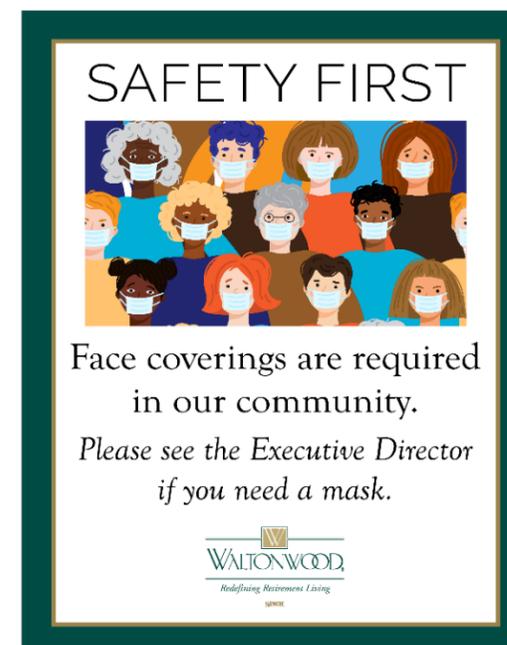


# TWELVE OAKS CONNECT

JULY 2020



## COMMUNITY MANAGEMENT

Executive Director  
Gina Steigerwald Conway

Nicole McDonald  
Business Office Manager

Nicholas Laliou  
Culinary Services Manager

Alyssa Tobias  
Independent Living Manager

Monique Furniss  
Life Enrichment Manager

Stephan Skidmore  
Environmental Services  
Manager

Heather Lasko  
Marketing Manager

Betsy Weakland  
Marketing Manager

Binita Patel  
Resident Care Manager

Paula Wilson  
Wellness Coordinator

## CHEF'S SIGNATURE RECIPE

### INGREDIENTS

**BLUE LAYER:**  
3 tablespoons butter  
6 cups marshmallows  
6 cups Rice Krispies  
Food Coloring  
**WHITE LAYER:**  
3 tablespoons butter  
7 cups marshmallows  
6 cups Rice Krispies  
**RED LAYER:**  
3 tablespoons butter  
6 cups marshmallows  
6 cups Rice Krispies



### Preparation

**BLUE LAYER**  
Melt 3 tablespoons of butter in a large pot over medium heat. When the butter has melted add in the marshmallows and food coloring. Stir over low heat until the marshmallows have completely melted and you like the color you've achieved.

Remove from heat, pour in the Rice Krispies and then layer in a 9X13-inch buttered dish (for thick layers - for thinner, easier to eat layers use a larger baking dish)

Let cool.

**WHITE LAYER**  
Melt 3 tablespoons of butter over medium heat. When the butter has melted add in the marshmallows and stir until melted. Add the Rice Krispies and stir until fully combined.

Let them cool in the pan just a bit before pouring them on top of the blue layer. Press down with a buttered hand until the layer is even.

**RED LAYER**  
Melt 3 tablespoons of butter over medium heat. Add in the marshmallows and food coloring and stir until desired color is achieved and the marshmallows are melted. Add in the Rice Krispies cereal and stir until combined. Let this cool a bit.

Pour over the previous layers and pat down with a buttered hand until this layer is level.

## Happy 100th Birthday Connie!

### What people admire about her?

- ❖ Her cheerful spirit
- ❖ She is helpful

### Connie's favorite things:

- ❖ Reading
- ❖ Nature
- ❖ Pretty woman movie
- ❖ Exercising daily
- ❖ Being healthy
- ❖ Traveling

### What is important to Connie?

- ❖ Family
- ❖ 3 daughters
- ❖ 4 grandchildren



We interviewed Connie and this is a little bit about her.

Happy July Birthdays!

## Celebrating Birthday's in JULY

7/04 Ben M.  
7/06 Pat K.  
7/07 Barbara B.  
7/09 Richard A.  
7/09 JoAnne Mc.  
7/10 Ernie B.  
7/18 Lavern M.  
7/28 Connie C.  
7/29 Everett H.

JULY 6th  
Birthday Celebration  
Wishing you a very

Happy Birthday!



FRIENDS & FAMILY REFERRAL PROGRAM!

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



**Transportation is now available for doctor's appointment only.**

Reservations are required at least 24 hours in advance and are scheduled based on availability. Please schedule your appointment with some flexibility as Mike **may be up to 15 minutes early or late** depending on traffic and other passengers.

**Transportation will begin on July 6th**

**Important Things to Remember!**

Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on your ledges for any changes.

Skype and FaceTime are great ways to stay in touch with family during this time of social distancing! They are programs that you can use to talk to loved ones 'face to face' via a phone or tablet. If you need help accessing those things or need help setting them up on your own devices, please contact Monique for assistance. For those who do not have the proper technology to utilize these programs, Waltonwood has an iPad that you can borrow! Again, please contact Monique if you have an interest!

**Thank you for practicing social distancing**

Protect yourself and others from infection



**JUNE HIGHLIGHTS**

**05 Crazy Hat Day**

A hat is not just a hat. A hat is the expression of a soul.  
Listen out for our mobile fun cart!

**18 Colors of the Rainbow Day**

Be a rainbow in someone else's cloud.  
Listen out for our mobile fun cart!

**21 Father's Day Celebration**

I have a hero, I call him dad.  
Listen out for our mobile fun cart!

**26 Mad Scientist Day**

Life is an experiment in which you may fail or succeed.  
Listen out for our mobile cart!



**JULY SPECIAL EVENTS**

**04 Happy**

**Independence Day!**

Land of the free, home of the brave

**12 70's Decade Day**

Peace, love and flower power

**17 Emoji Day**

Emojis speak louder than words, so always use the smiley emoji.

**31 Butterfly Day**

Just when the caterpillar thought the world was over, it became a butterfly.



**FOREVER FIT/WELLNESS**

**You Can!**

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

**EXECUTIVE DIRECTOR CORNER**

As we begin another month of our "new normal", we start to focus some of our attention on the results of the Satisfaction Surveys completed in early 2020. The information we learn from these surveys allows us the opportunity to grow and improve in areas identified by our residents and associates. Our team is working together to implement positive changes based on the information provided. We appreciate those of you who took the time to complete these surveys. For those of you who did not, there's always next year!