

Colonial Gardens

Gracious Retirement Living

105 Cherry Hill Drive • Beverly, MA 01915 • Phone (978) 922-1203 • www.seniorlivinginstyle.com

JULY 2020

COLONIAL GARDENS STAFF

Managers.....SAM & CARRIE MARTIN
Assistant ManagersPAUL & BRENDA SCOTT
Assistant ManagersTIMOTHY & TIFFANY MATHISON
Executive Chef.....CHAD BELANGER
Activity CoordinatorCHRISTA LEGER
MaintenanceCESAR VIEIRA & CARMELLA MOISE
Transportation . JIM GARNHAM & LEONARD CAMPANELLO

OFFICE HOURS

Monday - Sunday: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday - Friday, 9 a.m.-3 p.m.: Appointments

Tuesday & Thursday, 9 a.m.-3 p.m.: Shopping Shuttle

Wednesday, See sign-up sheet: Activity Outings

Saturday, 8:30 a.m.: Synagogue: Temple B'Nai Abraham

Sunday, 8:40 a.m.: St. Richard's

Sunday, 9:10 a.m.: 2nd Congregational

Sunday, 9:40 a.m.: St. Mary's

HAWTHORN
SENIOR LIVING

Poetry With Alice

Shoes

I wonder where my shoes are!
They can't have gone very far.
I always wear them when I am out.
They just must be somewhere
near about.

I shall put on a search.
I know they are not at church,
As I am sequestered here
Until all viruses disappear.

I can bend as I am able
And look underneath the table.
If they are not there,
Then where oh where?

I am tired of staying in.
I've committed no grave sin.
Nor have you or you.
Yet what are we to do?

I looked under the refrigerator

Like some sly alligator.
I scrambled through my
unmade bed
But shoes are somewhere
else instead.
"Oh crippling virus be gone.
You're not welcome on my lawn.
Nor neither inside my home
Find yourself another path to roam.
"One day you'll be a thing of
the past.
Do hurry and make that fast.
We invite you to disappear,
Never to come another year.
"My shoes would like to trod.
I send my prayers out to "God."
May you drift beyond our
Atlantic sea
Go, go find another galaxy.

May 16, 2020 — Alice Rohr





Mother's Day Parade

Mother's Day 2020 was definitely one for the history books across the country. At Colonial Gardens it was a day to never forget.

The day before was nonstop package deliveries for the women of the Community. Packages varied from flowers, to chocolates, fruits and basic needed groceries. It was bittersweet because the residents wanted to see their families so bad, but understood keeping distance is what was safest at that time.

Mother's Day Dinner was beautifully baked scallops. With full bellies the residents were encouraged to go to their porch and watch the parade. If their apartment faced the Courtyard they were brought to the Dining Room windows. Thanks to the amazing leg work Assistant Managers Tammy and Jeremy did, we had more than 100 cars of family members lined up down Cherry Hill Drive. They followed the decorated Community bus slowly around the building. Families hung out of windows hanging onto signs in the breeze. Grandkids cheered as loud as possible while looking for their loved one. More than 800 pictures were taken and put into a slideshow that can be found on YouTube.

Mother's Day ended with presents being handed out with a Tea Party on wheels!



For all our ladies



Alicia's family



Yoley and her kids



Penny's family

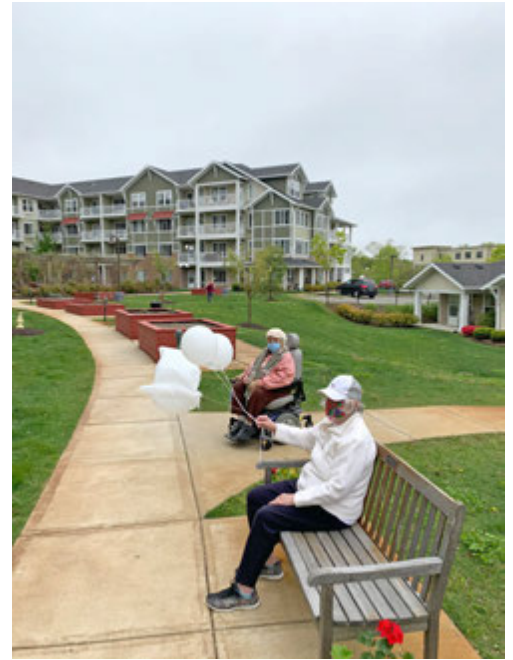


Memorial Day

Last year Colonial Gardens released butterflies to fly away. This year we honored those members of the military who never came home. All the balloons and ribbons used were biodegradable in the shape of white doves or marked saying "Forever in Our Hearts." With the help of a dozen resident volunteers and some help from staff, balloons were able to be seen from all sides of the Community. At 11:30 a.m.



Residents counting down



Penny and Rosalie

the residents in the building were encouraged to go out onto their patios or look out their windows that faced the perimeter of the building. Overhead in the building and over the walkies Activity Coordinator Christa started the count down backwards from 10. On "1," the balloons were released taking flight in the spring breeze. This was a beautiful tribute to those who continue to serve, our veterans and those who did not come home.

If you are looking for a way to give back please see Christa or Rhoda about donating to the USO. If you are a veteran and would like to be honored by having your picture hung on the Veterans Wall, please see Christa so we can make that happen. Thank you again to all who have served and continue to keep us safe at home.



Pat and Richard



Petie and John Paul

JULY 2020

Birthdays

Joan Honan, 4th
Richard Meuse, 6th
Donald Kantor, 6th
Jim Griffin, 12th
Mary Malloy, 12th
Ginny Soucy, 13th
James Noel, 13th
Beatrice Belleau, 14th
Jim Griffin, 17th
Winnie Kane, 17th
Leo Corbin, 18th
Helen Tine, 21st
Katherine St. Gelais, 23rd
Eva Katrinakis, 24th
Evelyn Roderick, 24th
Jean Landrigan, 25th
Lesley Atwater, 28th

Anniversaries

Norine & Robert
Dennis, 7/6/1957

Locations

Activity Room Hall,
First Floor, ARH
Activity Room,
First Floor, AR
Atrium, First Floor, ATR
Card Room, Second
Floor, CR
Chapel, Third Floor, CH
Conference Room,
Second Floor, CON
Courtyard Outside
Of AR, CY
Dining Room, First
Floor, DR
Fitness Room,
Second Floor, FR
Library, First Floor, LB
Main Lobby, ML
Movie Theater,
Third Floor, MT
Pool Table Area,
Second Floor, PTA
Residents Kitchen,
First Floor, RK
Salon, Fourth Floor, S
TV Room, Second Floor, TR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Morning Exercise with Christa, AR 11:00 Long Word Game, ATR 2:00 Movie Matinee, MT 2:00 Scrabble/Quiddler, DR 2:30 Manicures with Christa, DR 3:30 Bingo, AR	2 9:30 Cardio Drumming, AR 10:30 Chef Demo 11:00 Balance Clinic with Kelly, FR 2:00 Movie Matinee, MT 2:00 Protestant Church Service, CH 2:00 Cribbage Group, CR 2:30 Horse Racing, AR 3:00 Sundaes with Management, AR 7:00 AA Meeting, CON	3 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 12:30 Independence Day BBQ, CY 2:00 Movie Matinee, MT 2:30 Knit & Chat, AR 3:00 Catholic Communion, CH 4:00 Happy Hour with the Harmony Sisters, AR 7:00 Bingo, AR	4 INDEPENDENCE DAY Rides to Synagogue 2:00 Movie Matinee, MT 2:30 Tell Me a Secret with Brenda, CY 3:30 Bingo, AR 7:00 Poker Night, CR 
	5 *Rides to Church! 11:30 Tai Chi with Sam, AR 12:30 Dinner, DR 2:00 Movie Matinee, MT 3:00 Bingo with Carrie, AR	6 9:30 Morning Exercise with Christa, AR 10:00 Decorative Painting with Bobbi, AR 11:30 Zumba Gold with Ana, AR 1:30 Valerie Roy Jewelry Show, AR 2:00 Movie Matinee, MT 2:30 Hand Massages with Seasonal Lotion, DR 3:30 Bingo, AR 	7 9:30 Chicken Fat & Balance, AR 10:00 Chef Chat, AR 11:00 Team Trivia, AR 1:45 Bridge Group, CR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Ladies' Bible Study, CON 3:00 Resident Store & Buy Stamps, CR	8 9:30 Morning Exercise with Christa, AR 10:00 Acrylic Painting with Karen, AR 11:00 Long Word Game, ATR 12:00 Dinner Music with Steve Hershman, DR 2:00 Movie Matinee, MT 2:00 Scrabble/Quiddler, DR 2:30 Manicures with Christa, DR 3:30 Bingo, AR	9 9:30 Cardio Drumming, AR 10:30 Chef Demo 11:00 Balance Clinic with Kelly, FR 2:00 Movie Matinee, MT 2:00 Protestant Church Service, CH 2:00 Cribbage Group, CR 2:30 Horse Racing, AR 3:00 Sundaes with Management, AR 7:00 AA Meeting, CON	10 "Berry" Good Day 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Knit & Chat, AR 3:00 Catholic Communion, CH 4:00 "Berry" Happy Hour with Adam McCauley, AR 7:00 Bingo, AR
12 *Rides to Church! 11:30 Tai Chi with Sam, AR 12:30 Dinner, DR 2:00 Movie Matinee, MT 3:00 Bingo with Carrie, AR 	13 9:30 Morning Exercise with Christa, AR 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Hand Massages with Seasonal Lotion, DR 3:30 Bingo, AR 	14 9:30 Chicken Fat & Balance, AR 10:00 Valerie Roy Jewelry Class, DR 11:00 Team Trivia, AR 1:30 Comfort Home Care BP Clinic, LB 1:45 Bridge Group, CR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Ladies' Bible Study, CON 3:00 Resident Store & Buy Stamps, CR 	15 9:30 Morning Exercise with Christa, AR 11:00 Long Word Game, ATR 2:00 Movie Matinee, MT 2:00 Scrabble/Quiddler, DR 2:30 Manicures with Christa, DR 3:30 Bingo, AR	16 9:30 Cardio Drumming, AR 10:30 Chef Demo 11:00 Balance Clinic with Kelly, FR 2:00 Movie Matinee, MT 2:00 Protestant Church Service, CH 2:00 Cribbage Group, CR 2:30 Horse Racing, AR 3:00 Sundaes with Management, AR 7:00 AA Meeting, CON	17 Pie in the Face Day 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Pie the Staff!, CY 2:30 Knit & Chat, AR 3:00 Catholic Communion, CH 4:00 Happy Hour with Chris Ekblom, AR 	18 Rides to Synagogue 2:00 Movie Matinee, MT 2:30 Tell Me a Secret with Brenda, CY 3:30 Bingo, AR 7:00 Poker Night, CR 
19 *Rides to Church! 11:30 Tai Chi with Sam, AR 12:30 Dinner, DR 2:00 Movie Matinee, MT 3:00 Bingo with Carrie, AR	20 9:30 Morning Exercise with Christa, AR 10:00 Decorative Painting with Bobbi, AR 11:30 Zumba Gold with Ana, AR 2:00 Movie Matinee, MT 2:30 Hand Massages with Seasonal Lotion, DR 3:30 Bingo, AR	21 9:30 Chicken Fat & Balance, AR 11:00 Team Trivia, AR 1:45 Bridge Group, CR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Ladies' Bible Study, CON 3:00 Resident Store & Buy Stamps, CR 7:00 Kitchen Tour, DR 	22 9:30 Morning Exercise with Christa, AR 11:00 Long Word Game, ATR 2:00 Movie Matinee, MT 2:00 Scrabble/Quiddler, DR 2:30 Manicures with Christa, DR 3:30 Bingo, AR	23 Dining with the Chef, DR National Ice Cream Cone Day 9:30 Cardio Drumming, AR 11:00 Balance Clinic with Kelly, FR 2:00 Movie Matinee, MT 2:00 Cribbage Group, CR 2:00 Ice Cream Cones!, ARH 2:30 Horse Racing, AR 7:00 AA Meeting, CON 	24 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:00 Episcopal Service, CH 2:30 Knit & Chat, AR 3:00 Catholic Communion, CH 4:00 Happy Hour with Julie Z, AR 	25 Rides to Synagogue 2:00 Movie Matinee, MT 2:30 Tell Me a Secret with Brenda, CY 3:30 Bingo, AR 7:00 Poker Night, CR 
26 *Rides to Church! 11:30 Tai Chi with Sam, AR 12:30 Dinner, DR 2:00 Movie Matinee, MT 3:00 Bingo with Carrie, AR	27 9:30 Morning Exercise with Christa, AR 10:00 Decorative Painting with Bobbi, AR 2:00 Movie Matinee, MT 2:30 Hand Massages with Seasonal Lotion, DR 3:30 Bingo, AR	28 9:30 Chicken Fat & Balance, AR 11:00 Team Trivia, AR 1:30 Comfort Home Care BP Clinic, LB 1:45 Bridge Group, CR 2:00 Movie Matinee, MT 2:30 Craft Group, AR 3:00 Ladies' Bible Study, CON 3:00 Resident Store & Buy Stamps, CR 	29 9:30 Morning Exercise with Christa, AR 11:00 Long Word Game, ATR 2:00 Movie Matinee, MT 2:00 Scrabble/Quiddler, DR 2:30 Manicures with Christa, DR 3:30 Bingo, AR	30 9:30 Cardio Drumming, AR 10:30 Chef Demo 11:00 Balance Clinic with Kelly, FR 2:00 Movie Matinee, MT 2:00 Protestant Church Service, CH 2:00 Cribbage Group, CR 2:30 Horse Racing, AR 3:00 Sundaes with Management, AR 7:00 AA Meeting, CON	31 Monthly Birthday Party Raspberry Cake Day 9:30 Morning Exercise with Christa, AR 11:00 Team Trivia, AR 2:00 Movie Matinee, MT 2:30 Knit & Chat, AR 3:00 Catholic Communion, CH 4:00 Monthly Birthday Party: Jim Moses & Raspberry Cake, AR 7:00 Bingo, AR	



String Art

A small group of ladies came together during craft group to try their hand at string art. It was something completely new to them. The idea is



Petie and Ginger making a mess!

to dip a piece of string or yarn into some paint leaving a tail to pull clean. The learning curve is scraping off some of the excess paint the string is holding onto. Then to zigzag the string over a piece of card stock. Next is to place a second piece of card stock on top of the string followed by a magazine or book to apply even pressure. Last but not least, pull the string out like you're starting a lawn mower! Open the two pieces of paper and you have a piece of abstract art you can turn into a flower with some quick green leaves. For a beautiful handmade card, substitute the second piece of card stock by folding one piece in half. Put the string in the middle and follow the same steps. Fold the paper the opposite way when dry so the card has a front and back cover.

All the ladies walked away with once piece of work they were happy with after many attempts. Ginger and Petie have new manicures! There were a lot of laughs and smiles with the final products. It was overall a lot of fun and very, very messy.



Ladies adding some leaves

Happy Birthday, Jean

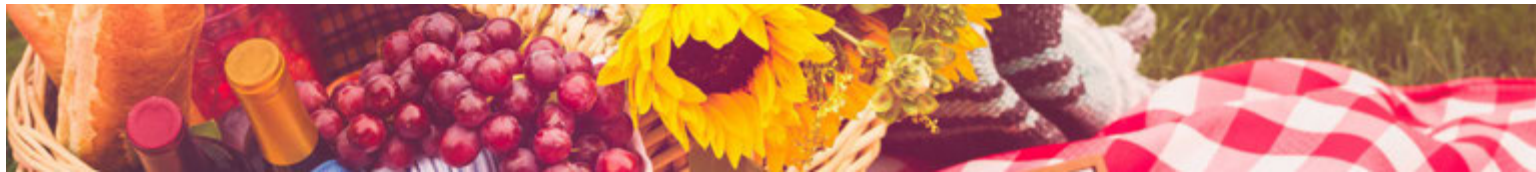
During a time when being apart became the new normal, moments that brought us together became all the more special. Jean Bittner celebrated her birthday in May, but had to be separated by a wall from her family. Everyone involved took it in stride. They came to the front door and dropped off all the strawberry shortcake supplies. With the help of staff, Jean was able to enjoy her cake with her family as they sang "Happy Birthday." It was a birthday none of them will soon forget.



Talking with family



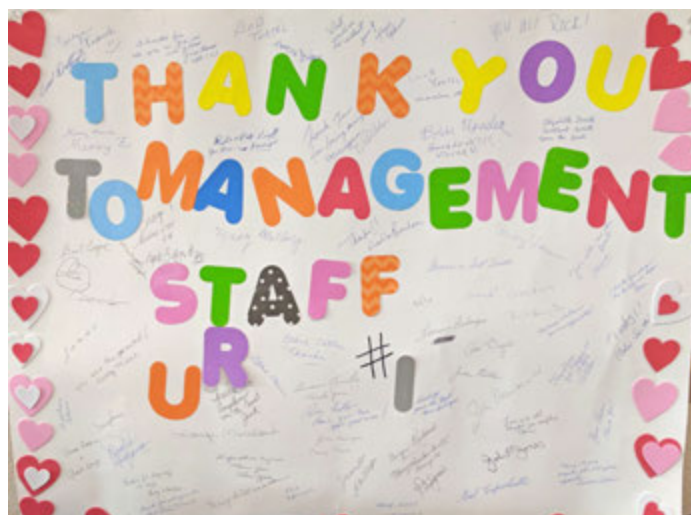
Enjoying strawberry shortcake



Our Pleasure!

In the entranceway of the Activity Room is a large poster designed by Petie and Ginger thanking the Colonial Gardens team for all that they have done to keep them safe.

It has been and will continue to be our pleasure keeping you safe. We enjoy the many thanks from family members who are happy their loved one is well inside our walls. We acknowledge it is incredibly frustrating not being able to see people who live outside the Community, but everything that was put in place was to keep everyone healthy. Our goal will always be to keep the residents happy, fed well and active in a variety of ways. The thank yous, smiles and laughter are what keeps us going everyday.



Signed by all residents

Coming Soon

Look for activities that involve the managers, including but not limited to Breathing and Stretching Tai Chi with Sam and Bingo with Carrie on Sundays!

July 4th, Independence Day Barbecue:

Join us for some delicious food cooked on the grill with ice cold lemonade and more. Don't forget to wear your red, white and blue!

July 10th, It's a "Berry" Good Day:

Enjoy some chocolate covered strawberries and berry smoothies during Happy Hour!

July 17th, Pie in the Face Day:

Donate an item to be sent to the animal shelter (blankets, toys) for a chance to pie a manager or staff member in the face! All donations will be put together for National Mutt Day on July 31st.

July 23rd, Ice Cream Cone Anniversary: Swing by the Activity Room after dinner and pick yourself up a nice, cool ice cream cone!

July 31st, Raspberry Cake Day: During Happy Hour come by the Activity Room for a piece of Raspberry Cake to celebrate this month's birthdays. It is also National Mutt Day, so any more donations for the shelter are welcomed!

*** All activities are subject to change. Check the daily schedule for all up-to-date activities. Thank you for your cooperation. ***



Pie in the face



Happy 4th of July

Colonial Gardens
Gracious Retirement Living

105 Cherry Hill Drive
Beverly, MA 01915



When the world
is staying apart,
we are coming
together.

Colonial Gardens
Gracious Retirement Living

978-922-1203

