

#### CHEF'S COOKING DEMONSTRATIONS

7-2 Patriotic Slush Drinks

7-7 Strawberry Shortcake (National Strawberry Shortcake Day)

7-9 Sugar Cookie Day)

7-16 Lemon Lasagna

7-23 Vanilla Ice Cream (National Vanilla Ice Cream Day)

7-30 Cheesecake (National Cheesecake Day)

### July Birthday's

7/1 – Helen 7/16 – Mary F

#### Celebration Time

Wednesday, July 1

Delivered to You

Starting at

3:00pm

#### CHEF'S SIGNATURE RECIPE

#### Lemon Lasagna Recipe

#### **Ingredients**

14.3 oz Pkg Lemon or Golden Oreos (36 cookies) 16oz cool whip

6 Tbsp unsalted butter (melted) 7.8oz lemon instant pudding

8oz Cream Cheese (softened) 3 cups milk

½ cup margaringe or butter lemons for garnish

1 cup powdered sugar

#### **Directions**

- 1. Begin by crushing your Oreos. For a very fine mixture, place Oreos in a food processor. Place in a ziploc baggie and add melted butter. Mix until it is well combined.
- 2. Press into the bottom of a 9x13 pan, spreading out to cover the entire bottom of the pan
- 3. In a medium bowl, blend cream cheese, butter, powdered sugar and ½ of the cool whip. Blend well and pour over your Lemon Oreo crust.
- 4. In another bowl, make the pudding by adding your milk and instant pudding to your bowl. Whisk together until pudding thikens. Pour over the cream cheese layer. Refrigerate for at least 5 minutes.
- 5. Top off with the rest of your Cool Whip.
- 6. Refrigerate at least 1 hour before serving. Add lemon slices and enjoy.

#### \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

## TWELVE OAKS CONNECT



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# ★ INDEPENDENCE ★ PATRIOTISM OH SAY DOES THAT STAR SPANGLED BANNER YET WAVE

Our daily life in the community has changed quite a bit in the past 4 months. But, our commitment to meeting your physical, social and spiritual needs still remains firm.

Starting in July the Life Enrichment Team will be scheduling **lunch dates** with our residents.

To meet the increasing demand for exercise, an additional Forever Fit class has been added to the daily line up.

To meet your Spiritual needs, technology has been our friend by connecting our residents with **On-Line worship service**. Don't hesitate to schedule your worship service with the Life Enrichment Team.

## SAFETY FIRST



Face coverings are required in our community.

## COMMUNITY MANAGEMENT

Richard Mabe
Regional Executive Director

Gina Steigerwald Conway Executive Director

Nicole McDonald Business Office Manager

Nicholas Lalios Culinary Services Manager

Randi Furniss Housekeeping Supervisor

Alyssa "Lee" Tobias Independent Living Manager

Stefanie Roland Life Enrichment Manager

Stephan Skidmore
Maintanence Supervisor

Heather Laskos
Marketing Manager

Binita Patel Resident Care Manager

#### WALTONWOOD HELPING HANDS IS COLLECTING BOTTLE FOR LOCAL RESIDENT WITH PARALYSIS

While participating in a high school musical during sophomore year at Walled Lake Central in 2010, Drew's life was turned upside down. When the play's director asked if the students had any unique talents to share for the musical, Drew offered that he could perform a backflip, which he was still in the process of learning. Drew landed wrong in his ill-fated demonstration, breaking his neck, leaving him paralyzed from the shoulders down in the process. Since then the Drew's Crew has been hosting various fundraisers to help fight against paralysis.

Drew's Crew is currently holding a BOTTLE DRIVE to help offset his continuous medical care. You may drop off your donation in the Assisted Living Activity Room donation box before July 30<sup>th</sup>



#### JUNE HIGHLIGHTS

## 12<sup>th</sup>

told not to eat dirt? Well, not so at our **Day Camp**. Our campers enjoyed eating dirt (cups) and target practice today!

### 21<sup>st</sup>

"Gone Fishing" was this years theme to celebrate the wonderful men in our community for Father's Dav!

## 19<sup>th</sup>

Remember when you were Rainbow Day was a bright and cheery day here in the community. Who knew the colors of the rainbow could taste so good!



Residents enjoyed the antics of the Mad Scientist Day that was filled with experiments, explosions and concoctions.







#### FOREVER FIT - You Can

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far to often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

#### TRANSPORTATION INFORMATION

Transportation is now available Monday through Friday for Doctor's Appointment Reservations are required at least 72 hours in advance and are scheduled based on availability. Please complete the request form located at the Concierge Desk. Mike will confirm your request within 24 hours Mon-Friday

FaceTime has been a great way for many of our residents to stay in touch with their family during this time of social distancing! For those who have not participated yet, these are programs that allow you to talk to loved ones 'face to face' via a phone or tablet. For those who do not have the proper techolongy to utilize these programs, Waltonwood has an iPad that you can borrow! Please contact Stefanie if you would like to schedule a call!

#### JULY THEME DAYS

## 10<sup>th</sup>

The 70's Flashback Theme Day will be in full swing with bell bottoms and sounds of the music of the era.

## 24<sup>th</sup>

Paris, France is our Theme today. We will learn, reminisce and enjoy tasty treats from the City of Lights

## 17<sup>th</sup>

National Emoji Theme Day will be celebrated by wearing your emotions on your sleeve and other fun antics.

### 31<sup>st</sup>

ButterflyTheme Day will give us an opportunity to learn more about these beautiful and remarkable adaptive insects.

### Thank you for practicing social distancing



#### FROM THE DESK OF THE EXECUTIVE DIRECTOR

As we begin another month of our "new normal", we start to focus some of our attention on the results of the Satisfaction Surveys completed in early 2020. The information we learn from these surveys allows us the opportunity to grow and improve in areas identified by our residents and associates. Our team is working together to implement positive changes based on the information provided. We apprecite those of you who took the time to complete these surveys. For those of you who did not, there's always next year!

Gina Steigerwald Conway, CALD, CDP – Executive Director