

UNIVERSITY CONNECT

JULY 2020



CHEF'S COOKING DEMONSTRATIONS

We are currently not having cooking demonstrations but want to thank Rehan and the Culinary and Dining teams for all the hard work they are doing!

Meals will continue to be served in your room until further notice! Thank you for your patience and understanding!

July Birthdays!

Marjorie – 7/5

Marilyn 7/5

Carole M – 7/11

Iris G – 7/23

SAFETY FIRST



Face coverings are required in our community.
Please see the Executive Director if you need a mask.





COMMUNITY MANAGEMENT

Executive Director

Business Office Manager

Rehan Ahsan
Culinary Services Manager

Sarah Bennis
Housekeeping Supervisor

Stephanie Gillespie
Life Enrichment Manager AL

Katelyn Pesola
Life Enrichment Manager IL

Dave Mantels
Maintenance Supervisor

Stephanie Roach
Marketing Manager

Vanessa Green
Resident Care Manager

Vickie Berishaj
Wellness Coordinator

Josh Logan
Culinary Supervisor

Dining Supervisor

Angie Sorji
Dining Supervisor

Our Hearts Are Filled With Pride

Our flag is painted in the proud colors of white, red and blue,

Our hearts are filled with a sense of deep pride and solitude.

We salute all our brave heroes who fought for our country,

They built a new world for us with fairer boundaries.

Have a great forth of July!



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Faith is our newest member of the Life Enrichment Staff! Please welcome her with open arms! Faith graduated high school in 2018 and lives in the Lapeer area. She loves to travel and exploring new places. Her favorite places she has ever been were New York and going to Belize on a mission trip. When she is not with her Waltonwood family, she is working at a dry cleaners. She also really enjoys photography, painting, and spending time with her family. She has always enjoyed helping people and she looks forward to getting to know all the residents at Waltonwood University.



TRANSPORTATION INFORMATION

We currently have no transportation running within our community due to the COVID-19 Virus. Thank you for your understanding! Stay Safe and please join us for our daily activities.

Due to the constraints on visitors and transportation we are offering Facetime or Skype to visit with your family virtually! Please see a Life Enrichment staff if you are interested in this!

Thank you for practicing social distancing

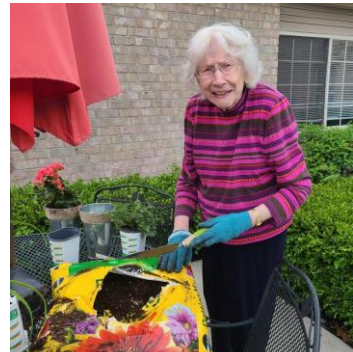
JUNE HIGHLIGHTS

01

We planted some beautiful flowers!

08

We did some fun painting!



10

We had a blast back in the 50's!

17

We surprised our residents with their favorite snack!



JULY SPECIAL EVENTS

10

We will be having a fun beach day!

15

We will be holding an Adopt-a-pet event!

17

It's a pizza party!

22

Get ready for some snow cones!

Protect yourself and others from infection



FOREVER FIT: You Can!

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

EXECUTIVE DIRECTOR CORNER

I think its easy to say that the past few months have been an extremely difficult time for our community. For nearly three months, our residents have not been able to hug their family or dine with their closest friends in the community. It's been almost three months since you've been able to participate in a group activity like BINGO or Wii bowling. We have been through so much, and we continue to persevere through the challenges we face each day. I believe at Waltonwood University, we have fought through this pandemic as a family. Despite the negative effects COVID-19 has brought to many of us, we continue as a community to show the support and goodwill that others may need. This type of gratitude gives us inspiration to keep moving forward as one. We see the light at the end of the tunnel, keep moving forward!!