had a great idea. The drive produced 25 big bags of clothes that Shelia dropped off to a church thrift store. Let Shelia know when you want to do another drive.

Lowe's Building Supply to the Rescue

Residents wanted to buy flowers for their patios and balconies but were confined to the building. Shelia contacted Lowe's to see if they would bring out a truck with flowers for the residents to buy. Residents had signed up with a list of what they would like. Cameron Hargrove and another associate came with a truck full of hanging baskets, potted flowers to plant, soil and clay pots. The selection was great. The best surprise of all was when they went to pay, Lowe's gave them the plants and supplies free. Residents had smiles on their faces the rest of the day and could not stop talking about how wonderful Lowe's was to Whispering Pines.

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EQUAL HOUSING OPPORTUNITY

When the world is staying apart, we are coming together.

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