July 2020

Happy Birthday July Babies!

Ziggy 7/3 Bonita 7/4 "Turns 109" Iva 7/9 **Pearl** 7/12 Ken 7/13 Jean A 7/15











FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK CONNECT

Happy Birthday Bonita We are truly blessed to have you as part of our Waltonwood FamilY!



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July 2020



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COMMUNITY MANAGEMENT

Dustin Stolzman **Executive Director**

Terry Lobb **Business Office Manager**

Joel Vassallo **Culinary Services** Manager

Erin McGraw Life Enrichment Manager

Nichole Passmore Life Enrichment Manager

Annette Rogers Marketing Manager

JoAnn Mayher **Resident Care Manager**

Jeremy Meriwether Wellness Coordinator

Mike Burlett Maintenance Manager

Nathan Brown Independent Living Manager

JULY HIGHLIGHTS:

The Henry Ford, Detroit Symphony Orchestra, and WDIV partner for a special television event "Salute to America" on WDIV-Local 4. Friday evening July 3rd at 8:00 pm.



On **Wednesday**, **July** 1st Happy Birthday America! Put on your red, white and blue. We will be rolling our USA cart from apartment to apartment bring you a red, white and blue popcicles and a little craft, so listen for the music!

Join us **Wednesday**, **July 8**th We will be celebrating Camp Waltonwood a little diffrently this year! Join us on the patio for a s'mores minded treat, balloon toss and a tattoo!

Tie Dye Day, **Wednesday July 15th** bring one of your white shirts to tie dye or we will have a pillow case for you. Join us on the patio, we will be tie dying shirts from 1:30 to 3:00 pm. Lets get creative and have some fun!

Did you know that there is a special day set aside for Pink Flamingos. It is normally celebrated July 23 each year but were getting a jump start and celebrating a day early, **Wednesday July 22nd**, So if you love the color pink, this will be the day to show it! We will be serving you a special Pink Flamingo drink.

We will finish off our Wednesdays with an old fashioned Ice Cream Social, So join us **Wednesday July 29**th for ice cream!

FOREVER FIT: You Can!

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

ASSOCIATE SPOTLIGHT

We recently honored our Waltonwood Carriage Park Class of 2020 graduates with a small ceremony commemorating their milestone accomplishment. As we are all aware, this graduation season looked very different for our associates who are graduating from high school. On behalf of your Waltonwood Carriage Park family, we are proud of each and every one of our graduates: **Katlyn, Alexia, Nathan, Logan, Emily, Zoi, Julia, Kiernan**, and **Fionna.** We look forward to following their inevitably wonderful journeys as they begin a new chapter in their lives. Congratulations to the Class of 2020!



We're Back! Major League Baseball announced that it has issued a 60-game schedule that will start on July 24 in empty ballparks. Each team will play 10 games against each of its four division rivals and four games against each of the five clubs in the corresponding division in the other league. Games will be shown on Fox 2 for your enjoyment! This will be MLB's shortest season since 1878. We will keep you posted on game days.

EXECUTIVE DIRECTOR CORNER

As we spend our days watching harrowing stories about COVID-19, I thought it would be a great opportunity to share some good news! Major League baseball, America's pastime, is expected to return later in July! Break out the sunscreen— Michigan has an increased chance of warmer than average temperatures this summer! The honeybee population is bouncing back after brutal previous winters! Our very own Waltonwood resident, Bonita, turns 109 on the 4th of July! Let this be a reminder to take time every day to seek out good news—it's important now more than ever!



- Dustin Stolzman, Executive Director