

Нарру **Birthday** this month to: **Earl 7/4** Hiro 7/4 Bonita 7/4 Sandy 7/6 Carrie 7/29

JULY BIRTHDAYS











FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK **CONNECT**

JULY 2020



Happy Birthday Bonita! Born on the fourth of July in 1911, Bonita is celebrating her

109th birthday this month!

04

01



2000 Canton Center Rd., Canton, MI 48188 www.waltonwood.com | 734-844-3060 Facebook: /WaltonwoodCarriagePark

COMMUNITY MANAGEMENT

Dustin Stolzman **Executive Director**

Terry Lobb **Business Office Manager**

Joel Vassallo Culinary Services Manager

Erin McGraw Life Enrichment Manager

Nichole Passmore Life Enrichment Manager

Annette Rogers Marketing Manager

JoAnn Mayher **Resident Care Manager**

Jeremy Meriwether Wellness Coordinator

Mike Burlett Maintenance Manager

Nathan Brown Independent Living Manager

ASSOCIATE SPOTLIGHT

We recently honored our Waltonwood Carriage Park Class of 2020 graduates with a small ceremony commemorating their milestone accomplishment. As we are all aware, this graduation season looked very different for our associates who are graduating from high school. On behalf of your Waltonwood Carriage Park family, we are proud of each and every one of our graduates: Katlyn, Alexia, Nathan, Logan, Emily, Zoi, Julia, Kiernan, and Fionna. We look forward to following their inevitably wonderful journeys as they begin a new chapter in their lives. Congratulations to the Class of 2020!



FOREVER FIT: SIMPLE STEPS

Henry Ford once said, "Whether you think you can, or you think you can't...you're right." Often the ultimate success of an exercise program starts with the words we tell ourselves. Far to often we don't give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can't do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

- Chris Grabowski, MS, Senior Forever Fit Manager

COMING IN JULY

Be on the lookout for a fun themed day every Wednesday! What a great time to get silly, let your hair down and have a little fun! Dress up according to each week's theme, go ahead and get creative!

Wednesday, July 1: Fourth of July Spectacular Join us as we kick off the celebration a bit early this year! Wear your red, white & blue! Try your hand at a game of hallway horseshoes! Enjoy a refreshing treat!

Wednesday, July 8: Mini-Camp Waltonwood From s'mores dessert delivered to your door, to singing campfire songs on the patio to crafts at your door...let's recreate those good feelings you get when you go camping!

Wednesday, July 15: Tie-Dye Day How groovy! We will be tie-dying shirts on the patio and enjoying tie-dye floats!

Wednesday, July 22: Pink Flamingo Day Today is a great day to put on your pinkest apparel and enjoy a hand crafted pink flamingo cocktail! Test your skills at a round of Pink Flamingo Ring Toss!

Wednesday, July 29: Ice Cream Social The dog days of summer are here! Let's beat the heat with and ice cream social!

EXECUTIVE DIRECTOR CORNER

As we spend our days watching harrowing stories about COVID-19, I thought it would be a great opportunity to share some good news! Major League baseball, America's pastime, is expected to return later in July! Break out the sunscreen-Michigan has an increased chance of warmer than average temperatures this summer! The honeybee population is bouncing back after brutal previous winters! Our very own Waltonwood resident, Bonita, turns 109 on the 4th of July! Let this be a reminder to take time every day to seek out good news-it's important now more than ever!



-Dustin Stolzman, Executive Director