



Come join us on
Thursday 7/2 as
we celebrate our
July Birthdays.

Leland 7/5

Carol 7/12

CHEF'S COOKING DEMONSTRATIONS

7 National Strawberry Sundae Day-
3pm

9 National Sugar Cookie Day-
3pm

23 National Vanilla Ice Cream Day-
3pm

30 National Cheesecake Day-3pm

CHEF'S SIGNATURE RECIPE

4TH OF JULY FRUIT SALSA

Ingredients

1C of Strawberries diced

1C of Blueberries

1C of Jicama peeled and diced

1/4 C of Red Onion diced

1/4 C of Cilantro chopped

Juice of 1 Lime

Salt

Instructions

Combine all the ingredients and add salt to taste. The flavors will all marry together so have them sit for at least 20 minutes.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

JULY 2020



27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1030
Facebook: /Waltonwood Twelve Oaks

SAFETY FIRST



Face coverings are required
in our community.
*Please see the Executive Director
if you need a mask.*



It's hard to believe that July is already here! We are excited to celebrate the 4th of July and enjoy this beautiful sunny weather on our patio. Although we've faced many challenges the past several months, we are moving forward in a safe, positive way. All staff are wearing masks and we are all practicing social distancing. We try to get outside daily and get fresh air, and much needed Vitamin D.

Stretching and exercising are vital parts of our physical health each day as well as the importance of keeping in touch with our families by phone and FaceTime is good for our mental health.

I am in the process of hiring a new assistant, Sydney and I can't wait for all of you to meet her when it's safe to do so. Thank you for entrusting us with your loved one's during this time.

COMMUNITY MANAGEMENT

Richard Mabe
Regional Executive Director

Gina Steigerwald
Executive Director

Nicole McDonald
Business Office Manager

Nicholas Laliros
Culinary Services Manager

Alyssa "Lee" Tobias
Independent Living Manager

Alecia Greenberg
Life Enrichment Manager

Stephan Skidmore
Environmental Services Manager

Heather Laskos
Marketing Manager

Betsy Weakland
Marketing Manager

Binita Patel
Resident Care Manager

Paula Wilson-Tatum
Wellness Coordinator

Jacob Jackson
Wellness Coordinator

WALTONWOOD HELPING HANDS IS COLLECTING BOTTLE FOR LOCAL RESIDENT WITH PARALYSIS

While participating in a high school musical during sophomore year at Walled Lake Central in 2010, Drew's life was turned upside down. When the play's director asked if the students had any unique talents to share for the musical, Drew offered that he could perform a backflip, which he was still in the process of learning. Drew landed wrong in his ill-fated demonstration, breaking his neck, leaving him paralyzed from the shoulders down in the process. Since then the Drew's Crew has been hosting various fundraisers to help fight against paralysis.

Drew's Crew is currently holding a BOTTLE DRIVE to help offset his continuous medical care. You may drop off your donation in the Assisted Living Activity Room donation box before July 30th. To read more visit <https://www.candgnews.com/news/bottle-drives-support-local-resident-with-paralysis/>



JUNE HIGHLIGHTS

5 Hat Day. We had so much fun putting on silly hats and taking pictures as well as learning the history of hats from the National Hat Museum.

12 Camping Day.

What a beautiful day to have our own camp. We enjoyed the great outdoors, where we played camp games, sang camp songs and reminisced about going to summer camp. We ended with a yummy treat of dirt dessert, worm included.



19 Colors of the

Rainbow Day. We enjoyed many aspects of the rainbow today, we made rainbow art, dressed in colorful clothes and ate an array of colorful fruit and skittles!

26 Mad Scientist Day.

Such a fun day filled with science experiments. We found out if you add hot water or sprite to skittles it makes a rainbow, we did a lava lamp experiment and ended with mentos in coke volcano.



FOREVER FIT - Focus on Health

You Can!

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

TRANSPORTATION INFORMATION

Just because our bus outings have been cancelled doesn't mean that we are not able to travel! We live in the wonderful age of technology that allows us to virtually visit some wonderful destinations. We will have multiple opportunities to participate in these virtual "LIVE OUTINGS" to help encourage social distancing.

July 3: LIVE Philadelphia America's Most Historic Square Mile at 2pm

July 10: LIVE San Diego Zoo LIVE CAM at 2pm

July 17: LIVE US Botanical Garden Orchid Show at 2pm

July 24: LIVE Paris at 2pm

July 31: LIVE Meijer Gardens Butterfly Cam at 2 pm

FaceTime has been a great way for many of our residents to stay in touch with their family during this time of social distancing! Please contact Alecia if you would like to schedule a call!

Thank you for practicing social distancing

Protect yourself and others from infection



WALTONWOOD
Redefining Retirement Living
SERVING

JULY SPECIAL EVENTS-Happy 4th of July

10 70's Day Groovy

Bash. Peace and love will be the words of the day as we explore what it was like to live during the 70's. We will wear our tie-dye and peace signs and enjoy the music and peace sign treats.

19 A Parisian

Soiree'. Bonjour today will be all about Paris. We will enjoy French music, take a LIVE tour of Paris and enjoy croissants, cheese and sparkling beverage, just like the Parisians do.

17 Emoji Day Cookie

Celebration. The residents will have a lot of fun enjoying and learning about what emojis are and figure which one represents them the best. In the afternoon we will enjoy emoji cookies and lemonade on the patio.

26 Butterfly

Celebration. Hopefully we will be delighted to see a butterfly in our patio garden. Otherwise we will watch a LIVE tour of the Meijer Gardens butterfly cam. We will also enjoy a butterfly inspired afternoon.



FROM THE DESK OF THE EXECUTIVE DIRECTOR

As we begin another month of our "new normal", we start to focus some of our attention on the results of the Satisfaction Surveys completed in early 2020. The information we learn from these surveys allows us the opportunity to grow and improve in areas identified by our residents and associates. Our team is working together to implement positive changes based on the information provided. We appreciate those of you who took the time to complete these surveys. For those of you who did not, there's always next year!

Gina Steigerwald, CALD, CDP