

#### Celebrating **Birthdays** in July!

July 1st June Tobey July 3rd Bill Fleming July 14th Del Mallinson July 16th **Don Bridges** July 20th

Thomas Howell July 26th

Patricia VonSchoick

July 28th

Joyce Berard

# **Waltonwood Superlative Winners**



Best Person to Share a Deserted Island With Otis Ward

Most Likely to Win at Bingo

Sharon Ward

Carol Monroe



Woody Hein



Lvnda Huber



Most Creative Char Eberhard



Joan Foster



Most Likely to be Fashionably Late Betty Crorey



Most Inspirational Virgina Dale



Cutest Couple Phil & Hannah Clampitt

\*Not Pictured: Audrey Cowsett for Best Dressed & Mary DuBuis for Most Likely to Know the Answers to Jeopardy\*

# \$3,500 RESIDENT REFERRAL BONUS

FRIENDS & FAMILY REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a and then we'll thank you for it too!

# UNIVERSITY CONNECT

**JULY 2020** 



# What It Means to Be an American

To believe in the promise of a better tomorrow, and stand united in our efforts to give a peaceful nation to our children...

To honor each other's differences and cherish the richness of our history, even as it continues to unfold from sea to shining sea...

To love deeply our friends and family, day by day, and never take for granted the priviledge of calling ourselves American.

## **COMMUNITY MANAGEMENT**

Redefining Retirement Living

3250 Walton Blvd. Rochester Hills, MI

www.waltonwood.com | 248-375-2500 Facebook: /WaltonwoodUniversity

Jonathan Hills Associate Executive Director

Stephanie Roach Marketing Manager

McKenna LeCouffe Move-In Coordinator

Katelyn Pesola Life Enrichment Manager IL

Stephanie Gillespie Life Enrichment Manager AL

Dave Mantels Maintenance Manager

Sara Benns Housekeeping Supervisor

Rehan Ahsan Culinary Service Manager

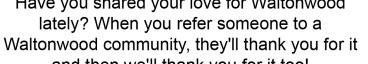
Josh Logan **Culinary Supervisor** 

Holly Weaver **Dining Room Supervisor** 

Angie Sorgi Dining Room Supervisor

Vanessa Green Resident Care Manager

Vickie Berishaj Wellness Coordinator



Talk to Marketing for details!

### **ASSOCIATE SPOTLIGHT**

Our associate spotlight for this month is Faith Szymanski, our new Life Enrichment Assistant!

Faith graduated high school in 2018 and lives in the Lapeer area. She loves to travel and explore new places. Her favorite places are New York and Belize. She went to Belize on a mission trip. When she is not with her Waltonwood family, she is working at a dry cleaners. She also really enjoys photography, painting, and spending time with her family. She has always enjoyed helping others and she looks forward to getting to know all the residents at Waltonwood University.



# **JUNE HIGHLIGHTS**



We celebrated National **Donut Day with** delicious donut holes!



Poodle skirts and polka dots were worn while the residents enjoyed milkshakes from our "50s Diner."



Residents made a 4th of July wreath out of clothespins!



Welcome to our Lemonade Stand! Residents enjoyed different flavors of lemonade.

# FOREVER FIT: FOCUS ON FITNESS

#### You Can!

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far to often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

Chris Grabowski I Forever Fit Manager



## TRANSPORTATION UPDATE

Starting Wednesday, July 1st we will be offering transportation to doctor appointments only! Gary, our driver will be available to take residents to their appointments on Monday, Wednesday, and Thursdays.

\*You will still need to fill out a request form for your appointments. Forms will be located outside of the Life Enrichment office. Please submit your request a at least one week prior to your appointment.\*

\*If you go out for an appointment, you will be placed on a 72 hour isolation when you come back.\*

#### JULY SPECIAL EVENTS

Come visit our Movie Night concession stand at the Bistro for a variety of your favorite movie snacks!

It's a Pizza Party! We will be delivering pizza for lunch to all of our residents!

Happy 4th of July! Residents will enjoy a fun Red, White, and Blue treat!

It's National Ice Cream Sundae Day! Come down to the Bistro and enjoy an ice cream sundae!

Beach Day! Wear your best beach outfit and enjoy a refreshing "beach" themed drink!

Sports Day! Wear your favorite sports apparel and enjoy a hot dog from our delivery cart!

# Thank you for practicing social distancing Protect yourself and others from infection



## **EXECUTIVE DIRECTOR CORNER**

I think its easy to say that the past few months have been an extremely difficult time for our community. For nearly three months, our residents have not been able to hug their family or dine with their closest friends. It's been almost three months since you've been able to participate in a group activity like BINGO or WII bowling. We have been through so much, and we continue to persevere through the challenges we face each day. I believe at Waltonwood University, we have fought through this pandemic as a family. Despite the negative effects COVID-19 has brought to many of us, we continue as a community to show the support and goodwill that others may need. This type of gratitude gives us inspiration to keep moving forward as one.

We see the light at the end of the tunnel, keep moving forward!!!

Jonathan Hills | Associate Executive Director