

Life Enrichment Corner:

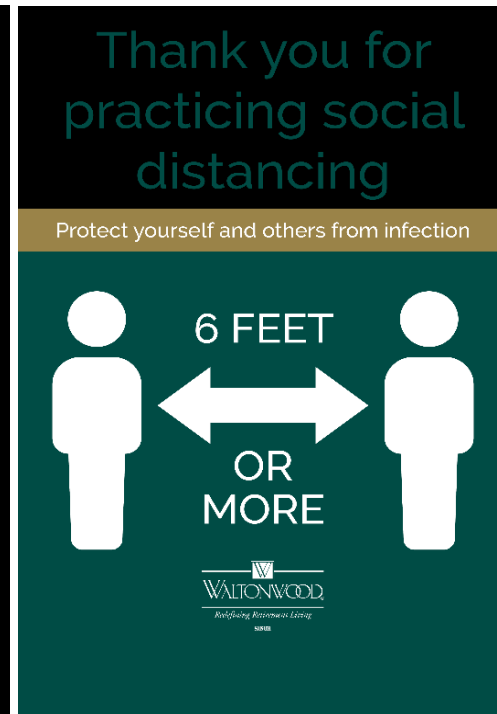


CELEBRATING BIRTHDAYS IN JULY,

14 Carol N.

Age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone.

~Jim Fiebig



Our residents can receive a visit through Skype or Facetime. Most can use Facetime through an Apple iPhone or iPad, or you can set up a Skype account. If you are interested in a virtual visit please E-mail Jennifer Murray at Jennifer.murray@singhmail or you can call the Concierge and we would be happy to set-up a time that works best.



FaceTime



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Walton wood lately? When you refer someone to a Walton wood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE SIDE CONNECT

July 2020



Happy Independence Day!

As we celebrate another holiday under these unusual circumstances, I think our cherished memories of past holidays with families and friends are so important to each of us at this time. I know I have a new appreciation for the value of spending time with those I love. Please know that although we are following the guidelines set before us, that does not mean we don't understand the disappointment that must go along with it. Further, visits from loved ones are so very important to our Residents. We are making every effort to find creative ways for families to spend time together. Many families are scheduling visits through our front windows and that seems to be working well, and our residents enjoy the visits. If you are interested in this type of visit, please call our concierge and set-up a time to visit. Also, Facetime, Skype, and Zoom are a few ways to visit as well. We would like to thank each and every one of you for doing your part in keeping everyone safe and your continued patience! We will try to keep everyone as updated as possible about when it will be safe to resume some of our daily routines. Have a happy and healthy Independence Day!

Sincerely,
Jennifer Murray
AL Life Enrichment Manager



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Facebook: /WaltonwoodLakeside

COMMUNITY MANAGEMENT

Greg Cossaboom
Executive Director

Meghan Kahm
Business Office Manager

Paul Gilleran
Culinary Services Manager

Jennifer Murray
Life Enrichment Manager
(AL)

Tonya Wilson
Life Enrichment Manager
(MC)

Mo Martinez
Environmental Services
Manager

Laureen Vollmer
Marketing Manager

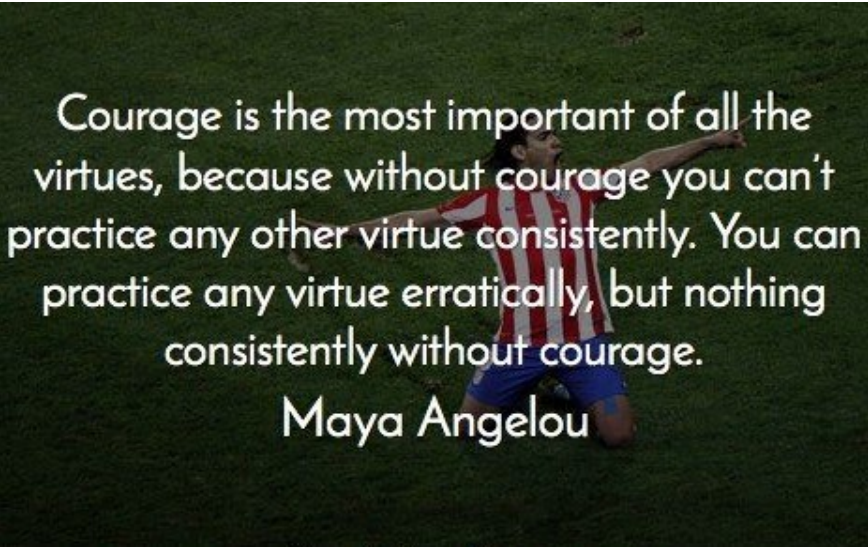
Rae Matey
Marketing Manager

Stacey Lumpier
Resident Care
Manager

Char Tate
Wellness
Coordinator

Associate Spotlight
Sophia S.

Sophia has worked at Lakeside since 2016. She started in dietary and with her very personable and empathetic personality she was recommended for the Concierge Team back in 2018. Sophia is kind and always goes above and beyond in her role here. Her favorite part of her job is “when residents visit her.” We are grateful to have her work here at Waltonwood Lakeside.



A **BIG** thank you! to our Waltonwood heroes and to all Essential Workers!

MULTIDIMENSIONAL WELLNESS AT WALTONWOOD
You Can!

Henry Ford once said, “Whether you think you can, or you think you can’t...you’re right.” Often the ultimate success of an exercise program starts with the words we tell ourselves. Far too often we don’t give ourselves the credit we deserve for the strengths we have. Far too often we focus on what we can’t do instead of embracing what we can. At a time when motivation can be hard to find and positive thoughts are replaced by uncertainties give yourself the credit you deserve. The words we tell ourselves are the foundation our potential so let those words be kind, confident and powerful!

~Chris Grabowski
MS | Senior Forever Fit Manager

TRANSPORTATION INFORMATION

We strive to provide exceptional transportation services for our residents. All outings occur on Friday, sign up is located at the front desk and is required. Family is welcome join us on an outing, so please consider attending, the more the merrier. Additionally, we carefully plan our outings based on resident’s interests, to provide continued success in the community at large.

Destinations: *Community Outings are halted; until further notice.*

Special Events

04
Independence Day!
Let’s celebrate together!

09
National Sugar Cookie Day!
Enjoy a fresh homemade sugar cookie!

22
National Hot Dog Day!
Who can resist a grilled hot dog?

31
Black Out
Join us in solidarity of the Black Lives Matter



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends,

Happy July everyone!! Talk about hot! As are many of the dog days of summer, it looks like we are in for another warm summer. I hope you are able to get outside and enjoy some of this nice weather as the days get longer. We’ve officially celebrated over a month of COVID free living here at our community! I know that the day in and day out operations are still restricted, however our team is doing everything they can to continue to bring engagement, energy, and fun to the community. Please keep an eye on your calendars for exercise class that is happening twice a day. It’s a great opportunity to keep moving and stay physically healthy. As we did last month, we are committed to bringing you up to date on all executive orders and correspondence on how reopening is going to go. We will continue with our family and resident calls on Thursday mornings. Please let me know if you need any more information in regards to these. I can’t wait to see all the fun times and memories that are to come as we get things back to normal.
STAY SAFE AND HEALTHY EVERYONE!

Sincerely, Greg Cossaboom,
CALD Executive Director