

JULY 2020

THE OAKS STAFF

TRANSPORTATION

Monday & Thursday, 9:30 a.m.-2 p.m.:
Appointments and Shopping (Georgetown Only)

Tuesday, 9:30 a.m.-2 p.m.: Doctor Appointments (Out Of Town)

Wednesday, 9:30 a.m.-2 p.m.: Doctor Appts. and Shopping (Georgetown Only)

Friday, 9:15 a.m.-1:45 p.m.: Trips/Outing with Activities 2 P.M. Errands and Shopping As Trip/Outing Schedule Allows



Oak Leaf of the Month: Clyde Armstrong

I was born at home in Meridian, Mississippi, early in the morning on April 25, 1925. I had four older brothers and my dad was so excited he finally had a girl, that he passed out cigars at work to everyone he saw. Three years later, our family welcomed a younger brother. When I was six we built a house on 15 acres in the country. It had a living room,



dining room, and three bedrooms, but no running water or electricity until 1945. We had a well but when the water ran out in the summer, my younger brother and I had to carry buckets of water from the spring to the house. My grandfather lived with us for several years. His mother was Choctaw and taught him to speak the Choctaw language. He would often call me "pretty little girl" in Choctaw since I looked like my grandmother.

One of my earliest memories from childhood was when I was 9 years old and Santa brought me a beautiful doll with a porcelain face, hands, and legs and eyes that opened and closed. I was so excited that I ran to show a friend and fell in the mud. The doll's eyes rolled back in her head and couldn't be repaired. I begged for a new doll, but our family couldn't afford it. Years later I gave the doll to a young girl and told her to take good care of her because she was blind.

When I was 16 years old, Pearl Harbor was bombed and my older brothers enlisted in different branches of the service. Eventually, when my youngest brother was only 15 1/2, my dad signed for him to go into the Navy. They all returned safely after the war, although one brother was ill with malaria and had to recover at home. While they were at war and I was still in high school, I drove an old bread truck that had wooden benches inside to take 15 kids from the country to school in town. I had learned to drive at age 12.

(Continued inside.)



Oak Leaf of the Month: Clyde Armstrong (Continued)

After high school, I attended junior college for a semester and then worked in town at Kress for about a year. Then I took and passed a Civil Service exam and was accepted to meteorology school. While I was waiting for meteorology school to start, I rode the bus to Savannah, Georgia, to help my sister-in-law drive a 1936 Buick, pulling a 14-foot house trailer, back to Meridian. We had to stop many times to add water to the radiator when the car overheated, but we eventually made it back safely. That was quite a feat for a woman in that day. After I graduated from meteorology school, I took a job with the government and was stationed in South Carolina and lived there about 3 years. I drew weather maps by hand that were top secret and used by the government in the war effort.

After the war, my parents, younger brother and I moved to Oklahoma. There I met my future husband, Lloyd. We married and had three daughters: Charlotte, who lives with her husband in Australia; Lyn, who lives with her husband in Tennessee; and Vicki, who lives with her husband in the Liberty Hill/Georgetown area. I have six grandchildren, 13 great-grandchildren, and two great-grandchildren.

My husband spent over 20 years in the Air Force and we traveled to different states. We bought a 160-acre farm outside of Oklahoma City and after his retirement, we built a house on it and moved to the country. We raised Black Angus cattle, pigs, and chickens. We always had a large garden; we canned vegetables and shared with family and friends.

During my adult life, I was active in church and many other organizations. I was home room mother, Girl Scout assistant leader, Sunday school teacher, Eastern Star member, and president of the Air Force Wives Association, Home Demonstration, and East Minister Presbyterian Church Women's Association.

After my husband passed away in 1998, I stayed on the farm for 10 years and then moved into a nearby small town. I became active in the senior citizens group there. In 2012, I moved to Tennessee for a year and then to Texas. I have lived at The Oaks since it opened in 2014. I have been blessed by God during my lifetime and just turned 95 in April.

Perspective

Imagine you were born in 1900. On your 14th birthday, World War I starts and ends on your 19th birthday. Twenty-two million people perish in that war. Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. Fifty million people die from it in those two years — yes, 50 million. On your 29th birthday, the Great Depression begins. Unemployment hits 25 percent, the World GDP drops 27 percent. That runs until you are 33. The country nearly collapses along with the world economy. When you turn 39, World War Il starts. You aren't even over the hill yet and don't try to catch your breath. On your 41st birthday, the United States is fully pulled into WWII. Between your 39th and 45th birthday, 75 million people perish in the war. At 50, the Korean War starts. Five million perish. At 55, the Vietnam War begins and doesn't end for 20 years. Four million people perish in that conflict. On your 62nd birthday, you have the Cuban Missile Crisis, a tipping point in the Cold War. Life on our planet, as we know it, should have ended. Great leaders prevented that from happening. When you turn 75, the Vietnam War finally ends. Think of everyone on the planet born in 1900. How do you survive all of that?



When you were a kid in 1985 and didn't think your 85-year-old grandparent understood how hard school was and how mean the kid in your class was, yet they survived through everything listed above. Perspective is an amazing art, refined as time goes on, and enlightening like you wouldn't believe.



Caught on Camera



Katrina and Brooke about to do the rounds with the snack cart



The U.S. Air Force Thunderbirds flew over central Texas, honoring first responders and essential workers on the frontlines on May 13.



This game requires extreme concentration — taking on the challenge is John and Earle.

Helpful Contacts You May Need

Go Go Grandparent: (855) 464-6872

• Lets people use Lyft and Uber without a smartphone or app.

Suddenlink: (844)874-7558

Internet and Television

Georgetown Cleaners and Laundry Services: (512) 868-0513

Texas Personal Care Services

 New Services contact Christi Buerger: (512) 913-7325

• Existing Service Office: (512) 634-1880

Texas Home Health New Services contact Jennifer: (512) 592-9149

Existing Service Office: (512) 238-6000

Texas Home Health Hospice Care

Hospice Consultant Erin Metcalf: (512) 638-0917

• Office: (512) 372-4194

Martin Mobility: (512) 863-2929

 Leading provider for all mobility products, scooters, etc. Junk Monkey: (512) 580-5030

· Junk Removal & Recycling

Miracle Ear Della Davis: (512) 868-1100

Hearing Instrument Specialist

Georgetown Recreation Center: (512) 930-3596

Indoor Pool (year-round)

Outcomes Therapy Office: (512) 710-6516

 Physical Therapy — Occupational Therapy — Speech Therapy

Attorney at Law Wendi Lester and Associates: (512) 930-0529

• Estate planning — Power of Attorney — Elder Law

Liberty Pharmacy: (512) 820-0101

• For all your prescription needs — they deliver

Integrative Medical Home Care

• Community Liaison Murray Graham: (512) 906-0168

· Doctor comes to visit within 36 hours.

JULY 2020

Birthdays

June Gardner, 9th
Genevieve Flowers, 10th
Mary Genenwein, 11th
Kelly Williams, 11th
Aaron Militar, 16th
(Employee)
Sophia Mitchell, 17th
Delia Ellis, 20th
Bernie Wilson, 22nd
Dayle Goldenberg, 28th
Bill Frey, 28th
Virginia Craig, 29th
Bo Boedeker, 31st
Norma Charlton, 31st
Jim Harvey, 31st

Locations

Activity Room, AR
Atrium, AT
Backyard Patio, BP
Billiards Room, BR
Bistro, Bl
Chapel, CH
Computer Center, CC
Dining Room, DR
Exercise Room, EX
Front Lobby, Lobby
Library, LB
Movie Theater, MT
Private Dining Room, PDR
TV Room, TV

Hair Trendz Salon

Kim Miller
512-595-1950
Open Tuesday-Saturday,
9:30 a.m.-5 p.m.
Manicures and
Pedicures by appt.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:30 Exercise: Get Fit with Avis, AR 10:00 Bible Study with Don Kasper, MT 10:00 Drumming with Ron & Avis, AR 11:00 Bean Bag Baseball, AT 11:30 Texas Home Health: Blood Pressure Check, AR 2:00 Bring Your Nickel\$ Bingo, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 11:00 Chair Volleyball, AT 2:00 Bring Your Nickel\$ Bingo, AR 3:00 Cranium Crunches: Beat the Bell Trivia, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:00 The Beetle Dice Game, AR 2:00 Group Game: Rummikub, TV 3:00 Chair Volleyball, AR 4:00 Rosary Prayer Service, CH 6:45 Friday Night at the Movies, MT 11:00 Putt Putt Golf, AT	9:30 Step on It: Meet Up and Walk, Lobby 10:30 Hole in One Golf, AT 2:00 Bring Your Nickel\$ Bingo with June, AR 2:00 Penny Ante Poker, TV 6:45 Saturday Night at the Movies, MT
10:30 11:15 1:30 2:00	The Worship Place 5 Televised Live, MT St. Helen's Catholic Communion Service, CH Sunday Worship, AR Sunday Matinee, MT Rummikub, BR Evening at the Movies, MT	9:30 Exercise: Up with the Beat/Avis, AR 10:30 Coffee Talk: What's on Your Mind?, AR 2:00 Bring Your Nickel\$ Bingo, AR 2:00 Bridge Club, TV 3:00 Chair Volleyball, AT 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:30 Singalong Group, AR 10:30 Penny Ante Poker, TV 2:00 Group Games: Rummikub/Mahjong/ Pinochle, TV 3:00 Giant Crossword Puzzle, AR 6:45 Evening Movie, MT	9:30 Exercise: Get Fit with Avis, AR 10:00 Bible Study with Don Kasper, MT 10:00 Conductorcise with Ron & Avis, AR 11:00 Bean Bag Baseball, AT 11:30 Texas Home Health: Blood Pressure Check, AR 2:00 Bring Your Nickel\$ Bingo, AR 6:45 Evening Movie, MT 6:45 Meet Our New Residents Social, BR	9:30 Exercise: Up the Beat with Avis, AR 11:00 Chair Volleyball, AT 2:00 Bring Your Nickel\$ Bingo, AR 3:00 Cranium Crunches: Beat the Bell Trivia, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:00 The Beetle Dice Game, AR 2:00 Group Game: Rummikub, TV 3:00 Chair Volleyball, AR 6:45 Friday Night at the Movies, MT 11:00 Putt Putt Golf, AT	9:30 Step on It: Meet Up and Walk, Lobby 10:30 Hole in One Golf, AT 2:00 Bring Your Nickel\$ Bingo with June, AR 2:00 Penny Ante Poker, TV 6:45 Saturday Night at the Movies, MT
10:30 11:15 1:30 2:00	The Worship Place 12 Televised Live, MT St. Helen's Catholic Communion Service, CH Sunday Worship, AR Sunday Matinee, MT Rummikub, BR Evening at the Movies, MT	9:30 Exercise: Up with the Beat/Avis, AR 10:30 Coffee Talk: What's on Your Mind?, AR 2:00 Bring Your Nickel\$ Bingo, AR 2:00 Bridge Club, TV 3:00 Chair Volleyball, AT 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:30 Singalong Group, AR 10:30 Penny Ante Poker, TV 11:30 Resident/Management Meeting, AR 2:00 Group Games: Rummikub/Mahjong/ Pinochle, TV 3:00 Giant Crossword Puzzle, AR 6:45 Evening Movie, MT	9:30 Exercise: Get Fit with Avis, AR 10:00 Bible Study with Don Kasper, MT 10:00 Drumming with Ron & Avis, AR 11:00 Bean Bag Baseball, AT 11:30 Texas Home Health: Blood Pressure Check, AR 2:00 Bring Your Nickel\$ Bingo, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 11:00 Chair Volleyball, AT 11:45 Resident/Chef Meeting, DR 2:00 Bring Your Nickel\$ Bingo, AR 3:00 Cranium Crunches: Beat the Bell Trivia, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:00 The Beetle Dice Game, AR 2:00 Group Game: Rummikub, TV 3:00 Chair Volleyball, AR 4:00 Rosary Prayer Service, CH 6:45 Friday Night at the Movies, MT 11:00 Putt Putt Golf, AT	9:30 Step on It: Meet Up and Walk, Lobby 10:30 Hole in One Golf, AT 2:00 Bring Your Nickel\$ Bingo with June, AR 2:00 Penny Ante Poker, TV 6:45 Saturday Night at the Movies, MT
10:30 11:15 1:30 2:00	The Worship Place 19 Televised Live, MT St. Helen's Catholic Communion Service, CH Sunday Worship, AR Sunday Matinee, MT	9:30 Exercise: Up with the Beat/Avis, AR 10:30 Coffee Talk: What's on Your Mind?, AR 2:00 Bring Your Nickel\$ Bingo, AR 2:00 Bridge Club, TV 3:00 Chair Volleyball, AT 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:30 Singalong Group, AR 10:30 Penny Ante Poker, TV 2:00 Group Games: Rummikub/Mahjong/Pinochle, TV 3:00 Giant Crossword Puzzle, AR 6:45 Evening Movie, MT	9:30 Exercise: Get Fit with Avis, AR 10:00 Bible Study with Don Kasper, MT 10:00 Conductorcise with Ron & Avis, AR 11:00 Bean Bag Baseball, AT 11:30 Texas Home Health: Blood Pressure Check, AR 2:00 Bring Your Nickel\$ Bingo, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 11:00 Chair Volleyball, AT 2:00 Bring Your Nickel\$ Bingo, AR 3:00 Cranium Crunches: Beat the Bell Trivia, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:00 The Beetle Dice Game, AR 2:00 Group Game: Rummikub, TV 3:00 Chair Volleyball, AR 6:45 Friday Night at the Movies, MT 11:00 Putt Putt Golf, AT	9:30 Step on It: Meet Up and Walk, Lobby 10:30 Hole in One Golf, AT 2:00 Bring Your Nickel\$ Bingo with June, AR 2:00 Penny Ante Poker, TV 6:45 Saturday Night at the Movies, MT
10:30 11:15 1:30 2:00	The Worship Place 26 Televised Live, MT St. Helen's Catholic Communion Service, CH Sunday Worship, AR Sunday Matinee, MT Rummikub, BR Evening at the Movies, MT	9:30 Exercise: Up with the Beat/Avis, AR 10:30 Coffee Talk: What's on Your Mind?, AR 2:00 Bring Your Nickel\$ Bingo, AR 2:00 Bridge Club, TV 3:00 Chair Volleyball, AT 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:30 Singalong Group, AR 10:30 Penny Ante Poker, TV 2:00 Group Games: Rummikub/Mahjong/Pinochle, TV 3:00 Giant Crossword Puzzle, AR 6:45 Evening Movie, MT	9:30 Exercise: Get Fit with Avis, AR 10:00 Bible Study with Don Kasper, MT 10:00 Drumming with Ron & Avis, AR 11:00 Bean Bag Baseball, AT 11:30 Texas Home Health: Blood Pressure Check, AR 2:00 Bring Your Nickel\$ Bingo, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 11:00 Chair Volleyball, AT 2:00 Bring Your Nickel\$ Bingo, AR 3:00 Cranium Crunches: Beat the Bell Trivia, AR 6:45 Evening Movie, MT	9:30 Exercise: Up the Beat with Avis, AR 10:00 The Beetle Dice Game, AR 2:00 Group Game: Rummikub, TV 3:00 Chair Volleyball, AR 6:45 Friday Night at the Movies, MT 11:00 Putt Putt Golf, AT	

Tea for Two, Mother's Day Celebration

My favorite event of the year is celebrating Mother's Day with the elegance and sophistication of a tea party. It's a special occasion to wear something fancy from your closet and to dust off that garden hat that you conscientiously save for events of this type. It's a time to celebrate mothers with good eats and treats, and reminisce of days gone by. I remember living in California and not far from where we lived in Newcastle was a tea house called "An Afternoon to Remember." It was such a special place to visit and be waited on with fine teas and petite foods. My son, Nicholas, (I think he was about nine), would take his young lady friend there! It was the cutest thing ever to see them dressed up, hats and all, little pinky finger out, as they sipped their tea and ate their scones with lemon curd and Devonshire cream.



Picture perfect Ruth Pritchard



Pat and Norma C. enjoying our Mother's Day Tea Party



"Tea! Bless ordinary everyday afternoon tea!" — Agatha Christie Residents: Bea and Eileen



Mother is the name for God in the lips and hearts of little children. — Delia and Mary



Charlann and Lisa enjoying the company of each other while having a cup of tea together





Judy and Barbara — Motherhood; all love begins and ends there.



Mother and daughter duo, Marlyn and Shirley

Food for Thought

Twenty years ago we had Johnny Cash, Bob Hope, and Steve Jobs. Now we have no Cash, no Hope, and no Jobs. Please do not let Kevin Bacon die.

"Kindness is the language which the deaf can hear and the blind can see." — Mark Twain

"Life is an opportunity, benefit from it. Life is a beauty, admire it. Life is a dream, realize it. Life is a challenge, meet it. Life is a duty, complete it. Life is a game, play it. Life is a promise, fulfill it. Life is sorrow, overcome it. Life is a song, sing it. Life is a struggle, accept it. Life is a tragedy, confront it. Life is an adventure, dare it. Life is luck, make it. Life is life, fight for it!" — Mother Teresa

"People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want and, if they can't find them, make them." — George Bernard Shaw

"One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden over the horizon — instead of enjoying the roses blooming outside our windows today." — Dale Carnegie

Funny Covid-19 Memes



Me after I eat all of my quarantine snacks in one night



them or freeze them.







When the world is staying apart, we are coming together.

Oaks

Gracious Retirement Living

512-863-7788

