The Birches Daybreak Calendar of Events July 2020

Sunday

Monday

Wednesday

Thursday

Friday

Saturday



Happy 4th Of July!

Tuesday

10:00am Morning
Games n Juice
10:00am Zoom Rosary
Group
10:30am Fox Sit N Fit
1:30pm 2:30pm Snack

10:30am Fox Sit N Fit
1:30pm 2:30pm Snack
Time
3:00pm Balloon Volley
3:45pm FOX Fitness
6:00pm Arts n Crafts &
Evening Snack

10:00am Morning
Games n Juice
10:30am Kick Ball &
Drink Snack
10:35am FOX Sit N Fit
1:00pm Time for Art
2:00pm Balloon
Volley
2:30pm Snack Time
3:45pm FOX Fitness
6:30pm Evening Movie

10:00am Morning Games n Juice
10:30am FOX Sit N Fit
11:00am Brain Teasers
1:00pm Prose n Poetry
2:00pm
2:30pm Snack Time
3:15pm Fox Fitness
6:00pm Evening

Movie and Snack Time

10:00am Morning Games

10

17

Game

n Juice

10:45am Morning
Games n Juice
1:00pm Numbers Game
2:30pm Snack Time
Chat
3:00pm Balloon Volley
Ball
5:30pm Evening movie
and Snack Time

INDEPENDENCE

10:45am Morning Games N Juice Snack

1:00pm BINGO! 2:30pm Snack Time 3:00pm Balloon Volley 6:30pm Evening Movie and Snack 6
10:00am Morning
Greetings
10:45am FOX Sit N
Fit
1:00pm BINGO!
2:00pm Circle Kick

Ball
2:30pm Snack Time
3:45pm FOX Fitness
6:30pm Uptown
String Band Parade

10:00am Morning
Games n Juice
10:30am Fox Sit N Fit
1:00pm Mini Manis
2:00pm Balloon
Volley
2:30pm Snack Time
3:45pm FOX Fitness
6:00pm I Love Lucy &

10:00am Morning
Games n Juice
10:00am Zoom Rosary
Group
10:30am Fox Sit N Fit
1:00pm Kick Ball Circle
3:00pm Balloon Volley

1:00pm Kick Ball Circle
3:00pm Balloon Volley
3:45pm FOX Fitness
6:00pm Arts n Crafts & Evening Snack

10:00am Morning
Games n Juice
10:30am Kick Ball &
Drink Snack
10:35am FOX Sit N Fit

1:00pm Time for Art
2:30pm Snack Time
and music with Bill
Frye the Singing Guy!
(Outside DBAR)
3:45pm FOX Fitness

10:30am FOX Sit N Fit
11:00am Brain Teasers
1:00pm Prose n Poetry
1:30pm The Phrase
Game
2:30pm Snack Time
3:15pm Fox Fitness
6:00pm Evening Movie
and Snack Time

10:00am Morning

1:00pm The Phrase

2:30pm Snack Time

Games n Juice

11
10:45am Morning
Games n Juice
11:00am Letter of the
Day
2:30pm Snack Time
Chat
3:00pm Balloon Volley
Ball
5:30pm Evening movie
and Snack Time

12

10:45am Morning Games N Juice Snack

1:00pm BINGO!
2:00pm Circle
Kick Ball
2:30pm Snack Time
6:30pm Evening
Movie & Snack

10:00am Morning
Greetings
10:45am FOX Sit N
Fit

13

1:00pm BINGO!
2:00pm Circle Kick
Ball
2:30pm Snack Time
3:45pm FOX Fitness

3:45pm FOX Fitness 6:30pm Evening Movie 10:00am Morning
Games N Juice
10:30am Fox Sit N
Fit
1:00pm Mini Manis

Evening Snack

1:00pm Mini Manis
2:00pm Balloon
Volley
2:30pm Snack Time
3:45pm FOX Fitness
6:00pm I Love Lucy
& Evening Snack

15
10:00am Morning
Games n Juice
10:00am Zoom Rosary
Group
10:30am Fox Sit N Fit

10:30am Fox Sit N Fit
1:30pm Kick Ball Circle
2:30pm Snack Time
3:00pm Balloon Volley
3:45pm FOX Fitness
6:00pm Arts n Crafts &
Evening Snack

6:00pm Zoom Caregivers
Support Group

16
10:00am Morning
Games n Juice
10:30am Kick Ball &
Drink Snack
10:35am FOX Sit N Fit
1:00pm Time for Art

6:30pm Evening Movie

2:00pm Balloon
Volley
2:30pm Snack Time
3:45pm FOX Fitness
6:00pm Evening Movie

& Snack Time

Chat
3:15pm Fox Fitness
6:00pm Evening
Movie and Snack Time

18
10:45am Morning
Games n Juice
11:00am Letter of the
Day
1:30pm Trivia Corner
2:30pm Snack Time
Chat
3:00pm Balloon Volley
Ball
5:30pm Evening
movie and

Snack Time

The Birches Daybreak Calendar of Events July 2020

Wednesday

Sunday 19 10:45am Morning Games and Juice Snack 1:00pm BINGO! 2:30pm Snack Time 3:00pm Music from The Harp with Gloria Galante (DBAR Outside) 6:30pm Evening Movie & Snack Time Snack

Monday

20

Greetings

10:00am Morning

10:00am Morning Games and Juice 10:30am Fox Sit N Fit

Day

Soccer

21

10:45am FOX Sit N 1:00pm Mini Manis 1:30pm Letter of The

1:00pm BINGO! 2:00pm Circle Kick Ball

2:30pm Snack Time 3:00pm Balloon Volley

3:45pm FOX Fitness 6:30pm Evening Movie

Tuesday

22

10:00am Morning Games n Juice

10:00am Zoom Rosary Group

10:30am Fox Sit N Fit 1:00pm Kick Ball Circle **3:00pm** Balloon Volley 3:45pm FOX Fitness 6:00pm Arts n Crafts & Evening Snack

Thursday

10:00am Morning **Games Juice** 10:30am Kick Ball & **Drink Snack**

10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon 2:30pm Snack Time 3:45pm FOX Fitness 6:00pm Evening

Movie & Snack Time

Friday

10:00am Morning Games n

Juice 10:30am FOX Sit N Fit

1:00pm Words that Rhyme! **1:30pm** The Phrase Game 2:00pm Kick Ball Circle

2:30pm Snack Time 3:15pm Fox Fitness

6:00pm Evening Movie and Snack Time

Saturday

10:45am Morning Games and Juice

11:00am Letter of the Day

1:00pm Numbers Game 2:30pm Snack Time Chat 3:00pm Balloon Volley

5:30pm Evening movie and Snack Time

26

10:45am Morning Games and Juice Snack

1:30pm BINGO!

2:30pm Snack Time **3:00pm Word Games**

6:30pm Evening Movie & Snack Time

27 10:00am Morning Greetings

10:45am FOX Sit N

1:00pm BINGO! 2:00pm Circle Kick Ball 2:30pm Music with Joe Caristo (Outside DBAR)

3:45pm FOX Fitness 6:30pm Evening Movie

28

10:00am Morning Games and Juice

2:00pm Sensational

2:30pm Snack Time

3:45pm FOX Fitness

6:00pm I Love Lucy

& Evening Snack

10:30am Fox Sit N Fit 1:00pm Mini Manis

1:30pm Letter of The Day 2:00pm Sensational Soc-

2:30pm Snack Time 3:45pm FOX Fitness 6:00pm I Love Lucy & Evening Snack

29

10:00am Morning Games n Juice

10:00am Zoom Rosarv Group

10:30am Fox Sit N Fit 1:00pm Kick Ball Circle

3:00pm Balloon Volley 3:45pm FOX Fitness

6:00pm Arts n Crafts & Evening Snack

30

10:00am Morning **Games Juice** 10:30am Kick Ball & **Drink Snack**

10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon 2:30pm Snack Time

3:45pm FOX Fitness 6:00pm Evening **Movie & Snack Time** 31

24

10:00am Morning Games n Juice

10:30am FOX Sit N Fit

1:00pm Words that Rhyme! **1:30pm** The Phrase Game 2:00pm Kick Ball Circle 2:30pm Snack Time

3:15pm Fox Fitness

6:00pm Evening Movie and Snack Time

All scheduled outdoor entertainment is Weather **Permitting**

July Birthdays!

Frank B. 2nd Renata S. 3rd Jean V. 15th Mildred "Peggy" S. 16th
Janima K. 29th



The Daybreak Daily Sheet is posted in the Daybreak entry way and **Bulletin Boards** in the Daybreak Activity Room Thank you.

Activity Location Key

Daybreak Activity Room ~ DAR **Blue Dining Room - BDR Daybreak Living Room - DLR** PC Living Room ~ PCLR **Private Dining Room~ PDR** Bistro ~ B Theater ~ T Lobby ~ L